


Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Chicken Parmesan (GF) Noodles Mixed Veggies Kiwi, Strawberries Fruit & Veggie Bar Milk	2
3	4 Chicken Fried Rice (GF) Broccoli Pineapple Mandarin Oranges Fruit & Veggie Bar Milk	5 Shepherd's Pie Homemade Dinner Roll Kiwi Peaches Fruit & Veggie Bar Milk	6 Macaroni & Cheese Green Beans Berry Mix Pears Fruit & Veggie Bar Milk	7 Hamburger (GFw/NB) Homemade Bun French Fries Orange, Applesauce Fruit & Veggie Bar Milk	8 Chicken Enchilada Casserole Tortilla Chips, Corn Banana, Strawberries Fruit & Veggie Bar Milk	9
10	11 Chili (GF) Homemade Cinnamon Roll Crackers Orange, Tropical Fruit Salad Fruit & Veggie Bar Milk	12 Breaded Beef Patty Mashed Potatoes & Gravy Berry Mix Peaches Fruit & Veggie Bar Milk	13 BBQ Chicken Sandwich Homemade Bun (GFw/NB) Corn Pineapple, Pears Fruit & Veggie Bar Milk	14 Porcupine Meatballs Bread Green Beans Blueberries, Mandarin Oranges Fruit & Veggie Bar Milk	15 Chicken Alfredo Peas Apple Fruit Cocktail Fruit & Veggie Bar Milk	16
17	18 Italian Dunker Sauce (GF) Cheesy Breadsticks (Maxx Sticks) Mixed Veggies Grapes, Pears Fruit & Veggie Bar Milk	19 Creamy Chicken Soup Homemade Biscuit Crackers Apple, Peaches Fruit & Veggie Bar Milk	20 Fiestada Green Beans Fruit & Veggie Bar Milk	21 No School	22 No School	23
24	25 	26 No School	27 No School	28 No School	29 No School	30
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Daily Fruit & Vegetable Bar is available to students ordering the main dish or may be ordered alone & includes vegetables, fruit, & a grain.
The following beverages are available everyday: Water, 1% White Milk, 1% Chocolate Milk, Fat Free Strawberry Milk

*Menu is subject to change at anytime

*Milk is available for students bringing cold lunch for \$0.40

(Students are encouraged to have money in their lunch account and not bring milk money to school daily.)

Fruit & Vegetable Bar will also include the following proteins:

Monday & Thursday—Yogurt, Tuesday & Friday—Cottage Cheese, Wednesday—Chef Salad Fixings (ham or turkey & shredded cheese).

GF - Gluten Free

GFw/NB - Gluten Free with no bread or bun

Student Lunch \$3.10

Reduced Price Lunch \$0.40

Extra Entrée (MS only) \$1.50

Adult Lunch \$4.60