


Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Tater Tot Casserole Peas & Carrots Orange/Peaches Bread Fruit & Veggie Bar Milk	2 Chicken Strips French Fries Kiwi Applesauce Fruit & Veggie Bar Milk	3 BBQ Pork Sandwich (GFw/NB) , Homemade Bun Baked Beans Apple, Fruit Cocktail Fruit & Veggie Bar Milk	4
5	6 Enchilada Torte Tortilla Chips Corn Orange, Peaches Fruit & Veggie Bar Milk	7 Chicken Sandwich (GFw/ NB) , Homemade Bun Green Beans Apple, Pears Fruit & Veggie Bar Milk	8 Ham & Noodle Soup Broccoli Mandarin Oranges Pineapple Fruit & Veggie Bar Milk	9 French Toast Casserole Potato Wedges Blueberries Banana Fruit & Veggie Bar Milk	10 Pork Steak Dinner Roll Mashed Potatoes, Gravy Apple, Pears Fruit & Veggie Bar Milk	11
12	13 Pork Fajita Tortilla Chips Refried Beans Kiwi, Strawberries Fruit & Veggie Bar Milk	14 Goulash Mixed Veggies Orange Applesauce Fruit & Veggie Bar Milk	15 Creamed Turkey over Biscuits Corn Kiwi, Pears Fruit & Veggie Bar Milk	16 Cheese Pizza Green Beans Grapes Tropical Fruit Salad Fruit & Veggie Bar Milk	17 Chicken Noodle Casserole Peas Grapes Peaches Fruit & Veggie Bar Milk	18
19	20 Mucho Nachos (GF) Refried Beans Pineapple Fruit Cocktail Fruit & Veggie Bar Milk	21 Spaghetti Broccoli Strawberries Pears Fruit & Veggie Bar Milk	22 No School	23 No School 	24 No School	25
26	27 Hawaiian Pork (GF) Mixed Veggies Tropical Fruit Applesauce Fruit & Veggie Bar Milk	28 Scrambled Eggs & Sausage (GF) Tater Tots Juice Box, Banana Fruit & Veggie Bar Milk	29 Corn Dog Green Beans Apple Fruit Cocktail Fruit & Veggie Bar Milk	30 Rib Sandwich (GFw/NB) Homemade Bun Baked Beans Banana, Pineapple Fruit & Veggie Bar Milk		

Daily Fruit & Vegetable Bar is available to students ordering the main dish or may be ordered alone & includes vegetables, fruit, & a grain. The following beverages are available everyday: Water, 1% White Milk, 1% Chocolate Milk, Fat Free Strawberry Milk

*Menu is subject to change at anytime

*Milk is available for students bringing cold lunch for \$0.40

(Students are encouraged to have money in their lunch account and not bring milk money to school daily.)

Fruit & Vegetable Bar will also include the following proteins:

Monday & Thursday—Yogurt, Tuesday & Friday—Cottage Cheese, Wednesday—Chef Salad Fixings (ham or turkey & shredded cheese).

GF - Gluten Free

GFw/NB - Gluten Free with no bread or bun

Student Lunch \$3.10

Reduced Price Lunch \$0.40

Extra Entrée (MS only) \$1.50

Adult Lunch \$4.60