

Pike Lake/Bay View Elem: Breakfast No Char

Additional or Milk only \$0 .50

Adult Breakfast \$2.50

Adult Extra Entree \$1.50

Pike Lake/Bay View: Lunch No Charge

Milk Only \$0 .50

Adult Lunch \$5.00

Adult Extra Entree \$1.50

Elementary December 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1
NO SCHOOL	Breakfast Cereal Bar w/ Cheese Stick Mini Cinnis Fresh Fruit or Juice Lunch Cheeseburger/WG Bun Sweet Potato Fries Italian Blend Vegetables Diced Peaches Fruit & Veggie Bar	Breakfast Cereal Bar w/ Cheese Stick Apple Bites Applesauce or Juice Lunch Corn Dog Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar	Breakfast Cereal Bar w/ Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch WG Chicken Drumstick Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar	Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Garlic Cheese Bread w/ Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar
4	5	6	7	8
Breakfast Cereal Bowl w/Yogurt Snack'N Waffle Applesauce or Juice Lunch Homemade Italian Dunkers w/ Cheesy Bread Stick Steamed Green Beans Chilled Pears Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Mini Cinnis Fresh Fruit or Juice Lunch Chicken Patty/WG Bun French Fries Baked Beans Diced Peaches Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice Golden Corn Hawaiian Delight Fruit & Veggie Bar	Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun Sun Chips 4 Blend Vegetables Applesauce Fruit & Veggie Bar
11	12	13	14	15
Breakfast Cereal Bowl w/Yogurt Snack'N Waffle Applesauce or Juice Lunch Chicken Nuggets Potato Smiles Steamed Peas & Carrots Diced Peaches Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Mini Cinnis Fresh Fruit or Juice Lunch California Burger/WG Bun Tater Tots Steamed Green Beans Chilled Pears Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Mac & Cheese w/Mini Corn Dogs Steamed Broccoli Hawaiian Delight Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch French Bread Pizza 4 Blend Vegetables Applesauce Fruit & Veggie Bar	Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Taco in a Bag Golden Corn Refried Beans Fruit Mix Fruit & Veggie Bar
18	19	20	21	22
Breakfast Cereal Bowl w/Yogurt Snack'N Waffle Applesauce or Juice Lunch Pizza Quesadilla California Blend Vegetables Applesauce Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Mini Cinnis Fresh Fruit or Juice Lunch Hot Ham & Cheese Crinkle Fries Cookie Steamed Green Beans Chilled Pears Fruit & Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Hot Dog/WG Bun Baked Beans Cheez - It Crackers Diced Peaches Fruit & Veggie Bar	NO SCHOOL	NO SCHOOL
25	26	27	28	29
				

All meals include a choice of skim or 1% and chocolate skim milk.

Menu Subject to Change

Lactose reduced milk will be made available upon request from any parent of a child who is lactose intolerant signed by a licensed physician.

Fruit & Veggie Bar options may include: Fresh Apples, Bananas, Cantaloupe, Kiwi, Nectarines, Oranges, Pears, Plums or Watermelon.

Applesauce, Mixed Fruit, Diced Peaches & Pears, Pineapple, Strawberry Cups or Tropical Fruit. Fresh Romaine, Spinach, Spring Mix, Iceberg Lettuce, Broccoli, Carrots, Cauliflower, Celery, Cucumbers, Sweet Peas, Legumes, Onions, Green, Orange & Red Peppers, Yam Sticks or Tomatoes.

Grains: All Breads, Rolls, Pasta & Pizza are Whole Grain Rich

If you have any questions please contact School Nutrition Coordinator

Debra Hanson 218-520-1701 dhanson2@proctor.k12.mn.us

This institution is an equal opportunity provider.