Pike Lake/Bay View Elem: Breakfast No Char

Additional or Milk only \$0.50 Adult Breakfast \$2.50 Adult Extra Entree \$1.50

Pike Lake/Bay View: Lunch No Charge

Milk Only \$0 .50 Adult Lunch \$5.00 Adult Extra Entree \$1.50

Elementary December 2023



rinnis Fruit or Juice Lunch burger/WG Bun Potato Fries Pleaches Veggie Bar	Breakfast Cereal Bar w/ Cheese Stick Apple Bites Applesauce or Juice Lunch Corn Dog Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix Fruit & Veggie Bar	THURSDAY Breakfast Cereal Bar w/ Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch WG Chicken Drumstick Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice Golden Corn	Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Garlic Cheese Bread w/ Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun Sun Chips
Bar w/ Cheese Stick innis Fruit or Juice Lunch burger/WG Bun Potato Fries Blend Vegetables Peaches Veggie Bar	Cereal Bar w/ Cheese Stick Apple Bites Applesauce or Juice Lunch Corn Dog Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Cereal Bar w/ Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch WG Chicken Drumstick Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Garlic Cheese Bread w/ Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
rinnis Fruit or Juice Lunch burger/WG Bun Potato Fries Pleaches Veggie Bar	Apple Bites Applesauce or Juice Lunch Corn Dog Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Mini Pancakes Fresh Fruit or Juice Lunch WG Chicken Drumstick Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Snack Bread Fresh Fruit or Juice Lunch Garlic Cheese Bread w/ Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
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Fruit or Juice Lunch Potato Fries Blend Vegetables Peaches Veggie Bar	Applesauce or Juice Lunch Corn Dog Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Fresh Fruit or Juice Lunch WG Chicken Drumstick Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Fresh Fruit or Juice Lunch Garlic Cheese Bread w/ Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Lunch Potato Fries Blend Vegetables Peaches Veggie Bar Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Lunch Corn Dog Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Lunch WG Chicken Drumstick Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Lunch Garlic Cheese Bread w/ Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Burger/WG Bun Potato Fries Blend Vegetables Peaches Veggie Bar Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Corn Dog Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	WG Chicken Drumstick Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Garlic Cheese Bread w/ Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Potato Fries Blend Vegetables Peaches Veggie Bar Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Spud Bites Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Potato Smiles WG Dinner Roll Steamed Peas & Carrots Applesauce Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Marinara Sauce Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Blend Vegetables Peaches Veggie Bar 5 Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Baked Beans Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Steamed Peas & Carrots Applesauce Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Golden Corn Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Peaches Veggie Bar 5 Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Chilled Pears Fruit & Veggie Bar 6 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Applesauce Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Fruit Mix Fruit & Veggie Bar Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Veggie Bar 5 Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Fruit & Veggie Bar Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Fruit & Veggie Bar 7 Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Breakfast Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Breakfast Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Breakfast Bar w/Cheese Stick innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Cereal Bar w/Cheese Stick Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Cereal Bowl w/Yogurt Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
innis Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Apple Bites Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Mini Pancakes Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Snack Bread Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
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Fruit or Juice Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Applesauce or Juice Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Fresh Fruit or Juice Lunch Mandarin Orange Chicken Steamed Brown Rice	Fresh Fruit or Juice Lunch Sloppy Joe/WG Bun
Lunch n Patty/WG Bun Fries Beans Peaches Veggie Bar	Lunch Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Lunch Mandarin Orange Chicken Steamed Brown Rice	Lunch Sloppy Joe/WG Bun
n Patty/WG Bun Fries Beans Peaches Veggie Bar	Stuffed Crust Cheese Pizza California Blend Vegetables Fruit Mix	Mandarin Orange Chicken Steamed Brown Rice	Sloppy Joe/WG Bun
Fries Beans Peaches Veggie Bar	California Blend Vegetables Fruit Mix	Steamed Brown Rice	
Beans Peaches Veggie Bar	Fruit Mix		Journ Critips
Peaches Veggie Bar		Igolaen Corn	4 Dland Vanatables
Veggie Bar	Fruit & veggie Bai	Hausian Daliaht	4 Blend Vegetables
		Hawaiian Delight	Applesauce
!		Fruit & Veggie Bar	Fruit & Veggie Bar
12 Breakfast	13 Breakfast	14 Breakfast	Breakfast
-	Cereal Bar w/Cheese Stick	Cereal Bar w/Cheese Stick	Cereal Bowl w/Yogurt
	Apple Bites	Mini Pancakes	Snack Bread
			Fresh Fruit or Juice
			Lunch
• .			Taco in a Bag
0.00			Golden Corn
	S		Refried Beans
	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit Mix
Veggie Bar			Fruit & Veggie Bar
19		21	L
	•		
	Apple Bites		
	Applesauce or Juice		
Lunch	Lunch	NO SCHOOL	NO SCHOOL
m & Cheese	Hot Dog/WG Bun		
Fries Cookie	Baked Beans		
ed Green Beans	Cheez - It Crackers		
Pears	Diced Peaches		
Veggie Bar	Fruit & Veggie Bar		
26	27	28	3
i i	ruit or Juice Lunch ia Burger/WG Bun ots d Green Beans Pears Veggie Bar 19 Breakfast Bar w/Cheese Stick nnis ruit or Juice Lunch on & Cheese Fries Cookie d Green Beans Pears Veggie Bar	ruit or Juice Lunch ia Burger/WG Bun ots d Green Beans Pears Veggie Bar 19 Breakfast Bar w/Cheese Stick nnis ruit or Juice Lunch Mac & Cheese w/Mini Corn Dogs Steamed Broccoli Hawaiian Delight Fruit & Veggie Bar 20 Breakfast Bar w/Cheese Stick nnis ruit or Juice Lunch The & Cheese Fries Gookie d Green Beans Pears Veggie Bar Applesauce or Juice Lunch Hot Dog/WG Bun Baked Beans Cheez - It Crackers Diced Peaches Veggie Bar Veggie Bar	ruit or Juice Lunch ia Burger/WG Bun ots d Green Beans Pears Veggie Bar 19 Breakfast Bar w/Cheese Stick nnis ruit or Juice Lunch breas Cookie d Green Beans 19 Breakfast Bar w/Cheese Lunch Lunch Lunch Lunch French Bread Pizza 4 Blend Vegetables Applesauce Fruit & Veggie Bar 19 Breakfast Cereal Bar w/Cheese Stick Apple Bites Applesauce or Juice Lunch Lunch Lunch Lunch Lunch Lunch Lunch Lunch Lunch Cereal Bar w/Cheese Stick Applesauce or Juice Lunch NO SCHOOL NO SCHOOL

All meals include a choice of skim or 1% and chocolate skim milk.

Menu Subject to Change

Lactose reduced milk will be made available upon request from any parent of a child who is lactose intolerant signed by a licensed physician.

Fruit & Veggie Bar options may include: Fresh Apples, Bananas, Cantaloupe, Kiwi, Nectarines, Oranges, Pears, Plums or Watermelon.

Applesauce, Mixed Fruit, Diced Peaches & Pears, Pineapple, Strawberry Cups or Tropical Fruit. Fresh Romaine, Spinach, Spring Mix, Iceberg Lettuce, Broccoli, Carrots, Cauliflower, Celery, Cucumbers, Sweet Peas, Legumes, Onions, Green, Orange & Red Peppers, Yam Sticks or Tomatoes.

Grains: All Breads, Rolls, Pasta & Pizza are Whole Grain Rich

If you have any questions please contact School Nutrition Coordinator

Debra Hanson 218-520-1701 dhanson2@proctor.k12.mn.us

This institution is an equal opportunity provider.