

LCARC & COMMUNITY ED. *present*

the FALL ACTIVITY GUIDE

2025



LCWM Community Education

607 Knights Lane

PO Box 160

Lake Crystal, MN 56055

Phone: (507) 726-2673

Fax: (507) 726-2334

isd2071.k12.mn.us

Table Of Contents:

Special Events	3
Early Childhood	4-5
Youth Arts	6-7
Youth Enrichment	8
Youth Sports	9-11
Basketball	10
Football/Volleyball	11
Teen Enrichment	12
Adult Enrichment	13-14
About Community Ed	15-16

Lake Crystal Area Recreation Center (LCARC)

621 West Nathan Street

Lake Crystal, MN 56055

Phone: (507) 726-6730

Fax: (507) 726-6876

lcarc.com

Table Of Contents:

About LCARC	17-18
Membership	19-20
Swimming Lessons	21
Water Aerobics	22
Aquatics & Open Swim	23
Fit Kids	24
Rentals	25
Adult Programs	26
Health & Wellness	27-28
Halloween Events	29-30
LC Holiday Market	31



HOLIDAY CREATIONS

Monday, December 1

6:00 to 7:30 p.m.

LCWM Elementary Cafeteria

\$3 per person/\$5 per family

Storybook Theatre is coming back to LCWM!
Auditions for *The Little Mermaid* will be the afternoon of Monday, November 10. Practices will be Monday-Friday of that week. Registration is required, but it is free to participate.

Performances will be at
7:00 p.m. on November 14 &
2:00 p.m. on November 15

\$6 for Adults

\$4 for Students.

This activity is made possible in part by a grant from the Prairie Lakes Regional Arts Council from funds appropriated by the Minnesota State Legislature from its general fund.



Special Events

The mission of Early Childhood Family Education (ECFE) is to "Grow healthy families through the education and support of all families in providing the best possible environment for the healthy growth and development of their children."

ECFE recognizes that families provide children their first and most important learning environment and that parents are their children's first and most significant teachers. Classes hosted by ECFE will meet in Fall, Winter, and Spring. You are welcome to join us for any number of terms, and registration will occur prior to the start of each term. Classes with low enrollment will be cancelled. No refunds will be given unless the class you've registered for is cancelled. Scholarships are available. Register online, over the phone at (507) 726-2673, or in person Monday-Friday, 8:00 a.m. to 3:00 p.m.

Early Childhood Screening:

Screening is a free and simple check of how your child is doing at age 3-4 years. During the screening, well-qualified staff will check your child's vision, hearing, growth, immunization status, skills in thinking, communication and language, large and small motor skills and social/emotional development. The screening is free of charge and children are **required** to have had an early childhood screening done prior to entering kindergarten.

Monday, September 15, from 8:00 a.m. to 3:00 p.m.

Monday, September 22, from 8:00 a.m. to 3:00 p.m.

Location: LCWM Elementary School Early Childhood Rooms

All children who have turned 3 years old before June 1, 2025 are eligible for screening. If your child has not been screened or you do not receive information about screening, please contact the ECFE Coordinator, Alisha Prange, at (507) 726-2320 or register for screening at lwmrec.arux.app/search/ecfe-fall-2025



2025-2026 Little Knights Preschool

The Little Knights Preschool program develops the unique capabilities of every learner and prepares them in a supportive, nurturing environment, to enter kindergarten with the necessary skills to succeed and flourish. Registrations now will be placed in the afternoon classes. Afternoon class runs from 12:00 p.m. to 2:45 p.m. You have a choice of 3 days, Tuesday-Thursday, or 4 days, Tuesday-Friday, a week.



Scholarships are available.
Call us at (507) 726-2320
with questions.

Early Childhood Family Education Classes

Morning Explore And More:

Learn about your child's development while you and your child experience many new and fun activities. Topics of importance to parents will be discussed during the last half hour. This class will not separate.

Dates: Fridays, October 3, 10, 24, 31,
November 14 & 21.

Time: 10:00 to 11:15 a.m.

Location: LCWM Elementary Room 311

Cost: \$35.00 for the first child and half price for every additional child. Please register every child that will be attending.



**EARLY CHILDHOOD
FAMILY EDUCATION**

Evening Explore And More:

Join us each week where we'll create an engaging environment for playful learning. Enjoy quality time with your child as they explore and satisfy their curiosity, all while connecting with other families. This class will separate to include parent education topics and is open to all ages. Childcare for siblings is not offered.

Dates: Mondays, October 6, 13, 20, 27,
November 3, 10 & 17.

Time: 5:45 to 7:15 p.m.

Location: LCWM Elementary Room 309

Cost: \$35.00 for the first child and half price for every additional child. Please register every child that will be attending.

Fall Festival

Family event for all ages. This fun evening will be at LCWM Elementary, held outside, near the front doors. Please dress for the weather. We'll have a Book Walk, Crafts, and Fall Family Fun!

Monday,
September 29
6:00 to 7:30 p.m.

Early Childhood

Everything Bear!

Use pastels and watercolors to paint a koala and black bear. Craft a bear with clay and turn paper plates into your very own bear claws. These four art classes will be "beary" fun!

Dates: Tuesdays, September 9, 16, 23 & 30

Cost: \$45

Registration Deadline: September 2



Cats In The Moonlight

Canvas Painting

Brushes and acrylic paint on canvas will help you create this purr-fect painting to welcome in the Fall season.

Date: Monday, October 27

Cost: \$25

Registration Deadline: October 20



Howling Northern Lights

Canvas Painting

Create a canvas painting that captures a wild, Northern Minnesota night. It will be a howling good time!

Date: Thursday, November 20

Cost: \$25

Registration Deadline: November 13



Paint a Pencil Case

Need a place for school pencils and pens? Use acrylic paint and imagination to make your own personalized canvas bag.

Date: Monday, December 1

Cost: \$25

Registration Deadline: November 24



All art classes are open to students, Kindergarten through 5th Grade. Classes are held from 3:00 to 4:00 p.m. at LCWM Elementary Art Room.

Happy Snowman Canvas Painting

Paint a magical snowman using acrylic on canvas, bringing joy to the holiday season.

Dates: Thursday, December 11

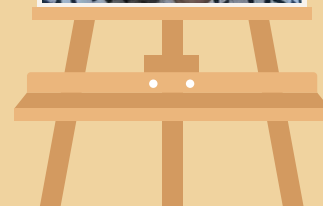
Cost: \$25

Registration Deadline: December 5



Meet The Teacher!

Mrs. Lawver has been teaching art with Community Ed for 11 years! She enjoys creating art, writing stories and spending time on her farm with her family and some crazy cats, dogs and bunnies. Most of all she loves learning new things and helping others make their own masterpieces!



Spotlight Dance Company

2025-2026 Dance on Thursdays!

Schedule:

5:40 to 6:10 - Preschool

6:10 to 6:40 - K/1st Grade

6:40 to 7:10 - 2nd/3rd Grade

7:10 to 7:40 - 4th-6th Grade

7:40 to 8:10 - 7th-12th Grade

Classes Start: Thursday, September 18

Winter Break: December 11-January 1

Picture Day: January 24

Winter Showcase: January 25

Last Day of Classes: April 30

Spring Recital: May 3

If there is a class with low enrollment, some grades may end up combining.

If there is a class with too many, they may end up splitting.

Notice of final times will be sent out before class starts.

Full Year Tuition: \$180

Half Year Tuition: Two payments of \$95

Registration Deadline: September 8

Music Lessons

PIANO AND BAND INSTRUMENTS TEACHER:

Sheldon Meyer

(507) 327-0060

PIANO TEACHERS:

Holly Havemeier

(507) 202-2873

Brenda Williams

(706) 604-5282

Grace Pahl

(507) 766-6795



Music lessons are set up between the instructors and the families.
Please reach out to see each instructors availability.

Field Trip on No School Day!

Grand Slam Field Trip:

Grades Kindergarten-8th

Grand Slam in Burnsville has Mini Golf, Krazy Cars, Batting Cages, Play Zone Climbing Structure, Laser Tag, Arcade, and X-Treme Trampoline Park! All packages come with a lunch of hot dogs, chips and a caffeine free soda, \$3.00 Arcade Card, Batting Cage tokens, unlimited Krazy Cars and Mini Golf. Students may choose their add-on of Laser Tag, Play Zone Climbing Structure or X-Treme Trampoline. Play Zone is for students 12 years of age and under only. X-Treme Trampoline requires parent waiver to be signed. All students required to wear socks in the facility. Students may bring cash for the snack bar and additional arcade play, but staff is not responsible for cash. Space is limited, register early!



Date: Friday, November 7

Time: 8:00 a.m. to 3:00 p.m.

Bus will leave promptly at 8:15 a.m. from LCWM Elementary School. Students may come as early at 8:00 a.m. and should be picked up by 3:00 p.m. from the Elementary School.

Cost: \$35

Registration deadline: November 3

Fall Soccer:

Grades 4th–6th, Boys and Girls

Fall Soccer is a great opportunity to become confident in your soccer skills through a combination of practices and games against other communities. Practices will start in August and will then be run based on coaches availability. Games will start in September and will go until the middle of October. Games may be played Monday through Friday evenings or Saturdays. Schedule will be sent out once finalized. Practices tentatively start the week of August 18.

Location: LCWM Secondary and surrounding areas.

Cost: \$75

Registration deadline: August 11

Wrestling:

Grades Preschool–6th

Learn wrestling skills and compete in surrounding tournaments. This is a great opportunity to work with the Knights wrestling coaches! Practices will be Monday and Thursday nights for all ages.

Practices Begin: December 1st

Preschool-2nd Grade: 6:30 to 7:30 p.m.

3rd-6th Grade: 6:30 to 8:00 p.m.

Location: LCWM Secondary Wrestling Room

Cost: \$30

Registration deadline: November 24

Wrestling Parent Information Night:

There will be an Information Night on November 24th. Singlet handout and paperwork starts at 5:15 p.m. with a required parent meeting at 6:15 p.m. at LCWM Secondary School to go over details of Youth Wrestling including schedules, singlet handout, and other information from the coaches. Registration online is required before the Information Night. Please bring 2 additional checks for volunteer and singlet deposits. \$100 Volunteer Deposit per family and \$50 Singlet Deposit per child.



Cross Country Running:

Grades 2nd–6th

Love to run? With the help of experienced coaches, students will gain confidence and self esteem through a running program designed to build them up, while learning proper form and technique for running cross country. 6th grade may ride the bus to the Elementary School.

Dates: Mondays, September 15, 22, 29, October 6 & 13

Time: 3:15 p.m. to 4:15 p.m.

Location: LCWM Elementary School

Cost: \$30

Registration deadline: September 7

Ski & Snowboard Club:

Grades 3rd–Adult

We're headed back to Mount Kato for Ski & Snowboard club again! Our community loved it, so we're going to keep it going. All parents & community members welcome to join us each week. Minimum of third grade to attend without an older sibling or parent also attending. Minimum of 1st grade with older sibling, and minimum of Kindergarten with a parent.

Dates, depending on snow and hill condition: Tuesdays, December 2, 9, 16, January 6, 13, 20, 27, February 3, 10, 17 & 24

Time: 3:20 p.m. to 6:30 p.m.

Pickup Location: LCWM Secondary School

Cost: \$10 for bus only, \$20 for bus and lift ticket, \$30 for bus, lift ticket & rental.

Lessons offered first 3 weeks at additional \$5

Registration deadline: Sunday of each week

K-1 Youth Basketball:

Girls & Boys

Run by qualified coaches and the LCWM High School basketball players, this Saturday morning fun will leave you loving the game and learning all the skills to get you started!

Dates: Saturdays, January 10, 17, 24 & 31

Time: 9:00 a.m. to 10:00 a.m.

Location: LCWM Elementary School

Cost: \$20

Registration deadline: January 4

2-3 Youth Basketball:

Girls & Boys

Run by qualified coaches and the LCWM High School basketball players, this Saturday morning fun will have you learning form, strategy and skills. Begin understanding 3 on 3 ball, and have fun with your teammates.

Dates: Saturdays, January 10, 17, 24 & 31

Time: 10:00 a.m. to 11:00 a.m.

Location: LCWM Elementary School

Cost: \$20

Registration deadline: January 4

Basketball League:

Girls & Boys, 4th-6th Grade

4-6th graders at LCWM participate in the South Central Youth Basketball League. Players gain experience on the court and learn to play competitive ball, while building confidence and learning how to be a team player.

Games on 6 Saturdays, beginning in December.

Practices will be twice a week beginning at the end of October. Times will be based on volunteer coach and facility availability. Practices are usually held at LCWM Elementary School.

Cost: \$80

Registration deadline: October 14

Basketball League Parent Meeting:

If you have signed up your child to play basketball in the South Central Basketball League, please plan on attending our parent/player meeting. This will include a jersey fitting. This is not a registration night. Your player will need to be registered before this meeting to be able to get a jersey.

Date: Tuesday, October 14

Time: 6:30 p.m. to 7:00 p.m.

Location: LCWM Elementary School Cafeteria

Community Ed. Night

Each team will have an assigned Community Ed night at a Varsity Basketball game!

They will be introduced with the team and play at halftime!

Specific dates and more details will be given to coaches and to teams later in the season.



VOLLEYBALL

Fall Volleyball:

Grades 5-6

LCWM Volleyball is part of the South Central Youth Volleyball League. This is a fundamental program to work on skills. Practices will be determined based on coach and facility availability. Practices Start the week of August 11

Game days: September 6, 13, 20, 27, October 4

Tournament date: October 11

Cost: \$75

Registration deadline: August 4

Volleyball Skills:

Grades 3-4

For players who want to learn fundamentals, sportsmanship and have fun learning the game of volleyball.

Dates: Thursday, September 18, 25, October 2 & 9.

Time: 3:15 p.m. to 4:15 p.m.

Location: LCWM Elementary School

Cost: \$35

Registration deadline: September 8. To get a shirt for Varsity VB night, register by deadline.

Community Ed. Night:

Come show your support for our Varsity Volleyball team!
Tuesday, October 7, Game starts at 7:00 p.m.

FOOTBALL

Tackle Football:

Going into 4th-6th Grade

Cost: \$110

Registration Deadline: July 31

LCWM Football is part of the South Central Youth Football League, but no league information is available yet.

Parent Meeting & Equipment Pickup

Date: Thursday, July 31

Time: 6:00 p.m. to 7:00 p.m.

Location: Secondary School, Cafetorium

Please register your child online before the meeting.

You will need to bring a separate check for your volunteer deposit of \$50. This will be returned to you at the end of the season if you volunteer. Jerseys are available to rent or to purchase, separate checks will be required for this as well. Jersey rental checks will be returned with return of the jersey at the end of the season.

Flag Football:

Kindergarten-3rd Grade

Learn football skills like passing, drills and plays. There will be 2 weeks of practices, then 3 weeks of in house games. Varsity team will help, but will be parent coached.

Dates: Mondays, September 8, 15, 22, 29, October 6

Time: 5:15 p.m. to 6:30 p.m.

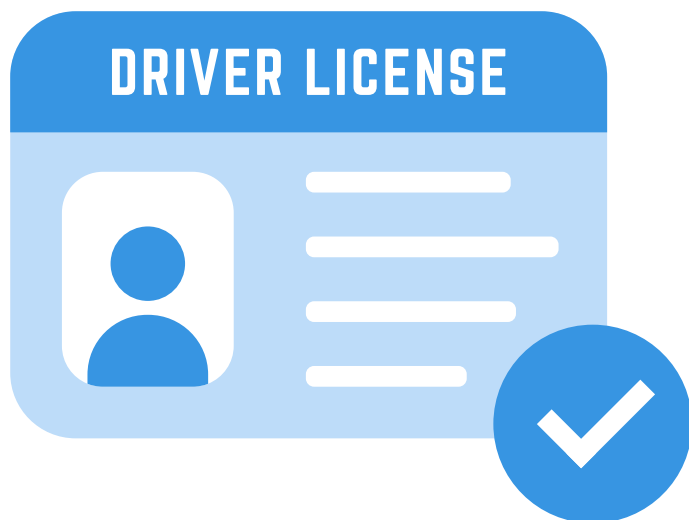
Location: Secondary School, Practice Field

Cost: \$35

Registration Deadline: August 31 Those not registered by the deadline will not receive a team shirt.

Community Ed. Night:

Youth Football Night will be Friday, September 12th. Join the team on the field and during halftime!
Flag Football and 4th-6th.



High School Driver's Ed:

This course is designed to prepare the first-time driving student with the information and knowledge required to pass the Minnesota Driver's permit test and the Minnesota Class D Driver's license test. This class requires the student to complete 30 hours of classroom instruction. These hours are mandated by law if a student under the age of 18 is to acquire a Driver's Permit or License.

Location: LCWM Secondary School Cafetorium

Dates/Times:

October 16, 17, 18, & 25: 12:30 to 3:30 p.m.

October 27, 30: 3:30 to 6:30 p.m.

November 1: 12:30 to 3:30 p.m.

November 3 & 6: 3:30 to 6:30 p.m.

November 8: 11:30 to 2:30 p.m.

Parent Meeting:

Saturday, November 8 from 1:30–2:30 p.m.

Fee: \$150

Registration Deadline: October 13

MUST BE 15 years old by December 31, 2025

Students need to bring a pen or pencil and a notebook to class. If online, it will be mandatory that the students are present the entire class period unless arranged differently with the instructor.

Community Service Letter:

Grades 9–12

Goals for the Community Service Program:

- Students will learn about themselves and their community through active service to others.
- Students will understand LCWM's Core Values.
- Students will learn problem solving skills.
- Students will learn to evaluate their own work.

Students may use community service completed through school or students may arrange individual service opportunities with community agencies of their choice. Questions regarding whether or not something qualifies as service may be directed to the LCWM Community Education office.

Student Requirements:

- 100 hours of community service per year. Half of those hours (50) must be with the same entity/organization.
- Two recommendations from agencies or individuals served that describe the volunteer work completed and the student's attitude and competence.
- A digital photo of them doing service or a photo that represents their service experience.
- Reflection paper – this is an opportunity for students to reflect on their service and share their service experience with others.
- Chemical Free – students will be chemical-free and verify that to be true on the application.

The application can be found at:

isd2071.k12.mn.us/o/ss/page/community-service

Applications are due into the Community Ed. office no later than November 21, 2025.

Power of Budgeting:

Explore the power of budgeting, examine wants and needs, and talk personal spending and savings goals. Many think budgeting equals constraints, but a budget can help put you in control. It is the foundation of which a financial strategy is built. Are you ready to give budgeting a try?

Date: Tuesday, October 7

Time: 6:30 p.m. to 7:30 p.m.

Location: LCWM Secondary School Media Center

Cost: \$5

Foundations of Investing:

Building your investor IQ starts with understanding the basics. Foundations of investing will help you learn about; the importance of developing a strategy, the impact of asset allocation, and ideas for focusing on what you can control with your finances.

Date: Monday, October 13

Time: 6:30 p.m. to 7:30 p.m.

Location: LCWM Secondary School Media Center

Cost: \$5

Rules of the Road:

Why are some people more successful investors than others? Do they know a secret? Definitely not – because there are no real secrets to investing. But there are rules you can follow as you work toward your goals. You'll learn the most common investing mistakes and how to avoid them, investing strategies to help you reach your long term goals, what you can do to help ensure you stay on track.

Date: Thursday, October 23

Time: 6:30 p.m. to 7:30 p.m.

Location: LCWM Secondary School Media Center

Cost: \$5



FINANCIAL ADVISOR

Jonathan L. Schwaegerl AAMS™

201 N Riverfront Drive, Suite 225, Mankato, MN 56001 [E](#)

HOLIDAY COOKIES BAKE & TAKE

In this teen/adults, hands-on class you will be working in pairs. You'll be provided with ingredients, the recipe for the dough and everything you need to form, trim, and decorate the cookies. Bring your own apron if you like. And most important, don't forget to bring containers to carry home your six dozen treats.

We are sorry, we cannot accommodate peanut allergies in this class.

THURSDAY, DECEMBER 18

6:00 TO 8:00 P.M.

LCWM SECONDARY SCHOOL

\$35

**REGISTRATION IS REQUIRED
AND DEADLINE IS DECEMBER 11
LIMITED TO 12 PEOPLE**



Adult Enrichment



Facilities Rental:

LCWM district facilities are available to rent. Community members and organizations are invited to apply for the use of district facilities. For more information, contact the Facilities Department.

Phone: (507) 726-2673

Email: facilities@isd2071.org

Registration Support:

Our Community Ed. staff can help you through the process to register online or register you over the phone. Office hours are generally 8:00 a.m. to 3:00 p.m. on school days.

Youth Scholarships:

The Greater Mankato Area United Way believes all children should have the opportunity to be a part of youth development activities. We understand that, at times, it may be difficult for some families to find the resources to enroll their children in these activities. The Connecting Kids Initiative can help these individuals. For more information, contact the office at (507) 726-2673.

Our Facilities:

LCWM Community Education is a part of the LCWM School District. The Community Education office is located at LCWM Secondary School. Community Education courses and programs are primarily hosted at LCWM school facilities, but also occur at other community facilities. Be sure to check the location of your program before arriving.



Community Ed.

Staff:

Logan Manska

Director of Community Education

lmanska@isd2071.org

Alisha Prange

Early Childhood Coordinator

aprang@isd2071.org

Jenny Bierma

Community Education/ECFE

Assistant, Registrations & Facilities

jbierma@isd2071.org

Board Members:

Renee Dahm

Kari Paul

Melissa Dudgeon

Interested in joining the
Community Ed Advisory
Council? We're always looking
for new members!

Call us at (507) 726-2673
or email Logan Manska at
lmanska@isd2071.org

To Register: Registration for all classes and activities is required unless otherwise noted. Class sizes are limited and enrollment is accepted on a first-come, first-served basis. Payment is needed to reserve your spot. Pay by cash (exact change), check, or all major Credit Cards. Early Bird Rates apply only to those that register prior to the deadline.

Publicity Policy: LCWM Community Education reserves the right to use photos and videos for publicity purposes. Those who wish their likeness to not be used can call the Community Education Office.

Cancellations: Classes and activities will be cancelled if there is insufficient enrollment. Refunds will be issued.

Registration Cancellations: There are no refunds after the class has started. If the entire class is cancelled because of bad weather or for other reasons beyond our control, and classes cannot be made up, a credit voucher will be issued upon request.

Emergency School Closing & Bad Weather:

In the event that LCWM Schools are closed due to weather or emergency situations, Community Ed. classes, games and practices are automatically cancelled.

No programing and offices closed in observance of:

Labor Day: Monday, September 1

Thanksgiving Break:

Wednesday, November 26-28

Winter Break: December 22-January 2

Questions? Call the Community Education Office at (507) 726-2673

DO YOU WANT TO

Inspire

FUTURE LEADERS?

Do you have a skill or a talent to share with our community?

Become a Community Education Instructor and get paid to share your talent!

Contact us today with your class ideas at
(507) 726-2673

Follow us online at:



facebook.com/lcwmce



instagram.com/lcwmcommunityeducation



youtube.com/channel/LCWMStreaming

LCARC Staff:

Renee Dahm - Marketing/Health & Wellness

Lora Honstad - Housekeeping

Ralph Huls - Maintenance

Bethany Maxwell - Membership

Katie Murphy - Aquatics / Rentals

Larissa Ward - Family Programs

Ryan Yunkers - Executive Director

LCARC Board:

Rachel Jones - President

Meghan Peterson - VP/Secretary

Jennifer Wiens - Treasurer

- **Brenda Rogers**
- **Pat Gengler**
- **Zach Alms**
- **Marissa Johannsen**
- **Angie Schuck**
- **Dewey Escher**

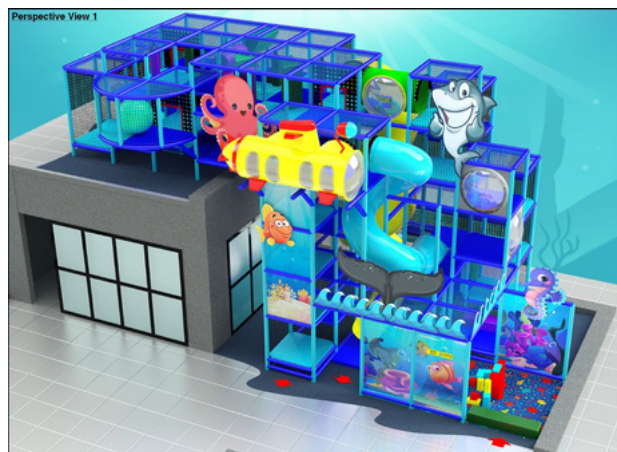
The Indoor Playground!

The Lake Crystal Area Rec Center is opening a brand-new indoor playground!

Come climb, jump, slide, and play — no matter the weather! Perfect for kids of all ages to burn off energy and have a blast!

Anticipated grand opening in October — don't miss the excitement and fun! Plus a small workout area for adults!

Lake Crystal Area Rec Center — where fun meets fitness for the whole family!



About the LCARC

The Facility:

- Zero-depth entry, 6-lane lap pool with 102' waterslide, kid's play pool with slide, and hot tub
- Gymnasium with 2 courts
- Indoor Walking and Running Track
- Weight Room with Free Weights, Fitness Machines, and Cardiovascular Equipment
- Aerobics Room with spin bikes, TRX equipment, kettle bells and more!

Business Hours:

Monday-Friday: 5:30 a.m. - 9 p.m.

Saturday: 7 a.m. - 6 p.m.

Sunday: Noon - 5 p.m. (Starting 9/7)

Holiday Hours:

Labor Day: Monday Closed

Thanksgiving: 11/27 Closed

Christmas Eve: 5:30am-3pm

Christmas Day: 12/25 Closed

New Year's Eve: 5:30am-6pm

New Year's Day: 9am-6pm

**Always open for 24/7 Members!*

24/7 ACCESS
REACH YOUR
FITNESS GOALS
ANYTIME

ADD 24/7 TO YOUR MEMBERSHIP
FOR JUST \$60/YR/ \$48 RENEWAL

Daily Admissions:

Non-Member Admission	Adult	Senior/Youth*	Family*
Daily Pass	\$9.00	\$7.00	\$40.00
5 Punch Punch Card	\$42.00	\$33.00	
10 Punch Punch Card	\$82.00	\$64.00	
20 Punch Punch Card	\$160.00	\$125.00	
Daily Waterslide Pass	\$2.00	\$2.00	
Spectator Fee	\$3.00	\$3.00	
*Family - Up to 2 adults, 4 children of the same family			
*Senior - Age 65+			
*Youth - Age 18 and Under (Under 12 Months is free)			

Daily Admissions

Why purchase a Membership?

If you use the facility on a regular basis, having a membership at the LCARC is the most popular, cost-effective option. The membership includes daily access to the entire facility.

With several different types of memberships, we are sure to have something that works best for you and your family!



Health Insurance:

If your insurance provides Silver Sneakers, Silver & Fit, Renew Active, One Pass, or Tivity Prime Fitness you may be eligible for membership at a low co-pay or completely FREE. Check with your insurance provider!



One Pass™

For Medicare & Medicaid Members

LCARC Memberships:

We offer a wide variety of memberships, including family, couple, individual, student and senior memberships. Membership discounts are available for Lake Crystal residents, EMT/Fire/PD, and Military. Corporate discounts are also available. Please visit www.lcarc.com for details and to view membership rates. Email Bethany (Membership Manager) at lcarcbethany@gmail.com with questions.



Membership

Annual Membership Rates:

Membership Type	Annual	Monthly
Family	\$695	\$67
Couple	\$611	\$59
Individual	\$445	\$43
Student	\$235	\$22
Senior	\$355	\$35
Senior Couple	\$480	\$47

Lake Crystal Resident Discount Rates:

Family	\$530	\$52
Couple	\$460	\$45
Individual	\$347	\$34
Student	\$194	\$19
Senior	\$285	\$28
Senior Couple	\$367	\$36

IF YOU LIVE OR OWN A BUSINESS WITHIN LAKE CRYSTAL CITY LIMITS, YOU GET A DISCOUNT ON ANNUAL MEMBERSHIPS AT THE LCARC!!

BRING YOUR UTILITY BILL TO THE FRONT DESK TO GET YOUR DISCOUNT TODAY!!

Family: Limited to spouse or domestic partner and dependent children in school (age 1 to 24) residing at the same residence. Includes up to 6 family members. \$10 per each additional member.

Couple: Both individuals reside at the same residence.

Student: Includes K-12 and college students. College students must show proof of enrollment.

Senior: Individuals age 65 and older.

Senior Couple: At least one person is over the age of 65 and reside at the same residence.

Add a 24/7 pass or a waterslide pass to your membership!

Additional Membership Types

3 Month Memberships:

Membership Type:	Cost:
Family	\$265
Couple	\$230
Individual	\$170
Student	\$95
Senior	\$140
Senior Couple	\$185

Add on **24/7** access for only **\$30** per person!

Walking Track Membership: Cost:

Contract Length

1 Month	\$32
1 Year	\$196

3 Month Pool Membership Cost:

Membership Type

Individual	\$75
Family	\$125

For questions or more information, please contact Bethany at lcarcbethany@gmail.com!

Membership

Swimming Lessons at The



Lake
Crystal
Area
Rec
Center

Tues/Thursday Lessons

September 16th - October 9th

*Level Notes: Aqua tots is ages 6mo-3years

5:15 - 5:55pm	Levels 1 & 2
6:00 - 6:40pm	Levels 3 & 4
6:45 - 7:25pm	Levels 5 & 6
Member Fees:	\$50
Non-Mmbr Fees	\$65

*Register ASAP to get a spot!

Saturday Lessons

September 20th - November 8th

*Preschool is age 3-5, & Level 1+ is 6yrs and up

10:30- 11am	Aqua Tots
11:05- 11:35am	Preschool 1
11:40 - 12:10pm	Preschool 2
12:15 - 12:55pm	Level 1 & 2
Member Fees:	\$50
Non-Mmbr Fees	\$65

*Register ASAP to get a spot



NEW
Convenient
online
registration
for swimming
lessons!



Scan QR Code or visit <https://lcmwrec.arux.app>

Private Swim Lessons :

To register for private lessons, please call the LCARC to discuss scheduling and availability. These lessons are for people of all ages. All lesson fees must be paid in full upon the first lesson.

Members:	1 student-- \$100.00	2 student (together)-- \$140.00
Non-Members	1 Student-- \$115.00	2 Student (together)-- \$155.00

*Lesson bundles are 4 for 45 mins or 5 for 30 mins each.

Swim Lessons

Water Aerobics:

Water Aerobics Class Schedule:

Mon	Tues	Wed	Thurs	Fri
Aqua Fit 8:30-9:30a	Aqua Fit 8:30-9:30a	Aqua Fit 8:30-9:30a	Aqua Fit 8:30-9:30a	Aqua Fit 8:30-9:30a

*Most current schedule always available at www.lcarc.com or call 507-726-6730

Aqua HIIT: Are you looking for a low-impact, cross-training, full body workout? If so, try AQUA HIIT! The high intensity interval training will get your heart rate up, while the added resistance of the water surrounding your entire body creates an element of intensity!

Aqua Fit: A lower intensity class consists mainly of muscle toning and flexibility with some cardiovascular work.

*All skills can be modified/adjusted to meet the needs of each individual.

Session Dates -

Session 1: January 1 - April 30

Session 2: May 1 - August 31

Session 3: Sept 1 - Dec 31

Notes -

If there is bad weather, call the LCARC before arriving to be sure the instructor is able to make it to class.

Purchase a new punch card at the beginning of each session. The Unlimited Pass lasts the entire first session. **Consider choosing the Monthly Payment Option to save money!** Punches do not carry over to the next session. No refunds will be given on punches once the session has started.

Water Aerobics Punches:

Punches:	Members:	Non-Members:
Drop In	\$3.25	\$6.00
2-10 Punches	\$2.75	\$5.00
11-20 Punches	\$2.50	\$4.50
21+ Punches	\$2.25	\$4.00
Monthly Payment Option	\$26/month	\$36/month
Unlimited Session Pass	\$120.00	\$160.00

*Land Aerobics punches are the same.

Swimming:

Lap Swimming is available daily. Swimmers during this time must be over the age of 18 as there are no lifeguards on duty. For exact dates and times, call the LCARC or check lcarc.com.



All Ages Open Swim:

*Schedule starts: Tuesday September 2nd, 2025

Monday 6-8:30pm w/slide, deep end

closed. *Discount night*

Tuesday - no open swim

Wednesday 6-8:30pm, no slide, deep end closed.

Thursday - no open swim

Friday 3:30pm - 5:00pm, no slide.

Friday 6:00pm - 8:30pm w/slide

Saturday 1:00pm - 5:00pm w/slide

Sunday 1:00pm - 4:00pm w/slide

Waterslide:

The waterslide is only open on specific nights. Be sure that it is open if you plan use before arriving.

Everyone that goes down the slide must have a stamp. Stamps can be purchased at the front desk.

Daily Admission Cost: \$2

Annual Waterslide Cost: \$99

(Add on optional)

Lock ins:

4 Hour Lock ins and Overnight Lock in options are available. For more information please call the LCARC at 507-726-6730 or email Katie at lcarcwellness@gmail.com



Pool Rentals!!!

Pool Rentals

Zero Depth only

\$40/hr for up to 25 people (kids and adults in the pool area)

Entire Pool Rental

Up to 20 people in pool area: \$65/hr

21 to 40 people in the pool area: \$90/hr

41 to 80 people in the pool area: \$115/hr

81 to 100 people in the pool area: \$140/hr

100+: use the above rates

Add the Large waterslide for \$25 flat rate

Aquatics Open Swim

www.lcarc.com

(507) 726-6730

Lake Crystal Area Rec Center

23



SCHOOL YEAR FIT KIDS

Monday-Friday, 2:45-5:30p.m.
Grades K-5 & Knights Plus (age 5+)
*Registration opens June 5th, 2025



Price per child	Member	Non-Member
5 Days/Week	\$10/day	\$12/day
4 Days/Week	\$11/day	\$13/day
3 Days/Week	\$12 day	\$14/day
2 Days/Week	\$13/day	\$16/day
1 Day/Week	\$15/day	\$18/day

Online registration
@
[https://
lcwmrec.arux.app/
child-care/2/fit-kids](https://lcwmrec.arux.app/child-care/2/fit-kids)

Or Scan



After School Fit Kids
Location: LCWM Elementary
Monday-Thursday & LCARC Fridays

Late Start Fit Kids
Member: \$15/child
Non-Member: \$18/child
Snack and busing provided.

All Day Fit Kids
Member: \$35/child
Non-Member: \$40/child
(On scheduled no school days)

Fit Kids Information available at lcarc.com

School Year Fit Kids

Room Rentals, Gym Rentals and Party Packages are available at the LCARC!

For Availability

Call 507-726-6730, or email
Katie at

lcarcwellness@gmail.com
for available dates. A \$10
non-refundable deposit is
required to schedule all
rentals.

Rates are effective as of
July, 2025 and are subject
to change without notice

Standard Room Rentals

Room	Members Corporate Members Non-Profit Org.	Non- Members Private Org. Individuals
Derksen (Fit Kids Rm, w/ kitchenette)	\$25/hr \$110/day	\$30/hr \$130/day
Meixell (Community Rm, w/ presentation capacity)	\$25/hr \$110/day	\$30/hr \$130/day
Gym - Half	\$30/hr \$150/day	\$40/hr \$200/day
Gym - Full	\$45/hr \$250/day	\$55/hr \$350/day

Bounce House Party Package

Enjoy 2 hours in a party room, and 2 hours in a bounce house!

Bounce House Options:

Basic Bounce House: \$195.00 Slide Bounce House: \$220.00
Inflatable Obstacle Course: \$245.00

Swim Party Package

With the swim package you can enjoy 90 minutes in the
party room, the swimming pool and slide during open swim
(and the gym if available).

Bring in your own food and treats!

Includes 10 party participants and 2 chaperones.

Each additional person: \$2 member, \$6 non-,member, \$1
spectator.

Cost: \$95

Optional: Add a Bounce House for 1 hour!

Slide Bounce House: add \$100

Big Fun House: add \$125

Inflatable Obstacle Course: add \$150



Senior Series Lunch & Learn:

These semi-monthly programs are geared toward adults 50+ and involves recreational, nutritional, educational and/or social components. Each Lunch & Learn has a different compelling topic specifically chosen for the interests and needs of our 50+ population.

A healthy lunch is provided (free-will offering) and the program is FREE.

This program is partially supported by Mayo Clinic Health Systems, MinnStar Bank and a grant from the Consolidated Communication Community Fund.

Most sessions are Wednesdays over lunch; stop by the LCARC for the full calendar.

SAIL-Stay Active & Independent For Life:

Designed for Seniors, this FREE class has been proven to increase bone density, strength, and flexibility. Energize and enhance your well being with this bi-weekly class. This osteoporosis prevention exercise program is open to men & women.

Brought to you by Common Good RSVP & the LCARC!

Date: Mondays & Wednesdays

Time: 9:30 a.m. at the LCARC. No registration necessary

Pickleball:

Full gym reserved for this activity. 3 courts.

Date: Mondays, Wednesdays, Fridays

Time: 9 - 11 a.m.

Where: LCARC

Members: FREE

Non-Members: Daily Admission

No registration necessary

*Pick-up games whenever the gym is open. Daily admission applies.



Introducing Arux, your new digital home for the Lake Crystal Area Rec Center & Fit Kids!

All of our programs will be run through Arux — a simple, mobile-friendly portal that gives you access to manage registrations, information, and schedules.

Create Your Account and Add Your Family Members

1. Scan the QR Code or visit <https://lcmwrec.arux.app>.
2. Create your account by clicking or tapping Sign In and use the link to Create one now.
3. From your Dashboard scroll down to "Manage Family Members" and click or tap Manage All Relationships.
4. Click or tap Add a Relationship and complete the form for each family member.

Access
Arux



Work site Wellness

If you want to make a positive difference in the health of your workplace, Worksite Wellness is for you! The LCARC will design incentive programs, fitness classes, "Lunch and Learns", and even comprehensive worksite wellness programs and evaluations. Healthier employees are happier, more productive employees!

Weight Room Orientation

Do you have a 13-15 year old interested in using the weight room? Set up an appointment with the Fitness Coordinator to go through the orientation for free during his normal hours. The cost is \$10 for scheduling outside of normal hours.

Aerobics Class Punches:

Punches:	Members:	Non-Members:
Drop In	\$3.25	\$6.00
2-10 Punches	\$2.75	\$5.00
11-20 Punches	\$2.50	\$4.50
21+ Punches	\$2.25	\$4.00
Monthly Payment Option	\$26/month	\$36/month
Unlimited Session Pass	\$120	\$160

*Water aerobics punches are the same.

Session Dates:

Session 1: January 1 - April 30

Session 2: May 1 - August 31

Session 3: Sept 1 - Dec 31

Class Cancellation Policy:

Classes will be cancelled when school and roads are closed or when instructors aren't able to make it. For late starts or early releases, call the Rec Center or check our Facebook page to find out.



PERSONAL TRAINING WITH RENEE

We Train, You Grow

Join Me!

Services:

- Program Set Up
- Strength Training
- Cardio Training
- Aqua Training
- And more!



"I want to help you be well"
lcarcrenee@gmail.com

Personal Training Rates:

	Member:	Non-Member:	2 Members:	2 Non-Members:
1 Session	\$30	\$40	\$40	\$60
3 Sessions	\$85	\$115	\$114	\$144
5 Sessions	\$120	\$175	\$170	\$220
10 Sessions	\$225	\$300	\$320	\$420
20 Sessions	\$420	\$500	\$600	\$800

Group Fitness Classes:

Aqua Fit: This class is a mixture of cardio and toning, all low impact! Great for those who need a gentle workout.

Aqua HIIT: Are you looking for a low-impact, cross-training, full body workout? If so, try AQUA HIIT! The high intensity interval training will get your heart rate up, while the added resistance of the water surrounding your entire body creates an element of intensity!

Lower, Upper, and Core & More -30-minute class is for people who want a quick but impactful early morning workout that includes strength and cardio intervals. The workouts will be led by personal trainers who will utilize the bars and free weights in the LCARC studio. The workout will include the same exercises for 6 weeks so participants can increase the intensity and their weights each week if desired. Attend all three workouts per week and get a full body workout each week!

Boot Camp: Come in and join us for a fun and energizing way to start your day! We will be doing a different workout each week to combine with exercise and fun, making the time fly! Come give it a try!

Generation Xercise: Want to keep exercising well into your youth, but not sure if you can or where to start. We have just the class for you! Resistance train, walk, get fit, and have fun doing it while keeping it low impact. (45mins)

Pilates: This popular mat workout developed by Joseph Pilates concentrates on core strength, body alignment, and muscular balance without adding bulk. If you are looking for that long, lean dancer body, this class is for you!

POUND®: A full body cardio-jam workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out!

ZUMBA and Aqua Zumba : Zumba is a complete workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. You will find a mix of low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party.

**All classes may not be available on the current schedule but all are available for private group booking. Email Renee at lcarcrenee@gmail.com for options. Boga and TRX classes also available for private or special event booking.



LCARC'S HALLOWEEN HUSTLE 5K

SPONSORED BY JONES LAW OFFICE!!
& MADELIA OPTOMETRIC

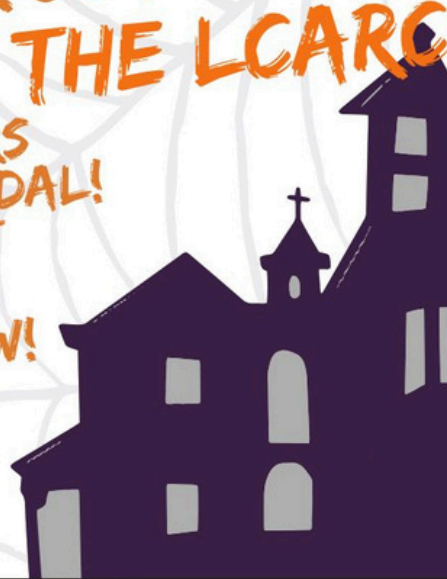
HALLOWEEN 5K FUN RUN!
SATURDAY OCTOBER 25TH!

RACE STARTS AT 9AM AT THE LCARC

COST IS 30.00 DOLLARS
YOU GET A T-SHIRT! & MEDAL!
REGISTER ONLINE AT
WWW.LCARC.COM OR
SCAN QR CODE BELOW!



MADELIA
OPTOMETRIC
Small Town Values | World Class Care



SCAN HERE



Lake
Crystal
Area
Rec
Center

The LCARC & LC Lions Present

TRUNK OR TREAT STREET 2025

Trick or Treats • Fun Games •

Local Business Trunks • Costume Contest

October 24, 2025 • 5:30-7:30pm • IN THE LCARC PARKING LOT
621 W Nathan St., Lake Crystal, MN | 507-726-6730



Lake
Crystal
Area
Rec
Center



Trunk or Treat Street

Vendor spots available!
Register online at
at lcarc.com

LAKE CRYSTAL *Holiday Market*

SHOP THE SEASON. SUPPORT YOUR COMMUNITY

SHOPPING : FOOD : FUN

 Sat Dec 6th, 2025  9:30am -1:30pm

 LCARC 621 W Nathan St, LC MN 56055

GIFTS AND DECOR, FESTIVE HOMEMADE TREATS,
CHRISTMAS CRAFTS FOR KIDS, PICTURES WITH SANTA, DOOR
PRIZES, COOKIE BAKE SALE FUNDRAISER,
& GET A GREAT DEAL AT THE SILENT AUCTION!!

Lake
Crystal
Area
Rec
Center

Lake Crystal Holiday Market

Lake Crystal Area Rec Center (507) 726-6730 www.lcarc.com

31

I.S.D No. 2071

PO Box 160

Lake Crystal, MN 56055

Non-Profit Org.

U.S. Postage

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Lake Crystal, MN 56055

Postal Patron

SAVE THE DATES!



Fall City Wide Garage Sale September 5-6

SAVE THE DATE *Lake Crystal Area Chamber of Commerce* **GOLF** TOURNAMENT FUNDRAISER

6
AUGUST
2025

**BEST
BALL**

3:45 - 4:15 pm
Registration
4:30 pm
Shot gun Start

**Note- if there should
be inclement weather,
back up date is
August 13th*

- ★ Tournament
- ★ Dinner at golf course
- ★ Golf / Cart included
- ★ Prizes
- ★ \$75 per golfer
- ★ \$300 per 4-person team
- ★ Limited to 1st 20 teams

**LAKE
CRYSTAL**
the place to be...

Golf tournament at Minneopa Golf Club

**Come Cruz 'IN
with us in
2025**

May 15 - 29
June 12 - 26
July 10 - 24
August 7 - 21
September 4 - 18



www.lakecrystalchamber.com OR Cruz 'IN Lake Crystal on 