



MARCH 14, 2024

PRINCIPAL'S CORNER

It seems amazing to me that it was four years ago this week that we shut down the school for the remainder of the 2019-2020 school year. It started with the Governor declaring a State of Emergency on Wednesday, March 11th, our last day of in-person school was that Thursday, and on Friday (Friday the 13th!) we shut down for a day of deep cleaning, planning to reopen Monday, but didn't open again in-person until September 9th. We all went through a lot, and in many ways, are still going through it. As I've said in other situations, there's no group I'd rather go through something like that with. The support of the staff, the families, the administration, and the Town contributed to all of us getting through the Pandemic as safely as possible. Thinking of the ones we lost this week.

It was a year ago that we had the big snowstorm, with over 40" in some places. Crossing my fingers, we don't have that kind of fun this year.

Although MCAS was canceled in 2020 and 2021, like last year it is on the schedule again this year. Here are the scheduled dates: Tuesday and Wednesday, April 2nd and 3rd, Wednesday and Thursday, May 1st and 2nd, and (for 5th grade only) Wednesday and Thursday, May 8th and 9th. Please try to schedule appointments and absences around these tests if possible, if everyone participates it is beneficial to the school, and is one more measure for teachers to see how we can best help our students in ELA, Math, and Science. Let me know if you have any questions.



SCHOOL LUNCH MENU

Week of Mar. 18th

Monday

Turkey Taco
Refried Beans
Sour Cream
Salsa, Lettuce
Fruit, Milk

Wednesday

Ravioli
Veggie
Roll, Salad
Fruit, Milk

Tuesday

Roasted Chicken
Sweet Potato Fries
Veggies

Fruit, Milk

Thursday

Shepherd's Pie
Beef, Corn, Gravy
Mashed Potato
Fruit, Milk

Friday

Tuna Salad Sandwich
Chips, Veggie
Fruit, Milk



CALENDAR OF EVENTS

- Mar. 21st** 3-4 Class to Mass MoCA
- Mar. 23rd** Rowe Town Library – Easter Egg Hunt starting at 10:00am.
- Mar. 27th** 5-6 Class to Mass MoCA
- Apr. 3,4,5th** Family Conferences –
- Apr. 15th/19th** Spring Vacation –
- Apr. 22nd** Classes Resume
- May 1st** 1/2 day of school – 12:30pm dismissal - Lunch will be served
- May 13th-17th** 5th & 6th Grade to Nature's Classroom
- May 27th** Memorial Day – No School
- June 7th** 1/2 day of school – 12:30pm dismissal – Lunch will be served
- June 17th** Last Day of School – 1/2 day Lunch will be served



2024 Charlemont Baseball Registration

T-Ball Pre-K

Rookies Kindergarten/1st/2nd

Minors 3rd/4th

Majors 5th/6th

- **Registration and Payment Due March 15th**
Practices - Practice schedules will be made once teams have been established. Days and times may vary depending on coach availability and weather. Practices will start as soon as the weather permits, hopefully early April. Players are expected to attend all scheduled practices.
Games - The game schedule should be available by the end of April and will be shared ASAP.
- **Fees and Payment**
- Rookies/Minors/Majors: \$80 per player; \$70 per player if more than 1 player in the same family registers. T-Ball: \$35 per player. Fee covers uniform shirt, hat, umpire fees and most equipment. Checks can be made payable to Luke Inman - or Amanda Inman and sent in to the school office with your child or mailed to Luke Inman at 107 Branch Hill Rd Colrain, MA 01340 by Friday, March 15th. Venmo payment can be sent to [@Amanda-Inman-13](#)
- **Player Responsibility** - Players must have their own glove, rubber cleats and gray baseball pants for games which require team uniform. Bats are provided by the program, if using your own it must be USA certified per Cal Ripken Rules.
- Like and follow the [Charlemont Athletics](#) Facebook page to stay informed quickly and easily.
Contact Luke Inman (413-475-0121) or Amanda Inman (413-475-0036) by calling or texting with any questions.



NOTES FROM THE NURSE

As the weather warms up the snow and frost melt which creates MUD. Please help remind your students to bring an extra set of clothing (pants, shirt, underwear, socks) to keep in their locker here at school. Every classroom spends time outside each day.

During the spring to help stay dry the outdoor gear we request students bring to school are: boots, coat, rain or snow pants. Thank you for your help!





Charlemont Baseball Registration Form 2024

T-Ball Pre-K | Rookies K/1st/2nd | Minors 3rd/4th | Majors 5th/6th



PLAYER INFORMATION

Name _____ Grade _____ DOB _____ Age _____

Shirt Size (circle one) Youth: XS SM MD LG XL -or- Adult: SM MD LG XL

Doctor Name _____ Phone _____

Medical Conditions _____

Hospital in case of emergency _____

PARENT/GUARDIAN CONTACT INFORMATION

Name 1 _____ Phone _____

Address _____

Email Address _____ I am interested in coaching Y / N

Name 2 _____ Phone _____

Address _____

Email Address _____ I am interested in coaching Y / N

EMERGENCY CONTACT INFORMATION (other than parent/guardian)

Name _____ Phone _____

Address _____

FEES AND PAYMENT (covers a uniform shirt, hat, umpire fees and most equipment)

Players must have their own glove, rubber cleats and gray baseball pants for games which require team uniform. Bats are provided, if using your own it must be USA certified per Cal Ripken Rules.

- ★ Rookies/Minors/Majors: \$80 per player; \$70 per player if more than 1 player in the same family registers
- ★ T-Ball: \$35 per player

____ Enclosed is my full payment. Cash or Check is accepted - Checks should be made payable to Luke Inman -or- Amanda Inman

____ Full payment has been sent using the Venmo app to Amanda Inman
@Amanda-Inman-13

PARENT/GUARDIAN ACKNOWLEDGEMENT OF WAIVER AND SIGNATURE

I, _____, the parent/guardian of the registrant, a minor, do agree and will abide by all the rules of the Charlemont Athletic Program. I recognize the possibility of physical injury associated with participating in Charlemont Athletics, and in consideration for Charlemont Athletic Program providing these activities, do release Charlemont Athletic Program and athletic coaches from all liability for any injuries sustained while participating in Charlemont Athletic Program activities.

Parent/Guardian Signature _____

Date _____

Please call or text Luke Inman (413-475-0121) or Amanda Inman (413-475-0036) with questions.



Bunnies 'n' Blooms

Follow the Rowe Town Library
Facebook page for event details.

SAT
MAR 23

10
am

Rowe Town Center
321 Zoar Road

ACTIVITIES
EGG HUNT*
TOUCH A TRUCK WITH THE
ROWE FIRE DEPT
COFFEE & BAKED GOODS
BUNNY PHOTOBOOTH
SPRING GAMES
SEED STARTERS
KIDS CRAFTS
*BAGS PROVIDED





Greetings 6th Grade Families

Below is a list of events to provide information and prepare students and families for the transition to middle school:

- March- Classroom Visits: Guidance counselor and principal, accompanied by former students, will visit each 6th grade classroom and provide information about life and opportunities at MTRS:
3/19 BSE
3/20 Hawlemont
3/21 Rowe
3/22 Sanderson
3/22 Colrain
- March 27th - District Celebration of Learning at MTRS 4-6pm: This will be a great opportunity to see the school and to meet current students and staff and to find out more about the clubs and activities available to MTRS students
- April 10th - Welcome to Grade 7: 5:30-7:30pm: Information and Ice cream for 6th grade families
- June 3rd - Step Up Day: Grade 6 students from the district, as well as Rowe Elementary, will come to MTRS to meet teachers and experience a morning at MTRS

Additional opportunities for community events at MTRS (more information on the [MTRS website](#)):

- April 11th - Spring MTRS Music Concert
- May 3 and 4th - MTRS Spring Musical
- May 11th - Spring Fling



Supporting Students with Anxiety

Tuesday, March 26, 2024 from 6-7 pm

[ONLINE LINK](#)

The butterfly is the "most human" of all insects, for the pain of its metamorphosis most closely resembles the pain experienced in human growth. If we know that the beautiful butterfly inside the cocoon is fighting to get out and we love it and help it by doing for it, we kill it. The struggle that it undergoes is what gives it the strength to live. People also, if we really love them, must be allowed to struggle, for only through their struggle can they acquire serenity.

- A. Michael DeSisto

How do we support students with anxiety? How do we allow productive struggle to happen so that they can learn and grow while still letting them know we are here for them?

NBSU School Adjustment Counselor Jon Friedman will share common scenarios that produce anxiety for our students and strategies that can help us better support them.

This is a virtual session with a question and answer period at the end.

Target Audience: PK-8 Parents/Caregivers

[PRE REGISTER HERE](#)

6:00-7:00 Workshop on Supporting Students with Anxiety

7:00-7:30 SEPAC (Special Education Parent Advisory Council) Meeting. Agenda [HERE](#)

SPONSORED BY THE NBSU SEPAC and NBSU ADMINISTRATION
FREE FOR ALL CLARKSBURG, FLORIDA, ROWE, SAVOY PARENTS/CAREGIVERS