# Totem Middle School Back to School NEWSLETTER

September 15, 2023

Welcome to Totem Middle School! Where we strive to close the achievement gap by providing a welcoming and engaging environment where students thrive as learners and community members.



### **Totem Middle School**

R.I.S.E. like a Phoenix

## **School Hours**

Mon-Thu 8:15am-3:00pm Fri 8:15am-1:30pm

> Office Hours 7:45am - 3:45pm

Totem Middle School 1605 Seventh Street Marysville WA 98270-4672 **Phone 360-965-0500** Fax 360-965-0504



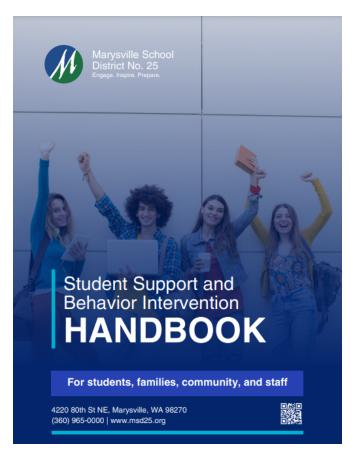
As part of the Marysville School District's ongoing efforts to improve safety and security in our schools, we have installed "video doorbells" at our school entrances. Also called a buzzer system, a video doorbell is a connected camera at the school office entrance that notifies school officials when someone requests entry into the building.

The new entry system will change how parents, guardians, guests, and visitors access the school during regular school hours when children are present. In addition to the continuation of all exterior doors being locked, the school's front door will also be locked, and those requesting entry will be checking in using the new system.

During the times before and after school when many students enter and exit the building under adult staff supervision, the front door access will be open but locked when school is in session.

The video doorbell systems installed at schools across the district are funded from a past voter-approved capital levy.

If you have any questions about the safety and security of our schools or the video doorbell systems, please contact Greg Dennis, Director of Safety and Security, at <a href="mailto:greg dennis@msd25.org">greg dennis@msd25.org</a> or call (360) 965-0076.



Please click <u>HERE</u> to review the Marysville School District's Student Support and Behavior Intervention Handbook.

#### Things to think about as we enter the school year!

- School starts at 8:15am; this is a change from last school year. Students should be on campus at 8:00 am so they can grab breakfast and be to class on time.
- Limit phone or electronic time. Our policy is "Phones off and away during the day, but lunch is okay." This also translates to Apple watches or other communication devices. Students are expected to have those silenced with notifications until afterschool.
- Airpods, and other wireless headphones are NOT ALLOWED at TMS.
- Sleep is important to the brain functioning for our students' learning. Growing adolescents need approximately 9-12 hours of sleep each day. If your student needs to be up by 6:30 am to get to school on time; an appropriate bedtime would be anytime between 7-9:30pm.
- Lastly please support your student learning their student ID number. This is the number they will need to enter daily for the free breakfast and lunch. You can find this number in Skyward labeled "Student ID" in Skyward. This is very important for our new 6th grade students.

# WHAT YOU CAN DO TO BEST SUPPORT YOUR STUDENT GETTING READY FOR MIDDLE SCHOOL LIFE:

- Set a regular bedtime and morning routine.
- Prepare for school the night before, finishing homework, plug in computer and getting a good night's sleep.
- Follow our district and state health guidelines on when to keep your child home due to illness.
- Avoid appointments and extended trips when school is in session.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Keep track of your student's attendance. Missing more than 9 days in a school year could put your student at risk of falling behind.
- Talk to your student about the importance of attendance.
- Talk to your students' teachers if you notice sudden changes in behavior. These could be tied to something going on at school.
- Encourage meaningful afterschool activities, including sports and clubs.

#### Daily schedule for 2023-2024 School year:

Daily Schedule M-Th			Friday		
	Start	End		Start	End
Period 1 + Advisory	8:15 AM	9:35 AM	Period 1 + TV3	8:15 AM	9:05 AM
Period 2	9:39 AM	10:34 AM	Period 2	9:09 AM	9:52 AM
Period 3	10:38 AM	11:33 AM	Period 3	9:56 AM	10:39 AM
1st Lunch	11:33 AM	12:03 PM	1st Lunch	10:39 AM	11:09 AM
Period 4	12:07 PM	1:02 PM	Period 4	11:13 AM	11:56 AM
Period 4	11:37 AM	12:32 PM	Period 4	10:43 AM	11:26 AM
2nd Lunch	12:32 PM	1:02 PM	2nd Lunch	11:26 AM	11:56 AM
Period 5	1:06 PM	2:01 PM	Period 5	12:00 PM	12:43 PM
Period 6	2:05 PM	3:00 PM	Period 6	12:47 PM	1:30 PM

#### Important phone numbers and great people!

#### **Student Services:**

#### General School # 360-965-0500 Transportation# 360-965-0300

Attendance: Andrea Avalos

360-965-0503

Registration: Zach Painter

360-965-0518

Health Room: Robin Edmondson

360-965-0510

Native Liaison: Terrance Sabbas

360-965-0573

Native Advocate: Lisa Fryberg

360-965-0573

ASB/ Yearbook: Melissa Erwin

360-965-0519

#### **Administrative Team:**

Principal:

Keri Lindsay 360-965-0505

**Assistant Principal:** 

Lisa Radford 360-965-0506

Dean of Students:

Jason Hippe 360-965-0507

Dean of Academics/ Librarian:

Roger Johnson 360-965-0508

#### **Counselors:**

Last Name Alpha A-L:

Serena Meidinger 360-965-0521

Last Name Alpha M-Z:

Leanne Koenigs 360-965-0520



Web: http://www.oeo.wa.gov/en
Toll-free: 1-866-297-2597
We listen. We inform.

Email: oeoinfo@gov.wa.gov Fax: 844-886-5196 We help solve problems.



#### Washington State Governor's Office of the Education Ombuds (OEO)

The Washington State Governor's Office of the Education Ombuds (OEO) is an independent state agency that helps to reduce educational opportunity gaps by supporting families, students, educators, and other stakeholders in communities across WA in understanding the K-12 school system and resolving concerns collaboratively. OEO services are free and confidential. Anyone can contact OEO with a question or concern about school.

OEO listens, shares information and referrals, and works informally with families, communities, and schools to address concerns so that every student can fully participate and thrive in our state's public schools. OEO provides support in multiple languages and has telephone interpretation available. To get help or learn more about what OEO does, please visit our website: <a href="https://www.oeo.wa.gov/en">https://www.oeo.wa.gov/en</a>; email <a href="mailto:oeoinfo@gov.wa.gov">oeoinfo@gov.wa.gov</a>, or call: <a href="mailto:1-866-297-2597">1-866-297-2597</a> (interpretation available). (English)

Washington State Governor's Office of the Education Ombuds • We listen. We inform. We help solve problems.

www.facebook.com/WAEducationOmbuds (English) www.facebook.com/OmbudsdeEducacion/ (Spanish)

www.twitter.com/EdOmbuds

www.youtube.com/TheWAEdOmbudsman