

Menus

School: North County Christian School
 Meal: Lunch
 Month: October 2023

Academic Year: 2023-24

October				
M	Tu	W	Th	F
2 Meatloaf, brown rice, and green beans Secondary Lunch (7th-12th only) Chicken Sandwich Buffalo Chicken Wrap	3 Chef Boyardee Beef Ravioli, Spinach, and mandarin orange Secondary Lunch (7th-12th only) Pizza Sub Mini Chicken Tacos	4 Cheese Quesadilla, Spanish rice, & Refried beans Secondary Lunch (7th-12th only) Chicken Sandwich Buffalo Chicken Wrap	5 Beef Sausage Slices served over vegetarian BBQ Baked Beans & Corn Secondary Lunch (7th-12th only) Pizza Sub Mini Chicken Tacos	6 Cafeteria closed for homecoming preparations. K-12th grade need to bring a sack lunch
9 Smothered Chicken, Peas and Carrots, and Brown Rice Secondary Lunch (7th-12th only) Chickens Tenders Grilled Cheese With Turkey	10 Grilled Cheese Sandwich with Tomato soup Secondary Lunch (7th-12th only) Beef Lasagna Bosco Sticks	11 Pizza Pasta with Garlic Bread Secondary Lunch (7th-12th only) Chickens Tenders Grilled Cheese With Turkey	12 Beef Stroganoff and California Blend Vegetables Secondary Lunch (7th-12th only) Beef Lasagna Bosco Sticks	13 Chicken Tenders with Belgian Waffles Secondary Lunch (7th-12th only) Belgian Waffle Chicken Tenders or Bone in Chicken Wings
16 Chicken Burgers and Carrots and Peas Secondary Lunch (7th-12th only) Cheeseburgers Grilled Chicken Sandwich	17 Crispy Chicken Sandwich, Pudding, and Banana Secondary Lunch (7th-12th only) Assorted Boneless Wings	18 Sweet & Sour Chicken over Brown Rice with Mixed Vegetables Secondary Lunch (7th-12th only) Grilled Chicken Sandwich Cheeseburgers	19	20
23 Turkey Pepperoni Pizza, Side Salad & fruit snacks, Secondary Lunch (7th-12th only) Beef Philly Chicken Stir Fry	24 Dirty Rice with Beef, Cornbread, and Cheesy Broccoli Secondary Lunch (7th-12th only) French bread pizza Popcorn Chicken	25 Grilled Chicken Breast, Mashed Potato, & Peas Secondary Lunch (7th-12th only) Beef Philly Chicken Stir Fry	26 Beef Hot Dogs, Chips, and fruit cup Secondary Lunch (7th-12th only) French bread pizza Popcorn Chicken	27 Chick-fil-A Day Spc nuggets, Chick-Fil-A Sauce, Mac & Cheese, and fruit cup Secondary Lunch (7th-12th only) Chick-fil-A sandwich Spicy Chick-fil-A Sandwich Chick-Fil-A Mac-Cheese
30 Shepherds pie (Beef, Vegetables, and Mashed Potatoes) Secondary Lunch (7th-12th only) BBQ Beef Sandwich Chicken nuggets	31 Chicken Taco with Hard shell, Black Beans, & Corn Secondary Lunch (7th-12th only) Strip Cheese Sandwich Bosco Sticks	1 Chicken Parmesan Over Noodles, with Spinach Secondary Lunch (7th-12th only) BBQ Beef Sandwich Chicken nuggets	2 Beef Stew over Brown Rice and Cornbread Secondary Lunch (7th-12th only) Strip Cheese Sandwich Bosco Sticks	3 Celano's Pizza Day Cheese pizza slice, Fruit Salad, and Cookie Secondary Lunch (7th-12th only) Pizza Pepperoni Cheese 4 Meat Sold by the Slice