September 2023

Smithton Smithton August and September Lunch

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04	05	06		Lunch Entree Pepperoni Pizza Quesadilla Popcorn Chicken Munchable WowButter and Jelly Sandwich With Cheese Stick Vegetables Fresh Garden Salad Baby Carrots Fruit Fresh Fruit Chilled Fruit Milk Chocolate Milk Skim Milk 1% Milk
Labor Day	Lunch Entree Tacos Ham and Cheese French Toast Sandwich Watermelon Salad WowButter and Jelly Sandwich With Cheese Stick Vegetables French Fries Fresh Garden Salad Fruit Chilled Fruit Fresh Fruit Grains Italian Bread Milk 1% Milk Chocolate Milk Skim Milk	Lunch Entree Chicken Patty Meatloaf Italian Sub WowButter and Jelly Sandwich With Yogurt Vegetables Mashed Potatoes Green Beans Fruit Fresh Fruit Chilled Fruit Grains Hot Rolls Milk 1% Milk Chocolate Milk Skim Milk Condiments Gravy	Lunch Entree Super Nachos Turkey and Cheddar Melt Ham & Cheese Roll Up WowButter and Jelly Sandwich Vegetables Fresh Garden Salad Refried Beans Fruit Chilled Fruit Fresh Fruit Milk 1% Milk Chocolate Milk Skim Milk Misc. Mozzarella Cheese Stick	Lunch Entree Nardone's Pizza Sausage and Egg Grilled Cheese Big Mack Salad WowButter and Jelly Sandwich With Cheese Stick Vegetables Fresh Garden Salad Glazed Carrots Fruit Fresh Fruit Chilled Fruit Grains Fruit Muffin Milk 1% Milk Chocolate Milk Skim Milk

Level Control	12	13	14	15
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
BBQ Bacon Chicken Sandwich	Cheeseburger	Chicken Patty	Chicken Nachos w. White Queso	Cheese Pizza
Scrambled Eggs w. Pancakes	Sweet and Sour Chicken w. Rice	Roast Turkey	Italian Calzone	Parmesan Chicken Sandwich
Turkey and Cheese Sandwich	BBQ Pork Salad	Pizza Munchable	BLTE Salad	Turkey Club Sub
WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich
With	With	With	With	With
Yogurt	Cheese Stick	Yogurt	Cheese Stick	Cheese Stick
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fresh Garden Salad	Fresh Garden Salad	Mashed Potatoes	Fresh Garden Salad	Fresh Garden Salad
Com	Tater Tots	Glazed Carrots	Texas Pintos	Fresh Broccoli
Fruit	Fruit	Fruit	Fruit	Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
Milk	Grains	Grains	Grains	Milk
1% Milk	Italian Bread	Hot Rolls	Cornbread	1% Milk
Chocolate Milk	Milk	Milk	Milk	Chocolate Milk
Skim Milk	1% Milk	1% Milk	1% Milk	Skim Milk
	Chocolate Milk	Chocolate Milk	Chocolate Milk	
	Skim Milk	Skim Milk	Skim Milk	
		Condiments		
		Gravy		
18		20	21	22
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Chicken Alfredo	Hot Dog	Chicken Patty	Spaghetti & Meatballs	Pepperoni Pizza
Grilled Cheese Sandwich	Frito Pie	Meatloaf	Cheeseburger	BBQ Pork Sandwich
Chef Salad	Chicken Caesar Wrap	Nacho Munchable	Watermelon Salad	Big Mack Salad
WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich
With Cheese Stick	With Yogurt	With Cheese Stick	With Yogurt	With Cheese Stick
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fresh Garden Salad	Fresh Garden Salad	Mashed Potatoes	, -	1 -
French Fries	Texas Pintos	Corn	Fresh Garden Salad	Fresh Garden Salad
Fruit	Fruit	Fruit	Cheesy Cauliflower Popcom Fruit	Baby Carrots Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
Grains	Milk	Grains	Grains	Grains
Italian Bread	1% Milk	Hot Rolls	Italian Bread	Fruit Muffin
Milk	Chocolate Milk	Milk	Milk	Milk
1% Milk	Skim Milk	1% Milk	1% Milk	1% Milk
Chocolate Milk	SKIII WIIK	Chocolate Milk	Chocolate Milk	Chocolate Milk
Skim Milk		Skim Milk	Skim Milk	Skim Milk
July Mark		Condiments	SKIII WIIK	Skill Wilk
		Gravy		
n.c.	24			
25	26	27	28	29
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Nuggets .	Cheesy Pasta	Chicken Patty	Super Nachos	Nardone's Pizza
Mozzarella Dunkers	Stromboli Pinwheel	Roast Turkey	Fish Sandwich	Taco Joe Sandwich
WowButter and Jelly Sandwich	Popcorn Chicken Salad	Pizza Munchable	BLTE Salad	Ham & Cheese Sandwich
Vegetables	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich	WowButter and Jelly Sandwich
Fresh Garden Salad	With Yogurt	With Cheese Stick	With Yogurt	With Cheese Stick
Steamed Broccoli	Vegetables	Vegetables	Vegetables	Vegetables
Fruit	Fresh Garden Salad	Green Beans	Fresh Garden Salad	Fresh Garden Salad
Fresh Fruit	Oven Fries	Mashed Potatoes	Refried Beans	Glazed Carrots
Chilled Fruit	Fruit	Fruit	Fruit	Fruit
Grains	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Italian Bread	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
Milk	Grains	Grains	Grains	Milk
1% Milk	Italian Bread	Hot Rolls	Italian Bread	1% Milk
Chocolate Milk	Milk	Milk	Milk	Chocolate Milk
Skim Milk	1% Milk	1% Milk	1% Milk	Skim Milk
Misc.	Chocolate Milk	Chocolate Milk	Chocolate Milk	SKITH WHIK
Mozzarella Cheese Stick	Skim Milk	Skim Milk	Skim Milk	
	JEHN WILK	Condiments	SKIII IVIIK	
		Gravy		
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