



Waverly-South Shore School

October 2023

Breakfast

Menu subject to change
without notice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Milk, juice, fruit, and cereal served everyday</p> <p>** Toast upon availability</p>	<p style="text-align: right;">2</p> <p>Waffles Cereal Fruit Juice Milk</p>	<p style="text-align: right;">3</p> <p>Egg bake Cereal Fruit Juice Milk</p>	<p style="text-align: right;">4</p> <p>Blueberry Streusel Coffee Cake Cereal Fruit Juice Milk</p>	<p style="text-align: right;">5</p> <p>Scrambled Eggs w/ Ham Cereal Fruit Juice Milk</p>	<p style="text-align: right;">6</p> <p>Donuts Cereal Fruit Juice Milk</p>	<p style="text-align: right;">7</p> <p>Cereal: Trix=24 Cinn Toast Crunch=22 Honey nut=22 Toast=12</p>
<p style="text-align: right;">8</p>	<p style="text-align: right;">9</p> <p>Oatmeal Cereal Fruit Juice Milk</p>	<p style="text-align: right;">10</p> <p>Breakfast on a Stick Cereal Fruit Juice Milk</p>	<p style="text-align: right;">11</p> <p>French Toast Sticks Cereal Fruit Juice Milk</p>	<p style="text-align: right;">12</p> <p>Pancakes Cereal Fruit Juice Milk</p>	<p style="text-align: right;">13</p> <p>No School</p>	<p style="text-align: right;">14</p> <p>1/2c fruit=15 1/2 c grape juice=18 1/2 c apple juice =14 1% Milk=13 Skim Milk=11</p>
<p style="text-align: right;">15</p>	<p style="text-align: right;">16</p> <p>Omelet Toast Cereal Fruit Juice Milk</p>	<p style="text-align: right;">17</p> <p>Yogurt Granola Cereal Fruit Juice Milk</p>	<p style="text-align: right;">18</p> <p>Egg bake Cereal Fruit Juice Milk</p>	<p style="text-align: right;">19</p> <p>Waffles Cereal Fruit Juice Milk</p>	<p style="text-align: right;">20</p> <p>Muffins Cereal Fruit Juice Milk</p>	<p style="text-align: right;">21</p>
<p style="text-align: right;">22</p>	<p style="text-align: right;">23</p> <p>Breakfast Burrito Cereal Fruit Juice Milk</p>	<p style="text-align: right;">24</p> <p>Pancake Bake Cereal Fruit Juice Milk</p>	<p style="text-align: right;">25</p> <p>Baked Oatmeal Cereal Fruit Juice Milk</p>	<p style="text-align: right;">26</p> <p>Biscuits & Gravy Cereal Fruit Juice Milk</p>	<p style="text-align: right;">27</p> <p>No School</p>	<p style="text-align: right;">28</p>
<p style="text-align: right;">29</p>	<p style="text-align: right;">30</p> <p>Oatmeal Cereal Fruit Juice Milk</p>	<p style="text-align: right;">31</p> <p>Omelet Toast Cereal Fruit Juice</p>	<p style="text-align: right;">1</p> <p>Yogurt Granola Cereal Fruit Juice Milk</p>	<p style="text-align: right;">2</p> <p>Breakfast Pizza Cereal Fruit Juice Milk</p>	<p style="text-align: right;">3</p> <p>Cinnamon Roll Cereal Fruit Juice Milk</p>	<p style="text-align: right;">4</p>