

# San Bruno Park School District

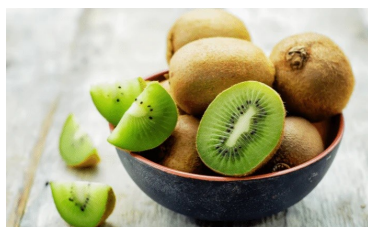
## Meals Are Free For All Students

### Elementary School Menu for the Week Of: 11/27 - 12/08

Students can select from a variety of fruits and vegetables and milk. Locally grown items are offered when possible. All breads, pasta, and rice served are whole grain.  
Products do not contain trans fats and nothing is fried.

Monday	Tuesday	Wednesday	Thursday	Friday
11/27	11/28	11/29	11/30	12/01
<b>Breakfast</b>  Yogurt & String Cheese <b>V</b>  Assorted Cereal w/ Crackers	<b>Breakfast</b>  Bagel w/ Cream Cheese <b>V</b>  Cereal Bars w/ Crackers <b>V</b>	<b>Breakfast</b>  Waffles <b>V</b>  Oatmeal Bars <b>V</b>	<b>Breakfast</b>  Concha <b>V</b>  Assorted Cereal w/ Crackers <b>V</b>	<b>Breakfast</b>  French Toast Sticks <b>V</b>  Assorted Cereal Bar w/ Crackers <b>V</b>
<b>Lunch</b>  Hot Dog  Cheese Stuffed Bread Sticks <b>V</b>	<b>Lunch</b>  Chicken Tenders  Cheese Tamales <b>V</b>	<b>Lunch</b>  French Bread Pizza w/ Pepperoni  French Bread Pizza <b>V</b>	<b>Lunch</b>  Beef Nachos  Cheese Nachos <b>V</b>	<b>Lunch</b>  Chicken Burger Spicy & Plain  Grilled Cheese Sandwich <b>V</b>
Monday	Tuesday	Wednesday	Thursday	Friday
12/04	12/05	12/06	12/07	12/08
<b>Breakfast</b>  Yogurt & Crackers <b>V</b>  Assorted Cereal w/ String Cheese <b>V</b>	<b>Breakfast</b>  Concha <b>V</b>  Assorted Cereal w/ Crackers <b>V</b>	<b>Breakfast</b>  Breakfast Pizza  Oatmeal Bars <b>V</b>	<b>Breakfast</b>  Bagel w/ Cream Cheese <b>V</b>  Assorted Cereal w/ Crackers <b>V</b>	<b>Breakfast</b>  Pancakes <b>V</b>  Assorted Cereal Bar w/ Crackers <b>V</b>
<b>Lunch</b>  Chicken Alfredo Pasta  Mac & Cheese <b>V</b>	<b>Lunch</b>  Taco Nada  Bean & Cheese Burrito <b>V</b>	<b>Lunch</b>  Chicken Nuggets  "Chik'n" Nuggets <b>V</b>	<b>Lunch</b>  French Bread Pizza w/ Pepperoni  French Bread Pizza <b>V</b>	<b>Lunch</b>  Cheeseburger  Grilled Cheese Sandwich <b>V</b>

**Harvest  
of the  
Month™**



Kiwi is this month's local grown seasonal item that will be available as one of the fruit and vegetable offerings grown in California.

**Reminder: Students get one free breakfast and one free lunch. If they ask for a second meal, they will be charged \$2.50 at Breakfast and \$3.50 at Lunch.**

This menu is subject to change. Currently Child Nutrition Services is experiencing product shortages due to disruptions in the supply chain and also labor shortages. We regret having to do so but at times we must change the day's menu.

This institution is an equal opportunity provider.