# San Bruno Park School District Meals Are Free For All Students Elementary School Menu for the Week Of: 11/13-11/24 

Students can select from a variety of fruits and vegetables and milk. Locally grown items are offered when possible. All breads, pasta, and rice served are whole grain.

Products do not contain trans fats and nothing is fried.

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 11/13 | 11/14 | 11/15 | 11/16 | 11/17 |
| ```Breakfast Yogurt & String Cheese \ Assorted Cereal w/ Crackers``` | Breakfast Bagel w/ Cream Cheese $\mathbf{V}$ Cereal Bars w/ Crackers $\mathbf{V}$ | Breakfast <br> Waffles V Oatmeal Bars $\mathbf{V}$ | Breakfast <br> Concha $\mathbf{V}$ <br> Assorted Cereal w/ Crackers | Breakfast <br> French Toast Sticks $\mathbf{V}$ <br> Assorted Cereal Ppr w/ Crackers |
| Lunch <br> Hot Dog <br> Cheese Stuffed Bread Sticks | Lunch Chicken Tenders Cheese Tamales $\mathbf{V}$ | Lunch <br> French Bread Pizza w/ Pepperoni <br> French Bread Pizza $\mathbf{v}$ | Lunch <br> Beef Nachos <br> Cheese Nachos | Lunch <br> Chicken Burger Spicy \& Plain <br> Grilled Cheese $\mathbf{V}$ Sandwich |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 11/20 | 11/21 | 11/22 | 11/23 | 11/24 |
| Breakfast <br> Breakfast Pizza <br> Assorted Cereal w/ Crackers V | Breakfast <br> Bagel w/ V Cream Cheese <br> Cereal Bars $\mathbf{V}$ w/ Crackers |  |  |  |
| Lunch Cheeseburger <br> Grilled Cheese Sandwich | Lunch Chicken Nuggets "Chik’n" Nuggets |  |  |  |

## Harvest



Apples are this month's local grown seasonal item that will be available as one of the fruit and vegetable offerings grown in California.
Reminder: Students get one free breakfast and one free lunch. If they ask for a second meal, they will be charged $\$ 2.50$ at Breakfast and $\$ 3.50$ at Lunch.

This menu is subject to change. Currently Child Nutrition Services is experiencing product shortages due to disruptions in the supply chain and also labor shortages. We regret having to do so but at times we must change the day's menu .

