District Healthy Schools Committee Notes

Healthy Schools meeting occurred on November 28, 2023 2:00-3:00PM via Google Meet

Members for 2023-2024:

Deb Brodeur

Chari Buhman

Cindy Kingbird

Dominic Krump

Henry Ruud

Josh Grover

Kathy Wittner

Mary Aery

Melissa Jenson

Sue Chase

Matt Siems

Members present; Highlighted in yellow.

Agenda:

Vision statement: Our school will encourage students, staff, and community to join together in making daily healthy choices in nutrition, physical activity, and well-being.

Agenda Items:

- 1. Discussed Attendance/Representation from all sites
 - a. Seeking administrator to take the lead of the committee
 - b. Adjust meeting times to ensure that all members are able to attend.
- 2. Wellness Policy in Action Tool (WPAT)
 - a. Melissa Jenson to email the school district's wellness policy and WPAT for members to review prior to next meeting to discuss plans on completing the triennial assessment
- 3. Elem update on Health Ed. Curriculum-Dr. Grover
 - a. No updates from Dr. Grover. He mentioned that he will bring further updates at next meeting.
- 4. EMC Training
 - a. EMC offers Vector Training and includes school-focused courses at no cost to EMC policyholders.
 - b. Vector training allows making training assignments and check to make sure the course care completed similar to Infinitec.

c. Melissa Jenson requested further information and will relay back to team.

5. Grants-Cindy Update

a. Cindy was not present to inform of grants.

6. Food Pantry Update-Deb

- a. Deb was not able to attend meeting but provided an update on food pantry.
- b. Storage racks are supposed to arrive shortly.
- c. Second Harvest will be visiting in the next couple of weeks and provide further direction on getting the food pantry up and running.
- d. The food pantry will be open to anyone.
- e. Deb reported that she would need to fundraise and seek out donations to sustain the pantry.

7. Other:

- a. Feminine products accessibility
 - i. Melissa Jenson to order dispensers and feminine products for each of the schools by the end of next week.
- 8. Next meeting: TBD