

SEPTEMBER 2025

This is an equal opportunity provider

Grandparents breakfast on the 25th

Gasconade Wildcats

Monday

**No school,
Labor Day**
Option B
Pizza Stick w sauce

Cin. Toast crunch or cocoa
Puffs, applesauce, juice
Beef Patty w gravy, roll (A)
Mash pot., green beans,
Good & gooey apples

Froot loops or Apple
Jacks, applesauce, juice
Orange Chicken, fried rice (A)
Egg roll choice 2nd lunch
Green beans, pears

Blueberry or Cin. Chex
Applesauce, juice
Enchilada, mexi rice (A)
Green beans, pears

Matey's or Frosted flakes
Applesauce, juice
Cherry Chicken, fried rice(A)
Egg roll choice 2nd lunch,
Green beans, pears

Tuesday

Pancake, sausage,
Peaches, juice
Cheeseburger mac(A)
Broccoli, fresh veggie,
Slush cup

Waffle, sausage,
Peaches, juice
Chicken nuggets (A)
Mac-n-cheese (A)
Peas & carrots, pears

Pancake, egg
Peaches, juice
Chili, crackers (A)
Cheese stick (A)
Fresh veggie, Fresh fruit

French toast,
Sausage, peaches
Chicken & noodles (A)
Broccoli, fresh veggie,
Slush cup

Pancake, sausage,
Peaches, juice
Chicken spaghetti (A)
Broccoli, fresh veggie,
Slush cup

Wednesday

Oatmeal, cinnamon toast
Raisins, juice
Chicken & Waffle (A)
Corn, fresh fruit,

Biscuit & gravy or jelly
Tater tots, Banana, juice
Pizza (A)
Salad, fresh veggie,
Fresh fruit

Oatmeal, cin. Toast,
Raisins, juice
Spaghetti, garlic bread (A)
Salad, fresh veggie,
strawannas

Donut, yogurt,
Applesauce, juice
BBQ meatball (A)
Mash pot. Bake beans,
Fresh fruit, cookie

Thursday

Breakfast pizza,
Yogurt, applesauce, juice
Wildcat nachos (A)
Mexi beans, salsa,
Fresh veggie, pears

Breakfast Chicken biscuit,
yogurt, applesauce, juice
Taco, mexi rice (A)
Mexican beans,
Salsa, Fruit salad

Pancake sausage bites
Yogurt, applesauce, juice
Pull pork on bun (A)
French fries, corn
Fruit salad

Grandparent Breakfast
Biscuit & gravy w potatoes,
Fruit or juice
Pretzel & Cheese, chicken
Nugget (A) veggie & dip, fruit

Friday

Matey's or Frosted Flakes,
Applesauce, juice
Cherry chicken, fried rice (A)
Egg roll choice 2nd lunch
Green beans, fruit salad

Option B
Grilled Cheese

Option B
Chicken Patty on Bun

Option B
Corn Dog
Option B next week
Pizza Stick w sauce

All meals are free to all students. Each meal is served with a choice of milks. At lunch choose option A or B
Menu subject to change depending on availability of product. Nutrition information available upon request.