RAINS ISD HEALTH SERVICES

Medication at School

Parents/Guardians:

Medication at school should be given at home whenever possible; however, when dosage instructions require medication to be given during the day, the following requirements must be met:

SELF CARRY:

Students MAY NOT carry medications with them or self-medicate UNLESS it is an emergency medication and is age appropriate. Those medications that qualify as emergency medications ONLY include EpiPens, insulin, Diastat, and inhalers. In order to self-carry these emergency medications, the campus clinic MUST receive both a written physician order to "CARRY AND SELF ADMINISTER" AND the parental permission form. Please download the "Consent to Carry and Self Administer Emergency Medications" form by going to the Health Services Department page on the website and clicking on the "Important Forms" button – or ask your Nurse/Nurse Aide for the correct form.

PRESCRIPTION MEDICATIONS:

Prescription medication may be given at school if a "Permission to Administer" form is submitted by the parent/guardian. The form includes specific instructions on how, when, and why the medication is to be given, as well as if the student has any drug allergies. The medication MUST be in the original prescription bottle with a recent date and properly labeled with the name of the patient, doctor, drug, and specific instructions on the dosage. The bottle will NOT be transferred from home and school, so please ask your pharmacist to split the prescription into two containers. Please download the "Permission to Administer Medication" form by going to the Health Services Department page on the website and clicking on the "Important Forms" button – or ask your Nurse/Nurse Aide for the correct form.

OVER-THE-COUNTER MEDICATIONS:

Over-the-counter medications may be administered at school <u>if a "Permission to Administer" form is submitted by the parent/guardian</u>. The form includes specific instructions on how, when, and why the medication is to be given, as well as if the student has any drug allergies. Frequency and dosage may <u>not</u> exceed the directions listed on the bottle without a documented physician order. <u>The medication must be provided by the parent and appear in the original, unopened container with the student's name written on the box.</u> OTC medications given for 5 consecutive days will require a physician order to continue. Please download the "Permission to Administer Medication" form by going to the Health Services Department page on the website and clicking on the "Important Forms" button – or ask your Nurse/Nurse Aide for the correct form.

HERBAL REMEDIES:

Herbal remedies will **not** be administered at school **UNLESS** there is a written physician order and it is in the student's IEP that they are to have the treatment at school.

PLEASE NOTE: Do <u>NOT</u> put medication in your child's backpack and send them to school with it. If your child needs medication during school hours, the above criteria MUST be met, and <u>you</u> MUST bring the medication to the front office or nurse's office along with the appropriate form.

If you have any questions or concerns, please don't hesitate to reach out to me! Thank you for your cooperation in this matter!

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