

Oak Valley

7th Grade Volleyball 2023

Date	Practices/Games
Friday, Sept. 8	Practice 3:15-4:30
Monday, Sept. 11	Practice 3:15-4:30 Parent Meeting 4:30-4:50
Tuesday, Sept. 12	Practice 3:15-4:30
Wednesday, Sept. 13	Match #1 vs. Geisler HOME 4:00
Thursday, Sept. 14	Practice 3:15-4:30
Friday, Sept. 15	Practice 3:15-4:30
Monday, Sept. 18	Match #2 @ Mason (Waterford) 4:00
Tuesday, Sept. 19	Early Release Day No Practice
Wednesday, Sept. 20	Match #3 @ White Lake 4:00
Thursday, Sept. 21	Practice 3:15-4:30
Friday, Sept. 22	Practice 3:15-4:30
Monday, Sept. 25	Practice 3:15-4:30
Tuesday, Sept. 26	Practice 3:15-4:30
Wednesday, Sept. 27	Match #4 @ Smart (Walled Lake) 4:00
Thursday, Sept. 28	Match #5 vs. Muir at MHS 5:00
Friday, Sept. 29	No Practice
Monday, Oct. 2	Match #6 vs. Pierce HOME 4:00
Tuesday, Oct. 3	Practice 3:15-4:30
Wednesday, Oct. 4	Practice 3:15-4:30
Thursday, Oct. 5	Practice 3:15-4:30
Friday, Oct. 6	No Practice
Monday, Oct. 9	Match #7 vs. Walnut Creek HOME 4:00
Tuesday, Oct. 10	No Practice Early Release Day
Wednesday, Oct. 11	Match #8 @Banks (Walled Lake) 4:00
Thursday, Oct. 12	Practice 3:15-4:30 Picture Day!!
Friday, Oct. 13	Practice 3:15-4:30
Monday, Oct. 16	Match #9 vs. Centennial HOME 4:00
Tuesday, Oct. 17	Practice 3:15-4:30
Wednesday, Oct. 18	Match #10 vs. Millennium HOME 4:00
Thursday, Oct. 19	Pizza Party @ Oak Valley until 4:15
Friday, Oct. 20	Practice 3:15-4:30
Saturday, Oct. 21	LVC Conference Tournament TBD
Coach Howe	Brian.howe@hvs.org
	Attendance Rules
	You must communicate with me by either Remind 101 or email
	if you are going to be absent from practice or a game. If you
	do not communicate with me you will miss playing time in the
	next match.
Team Expectations	1. Have Fun 2. Hustle at all times
	3. Work Hard Everyday to Improve Your Game!!!
	4. Be a Great Teammate 5. Be a Great Communicator