

HERITAGE **USKY** **TRACK & FIELD CLUB 2024**



This spring the Milford High School Track & Field Coaching staff and student-athletes are providing an exploratory Track & Field Experience for Heritage students, **grades 2nd through 5th**. The students gather in the Media Center after school. And be guided to Milford Track & Field facility by Coaches and/or student-athletes. We will meet 10 different times throughout the spring. We will be active. We will run, jump, throw and more. The program will feature a 3 team meet as well as culminate with our Annual Huron Valley Elementary Track Meet. The program is free, there will be an option to purchase a T-shirt down the line.

We will meet on Thursday and Sundays

beginning, **Thursday, April 18th** and running through **Thursday, May 23rd**.

A list of the Practice Dates is as follows:

Thursdays: After school till 5:15pm (Pick-up at the Milford Track Facility)

4/18, 4/25, 5/2, 5/16 practices

Sundays (Optional): 6:00-7:00 pm at the Milford Track & Field Facility

4/21, 4/28, 5/5, & 5/19

Competitions on Tuesday 5/14 (5:30-7:00) and Thurs 5/23(6:00-7:30pm)



Questions: Please send questions regarding the Heritage Husky Track & Field Club to

Brian Salyers at brian.salyers@hvs.org or 248-425-4321

Or

Eric Hincka at eric.hincka@hvs.org or 248-431-6240

Registration: You may register at

<https://forms.gle/raE7R5cSQ9Kh5oJE8>

or scan the QR code to access the Registration google form.