

**CHATTAHOOCHEE
COUNTY
SCHOOLS**

**ATHLETIC HANDBOOK
2025-2026**



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Table of Contents

CHATTAHOOCHEE COUNTY SCHOOL SYSTEM VISION 4

MISSION 4

BELIEFS 4

PURPOSE 4

NOTICE OF NONDISCRIMINATION POLICY 4

COMMUNICATION PROCEDURE FOR ADDRESSING STUDENT/PARENT CONCERNS 5

SPORTS OFFERED 6

GHS A START AND END DATES FOR ATHLETICS 7

CCSS PHILOSOPHY OF EDUCATIONAL ATHLETICS 8

COACHES 8

PARENTS 8

STUDENT-ATHLETES 8

CODE OF ETHICS FOR COACHES 8

SPORTSMANSHIP 8 HAZING AND INITIATIONS 8

CCSS GENERAL OPERATING PROCEDURES FOR ATHLETIC DEPARTMENT 9

WEIGHT TRAINING 9

TEAM RULES, GUIDELINES, CONSEQUENCES 10

SUPERVISION OF STUDENT-ATHLETES 10

SCHOOL ATTENDANCE 10

OFFICIALS 10

TRAVEL EXPENSES 10

OVERNIGHT STAYS 10

MEALS 11

Transportation to/from Games 11

RULES OF ELIGIBILITY 11

TRANSFER STUDENTS 12

HOME SCHOOL STUDENTS 12

DUAL ENROLLMENT 12

DISABLED STUDENTS 13

GHS A ELIGIBILITY REQUIREMENTS 14

SCHEDULING 16

SCHEDULE FOR PRACTICE DATES AND ATHLETIC EVENTS 16

TOURNAMENTS OR INVITATIONAL MEETS 16

CANCELLATION/POSTPONEMENT/INCLEMENT WEATHER 16

SELECTION OF HEAD COACHES AND SUPPLEMENTED COACHES 17

BOOSTER CLUBS 19

COMPLIMENTARY PASSES 19

BOOSTER ADVERTISEMENT 19

EMERGENCY MANAGEMENT FOR ATHLETIC PROGRAMS 20 SUPERVISION OF ATHLETIC EVENTS 24

APPENDIX A - ATHLETIC FORMS CHECK SHEET 25

CCSS ATHLETIC INFORMATION - FORM A 26

INSURANCE INFORMATION - FORM B 27

WAIVER OF INSURANCE COVERAGE 27

EMERGENCY MEDICAL TREATMENT AUTHORIZATION - FORM C 28

MEDICAL INFORMATION RELEASE AUTHORIZATION - FORM D 28

GHS A CONCUSSION AWARENESS - FORM E 29

HEAT POLICY AWARENESS - FORM F 30

CHATTAHOOCHEE COUNTY SCHOOL SYSTEM ATHLETIC RULES - FORM G 31

Dispositions for Student Infractions and Standards of Behavior 31

Suspensions for Student Infractions and Standards of Behavior 32

Dealing with Student Arrests 32

FIELD TRIP WAIVER OF RESPONSIBILITY - FORM H 34

SUDDEN CARDIAC ARREST AWARENESS- FORM I 35

GHS A PHYSICAL FORM 36

CHATTAHOOCHEE COUNTY SCHOOL SYSTEM

VISION

Instilling pride, Igniting passion, Infinite possibilities.

MISSION

To prepare all students for college and career readiness as they grow to be productive contributors in society.

BELIEFS

- We believe in providing an instructional environment that meets the diverse needs of all individuals.
- We believe individuals are inspired and thrive when academic and social engagement are related.
- We believe that all students deserve equal opportunity access to a strong, vibrant, and safe educational environment from cradle to career and beyond.
- We believe our students are prepared for successful academic careers to become contributing members of society.
- We believe in a culture of high expectations and accountability for all stakeholders.
- We believe in community partnerships that provide outside resources to help the school system meet its' strategic goals.

PURPOSE

The purposes of the Chattahoochee County Schools Athletic Programs are consistent with the accepted purposes of secondary school education. All school athletic programs should be administered in accordance with the following goals:

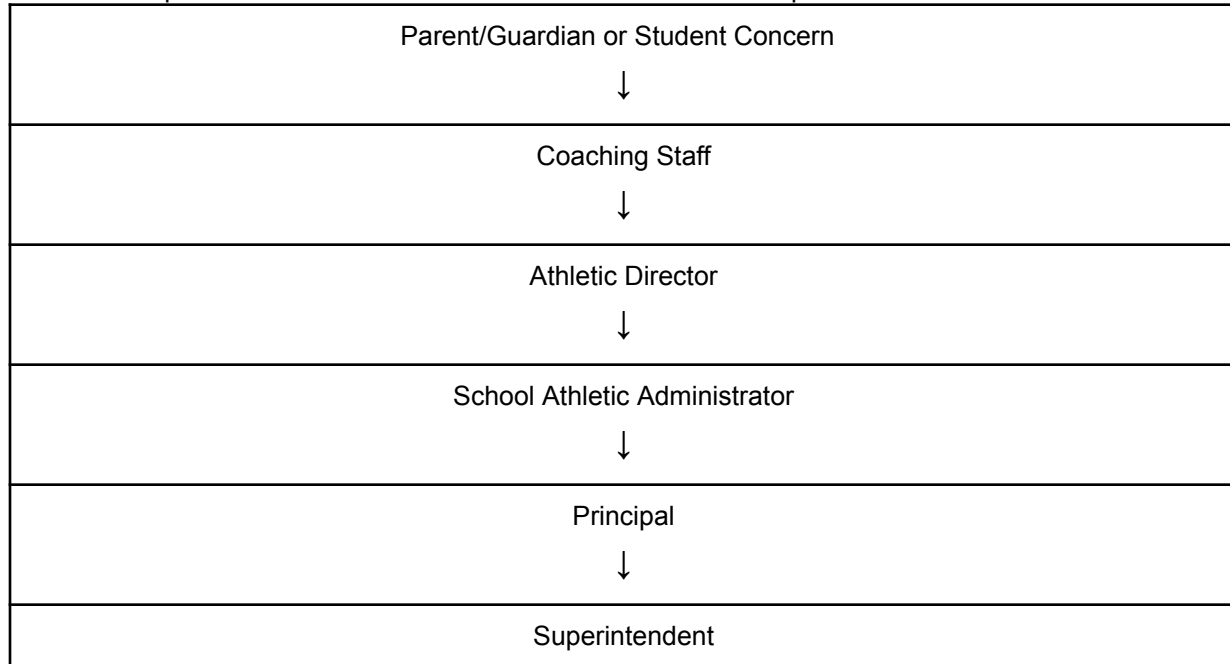
- To educate girls and boys through competition
- To provide educational experiences outside the classroom setting.
- To develop a climate for enhancement of knowledge, physical skills, and emotional patterns.
- To contribute to the development of better citizens.

NOTICE OF NONDISCRIMINATION POLICY

No child shall be discriminated against because of race, color, national origin, gender, religion, age or handicap.

COMMUNICATION PROCEDURE FOR ADDRESSING STUDENT/PARENT CONCERNS

The Chattahoochee County School System believes that problems can be solved by conversation among the involved parties. The chart below indicates the recommended process to follow.



CCHS Athletic Director and Administrator- Mike Nixon- mnixon@chattco.org

CCHS Principal-Seth Gorman - sgorman@chattco.org

The school athletic director should not be contacted prior to contacting the coach. The school athletic administrator should not be contacted prior to contacting the school athletic director. The school principal should not be contacted prior to contacting the administration administrator. The superintendent should not be contacted prior to contacting the school principal.

SPORTS OFFERED

Fall Sports		
CCHS		
<ul style="list-style-type: none">• Football• Girl's Cross Country	<ul style="list-style-type: none">• Cheerleading• Volleyball	<ul style="list-style-type: none">• Boy's Cross Country• One Act Play

Winter Sports		
CCHS		
<ul style="list-style-type: none">• Boys Basketball• Girls Wrestling	<ul style="list-style-type: none">• Girls Basketball• Boys Wrestling	<ul style="list-style-type: none">• Cheerleading• Rifle

Spring Sports		
CCHS		
<ul style="list-style-type: none">• Baseball• Boy's Track and Field	<ul style="list-style-type: none">• Boys Soccer• Girl's Track and Field	<ul style="list-style-type: none">• Girls Soccer

GHSA START AND END DATES FOR ATHLETICS

https://www.ghsa.net/beginning_ending_dates_2025-2026

CCSS PHILOSOPHY OF EDUCATIONAL ATHLETICS

COACHES

Our coaches are the most significant components of the athletic programs of Chattahoochee County Schools. The coaches are both teachers and active participants at the same time. They have the responsibility to model proper behaviors and attitudes at all times.

In order to be an effective coach and role model, our coaches must also be thoroughly knowledgeable in their sport, capable of detailed preparation, able to motivate athletes, able to make adjustments during competition, and work effectively under the authority of the athletic director and school administration. Our coaches take seriously the opportunity they have to mold young lives.

PARENTS

Parents of student athletes have a responsibility to both their child and to the team. Without strong parental support the student will not be able to achieve their greatest potential and the team may suffer. It is important that parents provide positive reinforcement and understand their role as being part of the team. Parents, as well as players, should be supportive and encourage coaches and teammates at all times.

STUDENT-ATHLETES

Our student-athletes should be diligent in preparation, give 100% at all times, demonstrate personal discipline, be respectful in all situations, maintain self-control, show humility, and aggressively pursue excellence regardless of the score, opponent, time, referee, or situation. The ultimate and final responsibility rests upon the shoulders of the student-athlete, for it is the student-athlete who is accountable to their parents, coaches, and the team.

CODE OF ETHICS FOR COACHES

Chattahoochee County Schools will uphold the Code of Ethics adopted by the Professional Standards Commission as accepted and approved by the State Board of Education and the Georgia High School Association.

SPORTSMANSHIP

One of the primary objectives of educational athletics is good sportsmanship. The National Federation of State High School Associations has adopted guidelines for sportsmanship. High school students, parents, and coaches should set a good example concerning sportsmanship and quickly condemn unsportsmanlike conduct by others.

HAZING AND INITIATIONS

Hazing in any form is neither tolerated nor consistent with any educational or athletic goal within Chattahoochee County Schools. Hazing refers to any activity expected of someone joining an athletic team that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate.

Any activity that causes or requires the student to perform a task that involves violation of state or federal law or Chattahoochee County Schools policies or regulations is considered hazing. Hazing in any form will not be tolerated and will result in disciplinary actions. There may be other disciplinary consequences as well administered by the Coach, Athletic Department, High School Principal, and/or Superintendent.

GENERAL OPERATING PROCEDURES FOR ATHLETIC DEPARTMENT

No student is to participate in an athletic program in CCSS unless he/she meets the requirements for registration and participation in athletics. Every possible policy and procedure to protect the student-athlete have been adopted. PRIOR to any student participating in a tryout, in conditioning, in a practice, or in competition, the student must complete the following:

- A. REGISTRATION: CCSS Student Information/Insurance Form, including parents' signature, must be completed for each school year. All student-athletes will need to turn in a copy to the school. (See Appendix A)
- B. CERTIFICATION: Each student-athlete in grades 9 through 12 must be certified by the Georgia High School Association (GHSA) indicating that the eligibility requirements of the GHSA have been met.
- C. PHYSICAL EXAMINATION - The parent or legal guardian must complete the GHSA Preparticipation Physical History and Evaluation Form, and complete the first two pages of History and sign the third page before the pupil has a physical examination. The physical form must be signed by a certified medical provider licensed in the state of Georgia. The form must include the student's name, and the date (month, day, year) the form was completed by the physician and must be on file in the Athletic Director's office (CCHS) or the Principal's office. (See Appendix A)
- D. INSURANCE POLICY - Each student-athlete must be covered by either the school approved accident insurance policy, by a family policy if the student is not covered by the school approved insurance policy, or a signed affidavit stating the parent/guardian is responsible for any and all costs associated with an injury to their child while participating in a school sport. A certification (waiver) signed by the parent and a copy of the insurance card stating that the student is adequately covered by accident insurance, or the signed affidavit must be on file in the Athletic Director's office (CCHS) or the Principal's office (See Appendix A)
- E. CONCUSSION AWARENESS – Each student-athlete and a parent or guardian must read and sign off on the specific dangers associated with concussions. Furthermore, it is highly recommended that all student-athletes and parents/guardians take the concussion awareness course. A concussion is a traumatic brain injury that interferes with normal brain function. CCHS Athletic Departments eagerly encourage everyone concerned to research concussion dangers and to realize that **NO student-athlete will be allowed to return to athletic participation until cleared by an appropriate health-care professional. If in doubt, the coach should pull the prospective athlete from competition until he is cleared.** All student- athletes will need to turn in a copy to the school. (See Appendix A)
- F. HEAT INDEX – Each student-athlete and a parent or guardian must read and sign off on the specific dangers associated with the hot weather often experienced in the Fall and Spring. Being aware of the dangers associated with dehydration, heat stress and heat stroke are paramount to actually understanding the symptoms and early prevention of the dangerous effects of heat. All student-athletes will need to turn in a copy to the school. (See Appendix A)
- G. HOME-SCHOOLED STUDENTS- Students from a homeschool program can participate in high school athletics if approved under the Dexter-Moseley Act.

WEIGHT TRAINING

All weight rooms in CCMHS are staffed with qualified individuals who will make decisions in the best interest of all student athletes. Specific in-season weight training will take into consideration student-athletes who are rehabbing after an injury, lifting on gameday, or instances when coaches have conversed regarding a concern.

Communication of all coaches with weight training staff is essential to the success of our students and athletic programs, but the final decision for class participation will rest with the weight training staff.

TEAM RULES, GUIDELINES, CONSEQUENCES

All coaches are required to submit team rules, guidelines, lettering requirements, and consequences to the Athletic Director and administration at CCMHS. Makeup of team specific rules, guidelines, and consequences will be at the head coaches' discretion, but all parties are expected to follow them accordingly. Disciplinary measures should be incremental, enforceable and fair, and must be applied in a consistent manner.

SUPERVISION OF STUDENT-ATHLETES

It is the head coach's responsibility to ensure all student-athletes are picked up before after practice and athletic competitions including away contests. If the head coach is not able to supervise, a designated, certified assistant coach should be assigned. At no times should a community coach or parent be assigned this role.

SCHOOL ATTENDANCE

A student-athlete must be counted present at school to practice or participate in athletics on any school day. If a student-athlete misses more than a half day of school they cannot participate in athletics that day.

Under special circumstances, the student-athlete may appeal to the principal or Athletic Director for permission to participate in athletics.

GHSA - "DEAD WEEK"

The "Dead Weeks for the **2025-26 school year** are Monday, May 25 through Sunday, May 31, 2026 and Monday, June 29 through Sunday, July 5, 2026..

During the "dead week" no school teams may conduct conditioning drills, practices, or be involved in competitions on or off the school's campus. This means that weight training, running drills, passing league games in football, school-based summer league games in baseball, team camps in a variety of sports may not occur during this week. Violations of this rule will be handled similarly to out-of-season practices.

Non-school programs organized by such groups as AAU, JO, ASA, etc., are not covered by this rule.

OFFICIALS

All officials are assigned and designated by the Georgia High School Association.

TRAVEL EXPENSES

All travel expenses for post-season competition limited to state level contests and sectional competitions must be approved by the Athletic Director and school Principal in advance. Travel reimbursement forms must be submitted within ten calendar days after the event.

OVERNIGHT STAYS

The Athletic Department will pay to assist teams to stay overnight in conjunction with athletic events when the team is involved in sectional and state level contests and in consideration of amounts paid to other school athletic teams (Not per person but per team and to meet Title IX obligations). Only in such cases, and only when absolutely necessary, will overnight stays be approved whereby any of the housing charges will be defrayed upon the overall athletic budget. Each case will be evaluated on an individual basis considering the distance of travel and the schedule for the athletic events. It is the Head Coach's duty to see the Athletic Director to submit the request and for prior approval of the school Principal before any funds from the school's general athletic budget will be utilized.

MEALS

Meals will not be provided by the school to participating athletes unless a part of a school wide program. It is the Coach's responsibility to ensure the athletes, parents and booster organizations are made aware of any monetary or meal needs of the athletes.

Transportation to/from Games

School buses will be utilized to transport student-athletes to away events. Student-athletes and coaches are expected to ride the team bus to all games/events. Students can be signed out by a parent/guardian to return home from a game/event.

In limited circumstances, personal vehicles will only be permitted with written prior approval from the principal. (An example of such an exception would be a student taking a Saturday SAT, and that student requesting to drive to the event upon completion of SAT testing).

If charter buses are used, all expenditures are the responsibility of the team or school organization in question and the charter company must be approved by the Georgia Department of Public Safety; as well as, meet all requirements of Georgia Statutes and State of Georgia Board of Education Administrative Rules. Call the Chattco Transportation Department for a list of licensed bus carriers.

RULES OF ELIGIBILITY

A student who participates on an athletic team at any level must meet eligibility requirements of the Georgia Department of Education, Chattahoochee County Schools Board of Education, and of the GHSA. Events in any sport, frequently called exhibition or unattached events, which involve students who are not eligible, or students who are not members of the school team, are strictly prohibited.

Eligibility to participate in practice or in competition is gained or lost on the first day of the semester, except the fall semester, when eligibility shall be declared based on Carnegie units accumulated according to year in school. Summer school is an extension of the second semester.

Make-up work for athletes will be accepted on the same basis that make-up work is accepted for all other students in the school. Academically ineligible students shall not be allowed to participate in conditioning, in tryouts, in practice, in competition, or to travel with any team.

There is no provision in the no pass/no participation policy to permit a student to contract to do additional assignments in order to change a failing grade to a passing grade. Once a failing grade is assigned in a respective course, and the student is ineligible as a result, the student does not regain eligible status for the semester even if the grade is changed to a passing grade within the fourteen calendar days. The one exception is when the grade is changed to passing due to an error by the teacher in assigning the failing grade. In this event, the student can regain eligibility status with proper notification to the GHSA through the Athletic Director.

Under usual circumstances, a student will not be permitted to join an athletic team after the second scheduled contest. Exceptions to this will be students who enter the school after that date and students who were unable to participate earlier due to eligibility, medical reasons, or play-offs in another sport or with approval of the head coach and the athletic director. Under no circumstances will a student be permitted to come out for a team after the second contest if the result is the displacement of a member of the team.

A student-athlete can participate in two sports (including cheerleading) with coinciding season dates as long as he/she gets permission from both coaches and parents. Coaches should clearly communicate a practice/play plan to allow the student-athlete's participation to be maximized by each of the sports involved.

This includes priority of Region competition, Region playoffs, Sectionals and State Playoff competitions, etc. Careful consideration should also be given to the student-athlete's safety and well-being. The ultimate decisions in regards to practice, play, participation, and withdrawal will be made by the head coaches involved. Should a student-athlete choose to withdraw from one of the sports after the season begins, permission from the coach of the sport must be granted and a written excusal request from the student-athlete must be signed by his/her parents and submitted to both coaches and the school's athletic director.

Once a student has been named as a member of a team by the coach, he/she is making a commitment to the team for the entire season. Therefore, under usual circumstances, when a student quits a team, he/she will not be permitted to go out for a team during the same season, or for the ensuing season, until after the the season for the sport he/she quit has ended. Any exception to this rule must be approved by the head coach and the athletic director. Example -- A student who quits the football team will not be permitted to go out for basketball until the football season at his/her level of competition is over.

No player may exceed the maximum game limit for any sport.

A student must be an amateur. An amateur is one who has never violated his or her amateur standing by receiving money, tuition, board, or pay of any description as compensation for playing on a professional athletic team or in a professional participation.

GHSА TRANSFER STUDENTS

A student who transfers from one school to another with a corresponding change of residence by the parents into the attendance area for the new school, shall maintain eligibility as soon as it is certified that he meets all other eligibility requirements. The Athletic Director must be notified so that proper documentation may be submitted to the GHSA for clearance. The student will be ineligible to compete until the GHSA certifies the student athlete.

The migratory rule applies only to varsity level competition and does not affect eligibility for any other level of competition.

A student who transfers from a non-member school to a member school where the parents reside shall be eligible as soon as properly certified. For further information please refer to the GHSA Constitution Bylaw 1.60-1.69.

HOME SCHOOL STUDENTS

Chattahoochee County Schools adopts GHSA policy in regard to home school students.

DUAL ENROLLMENT

A student participating in Dual Enrollment (institution of higher learning) will be eligible to participate in a high school athletic program representing the high school in which the student is enrolled, provided the student meets all other eligibility requirements, and:

- A. Is carried on the attendance register of the parent high school and that the parent high school receives state funds for the student's attendance.
- B. Is carrying work in the school which he/she is attending equivalent to five courses and is passing five. A student that is in a state-approved dual enrollment plan must earn 2.5 Carnegie Units and meet the "on track" requirement for high school credit.
- C. Is given credit by the parent high school for work done.
- D. Is not, and has not, participated in athletics and/or activities in the vocational-technical school, alternative school, or college.

DISABLED STUDENTS

Disabled students are afforded an opportunity to participate in co-curricular activities. A student attending a special education center may participate in co-curricular activities at his/her home school as long as all eligibility requirements are met.

GHSA ELIGIBILITY REQUIREMENTS

HIGH SCHOOL GRADES 9-12 MIDDLE SCHOOL GRADES 6-8

To be eligible to participate and/or try-out for a sport or activity, a student must be enrolled full time in grades 9-12 inclusive at the school seeking eligibility for that student.

A. Enrollment is defined as follows:

a. Fall Semester: when the student participates in a practice or contest

before classes begin, or the student attends classes.

b. Spring Semester: when the student attends classes.

c. A student may be enrolled in only one (1) high school at a time.

B. The student must be in regular attendance.

C. The student must be taking courses that total at least 2.5 Carnegie Units that count toward graduation.

D. All or part of the course load of a student may be taken online through a virtual school as long as the student's grades are being kept at the school in which the student is enrolled. Grades from virtual school courses must be on file at the school by the first day of the new semester

State Board Rules apply to grades 6, 7, and 8; the previous semester must be used to determine eligibility. Therefore, fall sport eligibility is determined by the grades earned for the second semester after the previous year.

Example:

The eligibility for middle school football or cheerleading would be determined by checking the grades from the second semester of the previous year. It should not be assumed that because a child is in the next grade they are automatically eligible.

Eligibility to participate or try out always depends on the number of courses passed in the semester preceding participation.

in order for the student to be eligible.

AGE

To be eligible to participate in interscholastic activities, a student must not have reached his 19th birthday prior to May 1st, preceding his year of participation.

A student has eight (8) consecutive semesters or four (4) consecutive years of eligibility from the date of entry into the ninth grade to be eligible for interscholastic competition.

Eligibility for middle school basketball and cheerleading is also determined by the grades for the second semester of the previous years.

Basketball starts in October and students must have passed four of six courses in the second semester of the previous year. Grades for first semester need to be checked to determine continued eligibility in second semester sports. (Winter and spring sports). Students gain or lose eligibility on the first day of the new semester based on the credits earned the 1st semester of the current year.

1. A student is not considered to have entered the 9th grade when a 9th grade course is taken if:
 - a. the student is regularly enrolled in a member's feeder school in a grade below the ninth, AND
 - b. the course is taken as an advanced course, AND
 - c. the principal of the school attended by the student certifies to the GHSA that the subject and course(s) meet the criteria set forth above.
2. Credits earned toward high school graduation which are taken below the ninth grade may

be used when considering high school eligibility.

GHSA ELIGIBILITY REQUIREMENTS

Students enrolled in grade 8 in a middle school or junior high school which is a feeder school to the member high school may participate in Spring football practice. These

Eighth graders may only participate one year on an athletic middle school athletic team as an eighth grader. Seventh

students must be pre-enrolled at that member high school, and once pre-enrolled, the student has established eligibility at that high school.

graders may participate one year on middle school athletic teams as a seventh grader.

Students must accumulate Carnegie units towards graduation according to the following criteria:

- A. First-year students (entering 9th grade) are eligible academically. Second semester first-year students must have passed courses carrying at least 2.5 Carnegie units the previous semester in order to participate.
- B. Second-year students must have accumulated five (5) total Carnegie units in the first year, AND passed courses carrying at least 2.5 Carnegie units in the previous semester.
- C. Third-year students must have accumulated ten (11) Carnegie units in the first and second years, AND passed courses carrying at least 2.5 Carnegie units in the previous semester.
- D. Fourth-year students must have accumulated seventeen (17) Carnegie units in the first three years, AND passed courses carrying at least 2.5 Carnegie units in the previous semester.
- E. Students may accumulate the required Carnegie units for participation during the school year and eligibility will be reinstated at the beginning of the next semester.

Ninth Grade Football/Basketball

Students entering the ninth grade for the first time may participate on the 9th grade teams for one year only. First year ninth graders will be the only students eligible for participation on a 9th grade team. Ninth graders should follow the same guidelines established by the GHSA regarding eligibility.

SCHEDULING

SCHEDULE FOR PRACTICE DATES AND ATHLETIC EVENTS

The earliest date for practice for a respective sport, the first day of competition, and the maximum number of contests in each sport are regulated by the GHSA. Refer to "Activity in Season Dates" in the GHSA's Constitution table of contents for this very important information or go to <http://www.ghsa.net/beginning-and-ending-dates>.

When building a schedule, consideration is always given to:

- A. Safety of athletes and spectators
- B. Local rivals: Marion, Schley, Muscogee County Schools
- C. Integrated experiences
- D. Economics
- E. Relative strengths
- F. Awareness of lost instructional/classroom time

Varsity Schedules: The first consideration is given to scheduling contests which are needed for region play. Additional games are scheduled by athletic coaches.

Non-Varsity Schedules: Follow the same guidelines as those set above with the exception of following the Varsity region play. J.V. and Middle School games have more latitude to keep most travel to a minimum standard.

J.V. teams may not play more than 70% of the number of regularly scheduled games played by the varsity in any sport. Middle School teams are limited to 60% of the number of varsity games.

Coaches are responsible for meeting obligations to attend meetings, make and submit schedules, keep websites over their respective teams current, keep and protect inventory and meet schedule obligations. Failure to meet these responsibilities may lead to negative adjustments of the supplement salary or termination.

TOURNAMENTS OR INVITATIONAL MEETS

Requests to host a tournament or invitational meet must be submitted in writing and approved by the Athletic Director and the school Principal.

All requests must include a complete format including the entrants for the tournament or invitational meet.

Ticket revenues will be deposited in the school athletics account. The Athletic Department will assume no financial responsibility for the event unless pre-approved with the Athletics Director and the school Principal.

Requests to host an area, regional, or state tournament must be reviewed by the Athletic Director and the school Principal prior to submitting the request to the GHSA.

CANCELLATION/POSTPONEMENT/INCLEMENT WEATHER

If it is necessary to postpone or cancel an athletic event due to inclement weather, the following guidelines should be followed:

- A. Athletic events can only be canceled or postponed by the Head Coach, the Athletic Director, the

school Principal, or the School Superintendent. If canceled by the Head Coach, the Athletic Director should be notified as soon as possible.

- B. A gentlemen's agreement currently exists with our region counterparts that the host school will do everything possible to make a game day decision by 12:00pm of the day the game is to take place. High likelihood of a weather event and openings within a schedule are good indicators that a cancellation is needed and to reschedule the event so that the visiting school does not waste valuable transportation dollars.
- C. Safety is the most important consideration. No outdoor contest or practice may continue if lightning is present.
- D. If rain occurs without lightning, a delay may occur.
- E. Within reason and sound judgment, every effort should be made to complete the contest. F. If inclement weather causes cancellation of an event, every effort will be made to reschedule the event.
- G. When an event needs to be rescheduled, varsity teams will have priority.
- H. Once an event is scheduled with another school we are obligated to do everything possible to meet our obligation. An away event could potentially be another school's "senior night" or other special event.

SELECTION OF HEAD COACHES AND SUPPLEMENTED COACHES

The number of supplemented coaches for each sport is regulated by Board of Education policy. At the beginning of each school year, the principal will complete a supplement form listing all supplemented coaches and submit it to the School Superintendent. Any changes will be submitted to the Board of Education for approval.

Coaches in Chattahoochee County Schools must:

- A. Be a certified professional and be employed full time by the Board of Education, or
- B. Be a retired teacher or supervising less than one half time, and
- C. Attend the GHSA Rule Interpretation Clinic in their sport annually, and complete all other required safety courses as required by the GHSA and GCSS Board of Education and D. Obtain first aid, CPR, and AED certification as offered by CCSS.

Note: A paraprofessional must meet the same requirements as those that are set forth for Community coaches.

A coaching supplement is paid for the entire sports season. If a coach does not complete the season or, if for any reason, the team does not compete for the entire season, including region meets or sectional contests, the coach's supplement will be prorated.

Guidelines for the Selection Community Coaches

The Chattahoochee County School System Board of Education authorizes the School District's participation in the Community Coach program as adopted by the Georgia High School Association (GHSA). The Community Coach program shall be operated in full compliance with rules and regulations of the GHSA (specifically Section 2.52 in White Book/Constitution) and the Chattahoochee County School District.

A 'community coach' is defined as a person who is not otherwise employed by the school system as a

certified staff member, who relates in role and function to a professional and does a portion of the professional's job or tasks under the supervision of the professional, and whose decision-making authority is limited and regulated by the professional.

Available community coaching positions will be advertised by the Human Resources Department on the CCSS website so that all interested potential candidates may apply. The community coach will be hired upon recommendation of the head coach, principal and superintendent; completion of a Criminal Background check; and the approval of the Board of Education.

In selecting a community coach the following will be considered:

- a. Coaching experience
- b. Participation in sports
- c. Educational background
- d. Philosophy of coaching

Community coaches must be a minimum of 21 years of age and serve under the immediate supervision of a certificated CCSS employee at all times. The Athletic Director and Head Coach of the sport are responsible for ensuring that community coaches adhere to all policies, rules, regulations, guidelines and procedures of the local school district and GHSA. The coach shall serve at the pleasure of the principal of the school and the local school district, either of which may terminate the services of the community coach at any time for any reason at the sole discretion of the principal or local school district.

An annual evaluation shall be conducted by the Certified Coach and Athletic Director.

Community coaches must sign a Hold Harmless agreement with the Chattahoochee County School System agreeing to Hold Harmless the members of the Chattahoochee County School System Board of Education and any of its employees in the event of an injury the coach might sustain while carrying out their responsibilities.

The community coach shall not serve as a community coach until all requirements below have been completed, documented and approved by the Chattahoochee County School System Board of Education.

1. Georgia High School Association (GHSA) Community Coaches Education Training Program (paid at candidate or booster club expense)
2. Community coaches must attend the Principles for Coaching clinic and PREPARE/First Aid clinic and successfully complete each assessment.
3. Satisfactory Criminal Background Check
4. Signed Hold Harmless Agreement
5. Interview with head coach, athletic director, building principal
6. Recommendation of the head coach, athletic director, building principal, to the district human resources department and Superintendent

7. Approval of the Chattahoochee County Board of Education

The community coach may not assume coaching duties until all conditions in this policy are met, as well as completion of GHSA sport specific rules clinic, NFHS Concussion course, and CPR/First Aid certification.

The community coach may not coach out of season with any community team that has one or more students from GHSA member schools, including middle grade students enrolled in a school district. The position of community coach shall be a temporary position and must be approved annually.

BOOSTER CLUBS

The head coach of all sports is also responsible for his/her associated booster club. Booster clubs should never use CCHS or CCSS when making any purchases other than as an address for shipping purposes. Neither CCHS nor CCSS is responsible for any purchases made by a booster club and should not receive any billing requests because of an order made at the behest of any booster organization. All purchases made by any coach should first have a purchase order number and the approval of the athletic director and school principal before any order is processed. Please refer to the board policy manual for further information on the matter.

COMPLIMENTARY PASSES

Neither head coaches nor any booster organization has the authority to issue any complimentary passes to any athletic event at CCHS or CCSS. Booster organizations may make a request for purchasing complimentary tickets in bulk and in advance through the head coach of the sport in question. The coach can then send in a request to the athletic director who will then also seek principal approval before discounted tickets/passes can be granted.

BOOSTER ADVERTISEMENT

Any advertisement located in or around any athletic venue must have a contract on record in the athletic director's office. This document should list when the donation was received and for what season it is in effect. It is the head coach's responsibility to remove any out of date advertisements from the facility at the end of the season or the contracted sponsorship agreement.

NAME, IMAGE, & LIKENESS

The GHSA policy on Name Image and Likeness (NIL) requires a school to submit the name of a student athlete who has an endorsement and must adhere to the policy to retain eligibility. GHSA also strongly cautions a student athlete and family to review the policy prior to entering into any endorsement agreement.

EMERGENCY MANAGEMENT FOR ATHLETIC PROGRAMS

(Precautions and Guidelines)

Emergency Procedures for Athletic Practice Sessions and Athletic Contests

In each sport at all levels, coaches must have a preseason meeting with the parents. At this meeting, the coach will have the student information/insurance forms completed, (see Appendix B) distribute schedules, and cover all procedures necessary to insure a safe, cooperative, and successful season. The student may not practice until the student information/insurance form is completed and returned. The insurance form must be available to the coach at all practices and contests. It is recommended they be kept in the medical kit.

A communication link is absolutely essential at practice and all competitions. A cellular telephone is the ideal link but the two-way radio could be used at specific events.

At all away contests, bus drivers are to remain at the site unless completing another task necessary for the athletic team in question. In case of an injury, the bus driver has a radio and could be of assistance in contacting emergency help. Bus drivers should also allow the athletes to eat and drink on buses for any scheduled athletic event. The Coaches are responsible for a general clean-up of the bus before the team is dismissed. If a coach or coaches fail to maintain a general clean bus – the driver should report this violation to the transportation director and he will then report the violation to the Athletic Director of the school in question. First offense will be a verbal warning to the coach/coaches in question. Second offense will be a withdrawal of this privilege for the team in question for the remainder of that season.

The coach is responsible for having first aid supplies available at each practice and at each contest. In addition to the standard first aid supplies, a blanket should be included to prevent shock from occurring, and ice should always be readily available.

In the event a student is injured on school grounds or at athletic contests and requires the services of the physician, the following procedure should be followed:

- A. When clear and present danger exists for any athlete, 911 should be contacted immediately.
- B. Call the emergency numbers listed for the parents on the Student Information Form.
- C. The coach should contact the athletic director as soon as possible, and no later than the following morning. The coach should complete an incident report.
- D. The coach should make every attempt to follow-up with the injured athlete.

CCSS Heat & Humidity Practice/Play Policy

Chattahoochee County High School must follow the statewide policy for conducting practices and voluntary conditioning workouts in all sports during times of extremely high heat and/or humidity. Each head coach will sign this document at the beginning of each season and distribute it to all players and their parents or guardians. The policy shall follow modified guidelines of the American College of Sports Medicine in regard to:

- A. The scheduling of practices at various heat/humidity levels.
- B. The ratio of workout time to time allotted for rest and hydration at various heat/humidity levels
- C. The heat/humidity level that will result in practice being terminated

A scientifically approved instrument that measures Wet Bulb Globe Temperature (WBGT) reading must be utilized at each practice to ensure that the written policy is being followed properly. This reading will be done by the Head coach of the particular sport at Chattahoochee County High School. A record of this information is to be turned in to the Athletic Director's at the conclusion of the season.

WBGT READING	ACTIVITY GUIDELINES & REST BREAK GUIDELINES
UNDER 82.0	Normal activities --Provide at least three separate rest breaks each hour of minimum duration of 3 minutes each during workout.

82.0 -86.9	Use discretion for intense or prolonged exercise; watch at-risk players carefully; Provide at least three separate rest breaks each hour of a minimum of four minutes duration each.
87.0 – 89.9	Maximum practice time is two hours. For Football: players restricted to helmet, shoulder pads, and shorts during practice. All protective equipment must be removed for conditioning activities. For all sports: Provide at least four separate rest breaks each hour of a minimum of four minutes each.
90.0--92.0	Maximum length of practice is one hour, no protective equipment may be worn during practice and there may be no conditioning activities. There must be 20 minutes of rest breaks provided during the hour of practice.

Guidelines for hydration and rest breaks:

- A. Rest time should involve both unlimited hydration intake (water or electrolyte drinks) and rest without any activity involved
- B. For football, helmets should be removed during rest time
- C. The site of the rest time should be a “cooling zone” and not in direct sunlight.
- D. When the WBGT reading is over 86:
 - a. Ice towels and spray bottles filled with ice water should be available at the “cooling zone” to aid the cooling process.
 - b. Cold immersion tubs must be available for practices for the benefit of any player showing early signs of heat illness.

Extreme Heat and Precautions

These precautions must be followed carefully due to high temperatures and the danger these temperatures present to student athletes.

- A. Head Coach should take WBGT readings daily to guide the practice schedule – A daily log of these recordings is required and should be turned in to the Athletic Director at season conclusion.
- B. Have fluids (water and ice) on hand and easily accessible during all practices.
- C. Take frequent fluid and rest breaks.
- D. Schedule practices in the coolest part of the day - early morning or late afternoon.
- E. Be sure you have the first aid kit and student information forms at each practice. It is also important to have some means of communication at every practice (walkie talkie, cellular telephone, etc).
- F. Be prepared to cancel practice or modify the practice schedule when extreme temperatures exist.
- G. Remove helmets and pads when not scrimmaging.
- H. Do not use salt tablets.
- I. Be attentive to heat illness and dehydration symptoms in players and treat them appropriately.
- J. Encourage players to drink fluids in the hours before practice (no soft drinks or beverages containing caffeine).

Guidelines for outdoor extracurricular activities during extreme hot and humid weather

- A. Weather conditions should be observed daily by all coaches involved in outdoor extra-curricular activities. This can be done with a digital psychrometer or other device to measure heat and humidity. Documentation of hydration schedules and a practice plan should be available for each practice.

- B. When possible, practices should be held early in the morning or later in the evening to avoid times when environmental conditions are generally more severe.
- C. An unlimited supply of cold water shall be available to participants during all practices and games.
- D. Adequate rest periods should be given during extreme weather conditions. It is recommended that heat trapping equipment should be removed during breaks when possible.
- E. Practices should be gradually acclimatized for the participants. Length and intensity of practices should reflect this acclimatization process.
- F. It is recommended that all athletic participants weigh in and out each day of practice and document changes in weight gain/loss.
- G. Participants should wear clothes that are light in weight and color.
- H. Students who need careful monitoring include: overweight students, weight control problems, students taking over-the-counter medications, and students that have done absolutely no exercise at all prior to practice.
- I. Be familiar with all heat related symptoms and corresponding treatments.
- J. Be familiar with any emergency and 911 procedures.
- K. Student physicals, insurance forms, and emergency contact numbers must be stored in a central location near a phone and taken to all away games.
- L. Directives from the central office related to practice guidelines during extreme weather should be strictly followed.

Definitions

- A. PRACTICE: the period of time that a participant engages in a coach-supervised, school-approved sport or conditioning-related activity. Practices are timed from the time the players report to the field until they leave.
- B. WALK THROUGH: this period of time shall last no more than one hour, is not considered to be a part of the practice time regulation, and may not involve conditioning or weight-room activities. Players may not wear protective equipment.

Heat-Related Illnesses

During the early stages of heat-related illnesses, the athlete may experience cool, moist, pale, ashy or flushed skin. Often there are complaints of headache, nausea, dizziness, weakness, exhaustion, and heavy sweating. During the late stages of the onset of heat-related illnesses, the athlete's skin tone may change, (for example it may appear red in some athletes). The skin may feel hot and dry, and the athlete may experience changes in level of consciousness. It is not uncommon for the athlete to experience vomiting

Suggested Care for Athlete with Heat-Related Illnesses

- A. Move athletes to a cool place. Offer a drink of cool water as soon as possible.
- B. Loosen tight clothing.
- C. Remove wet clothing. Cover with a blanket or appropriate covering.
- D. Cool down the athlete by fanning him/her.

If the athlete refuses water, vomits or starts to lose consciousness:

- A. Call 911 immediately.
- B. Place the athlete on his/her side.
- C. Cool with ice or cold packs on wrists, ankles, groin, neck and armpits.
- D. Monitor breathing and pulse carefully.
- E. If choking - check the airway for obstruction.

Guidelines for Preventing Dehydration

Dehydrated athletes do not perform well. Fluid loss through sweating directly impacts strength, endurance, power, and cognitive abilities. Excessive fluid loss may cause an athlete to feel fatigued, weak, irritable, nauseous, dizzy, and even disoriented.

Dehydration occurs when athletes fail to drink enough liquids to replace fluids lost through perspiration or urine output. Other causes include:

- A. Inadequate fluid intake.
- B. Profuse sweating.
- C. Reduced electrolyte intake, such as potassium found in some foods (e.g., fruit) and fluids.
- D. Injection of hypertonic solutions, such as intravenous solutions while under medical care.
- E. Ingestion of diuretic substances (e.g., salt, caffeine).

If the precautions listed below are followed, the student athlete runs fewer risks of becoming dehydrated.

- A. The athlete should drink two cups of fluid two to three hours before a workout or competition.
- B. One hour before a workout or competition, the athlete should drink one cup of fluid C. 15 minutes before a workout or competition; drink $\frac{1}{2}$ cup of fluid.
- D. Before a workout or competition, the athlete should be weighed.
- E. Every 10 to 20 minutes during a workout or competition, provide a cup of fluid. F. After a workout or competition: Weigh each athlete and have the athlete drink two cups of fluid for every pound of weight lost.

Guidelines for Rehydration

- A. The athlete should drink large amounts of cool fluid at one time.
- B. The athlete should drink cool fluids, such as water.
- C. The athlete should drink 4-8 ounce glasses of fluid per 1000 calories expended.
- D. The athlete should not drink soft drinks containing caffeine.

Cold Weather Policy

CCSS reserves the right to cancel events and/or practices due to cold weather conditions.

By signing below, I am acknowledging that I have read and understand the Emergency Management for Athletic Programs section of the CCSS Athletic Handbook. Furthermore, I will be compliant with heat related symptoms and corresponding treatments, emergency and 911 procedures, and the Heat and Humidity Chart.

_____ (Name) (Date)
_____ (Sport)

SUPERVISION OF ATHLETIC EVENTS

The home school is responsible for providing primary administrative supervision for all athletic contests. In the case of events held at the stadiums or other sites, the designated home school has responsibility for supervision. This procedure applies to all middle school, junior varsity and varsity sports. Varsity football games and rivalry games in basketball, baseball, and soccer should have administrative coverage from both schools. This includes holiday tournaments. Athletic contests at any level or in any sport where you feel a problem could occur should have administrative coverage by both schools. Some examples of these types of problems include, but are not limited to, an intense rivalry with a school, previous problems that have occurred with the other school, problems that exist between parents and a coach, or other events or community problems that have or are occurring that might spill into the game. In addition to administrative coverage, please communicate your concern to the other school's Athletic Director and make necessary adjustments for safety to include increased security and administrative presence. It will be much easier to be proactive and prepared for potential problems than to deal with the aftermath. All schools should have administrative representation at region, and state athletic events.

Suggested Procedures for Athletic Supervision

1. For athletic contests held in stadiums, game-day Administration should introduce themselves to the stadium manager and identify where they will sit.
2. If visiting a school, game-day Administration should identify themselves to the gym manager, administration, and police officer on duty. Assist, as needed, if a problem occurs at the event.
3. Administrative coverage needs to be provided for the entire athletic contest. Administration should not leave until the visiting team's bus has left the event.
4. Be ever vigilant for problems and be involved as necessary.
5. Make sure you are aware of the emergency plans available for the event you are covering (Weather, human, and facility plans should be included with the gate working documents). Coaches, gate workers, SRO's and game admin should be familiar with the most likely emergency contingencies that the event is most likely to experience.

APPENDIX A - ATHLETIC FORMS CHECK SHEET

I, the undersigned, do hereby give my permission for _____ to

participate in Chattahoochee County Schools Athletics during the 2025-2026 school year. I have read, understand, and comply with all forms attached. Please initial that you have read and understand each document and return the entire completed packet to your head coach:

I have read and understand the following (Initial Each Blank):

_____ Student Information Form A

_____ Insurance Form B

_____ Emergency Medical Treatment Authorization Form C

_____ Medical Information Release Authorization Form D

_____ Concussion Awareness and Management Form E

_____ Heat Policy Form F

_____ Chattahoochee County Schools Athletic Rules and School Conduct Form G

_____ Field Trip Waiver Form I

_____ Student/Parent Sudden Cardiac Arrest Awareness Form I

Parent/Guardian Signature Date

\

STUDENT INFORMATION- FORM A

SCHOOL YEAR: _____

Athlete's Name: _____ DOB: _____
Address: _____
City: _____ State: _____ Zip Code: _____

Parent/Guardian Name(s): _____
Home Phone: _____ Cell Phone(s): _____

Emergency Contacts: Please list name, relationship, phone number

In the case of sickness or a medical emergency, I give the coach permission to give medical attention to my child _____, for whom I am legally responsible.

I understand that further medical attention may be recommended, and it is the responsibility of the parent/legal guardian to obtain further medical care from the medical provider of his/her own choosing.

It is the responsibility of the parent/legal guardian to notify the coach of changes in insurance coverage. This notification must take place immediately to the coach, Athletic Director, or school office.

I also understand that payment for medical services rendered as a result of an injury to a student-athlete are solely the responsibility of the parent/legal guardian and are in no way reimbursed by the Chattahoochee County Board of Education or any member of the Chattahoochee County Schools.

_____ Parent/Guardian Signature

_____ Date

INSURANCE INFORMATION - FORM B

Name of Insurance Company (required): _____

Policy Holder/Relationship: _____

Group Number: _____ ID Number: _____

Family Physician: _____ Phone Number: _____

List any allergies or medical conditions: _____

In the case of sickness or a medical emergency, I give the coach or athletic trainer permission to obtain or provide medical attention to my child _____, for whom I am legally responsible.

I understand that further medical attention may be recommended, and it is the responsibility of the parent/legal guardian to obtain further medical care from the medical provider of his/her own choosing.

It is the responsibility of the parent/legal guardian to notify the coach of changes in insurance coverage. This notification must take place immediately to the coach, Athletic Director, or school office.

I also understand that payment for medical services rendered as a result of an injury to a student-athlete are solely the responsibility of the parent/legal guardian and are in no way reimbursed by the Chattahoochee County Board of Education or any member of the Chattahoochee County Schools.

_____ Parent/Guardian Signature

_____ Date

OR

WAIVER OF INSURANCE COVERAGE

As the parent/guardian for _____, I do not wish to disclose insurance information. I understand that I am responsible for any fees incurred as the result of an injury or medical emergency.

_____ Parent/Guardian Signature

_____ Date

EMERGENCY MEDICAL TREATMENT AUTHORIZATION - FORM C

Please read the following statement closely. This form is mandatory for each athlete in our athletic program.

The undersigned hereby authorizes Chattahoochee County Schools athletic personnel (coaches and trainer) to act as our agent and can give consent to surgical or medical treatment by any licensed physician or hospital in the state of Georgia for our child if/when such treatment is deemed necessary by such physicians and we cannot be reached within a reasonable length of time.

Such consent may include, but is not limited to, transportation to a hospital emergency room, administration of necessary anesthetics, medical treatment, tests, x-ray, examination, transfusions, injections or drugs, and the performing of whatever operation may be deemed necessary or advisable. It is understood this authorization is given in advance of any specific diagnosis, treatment, or hospital care being required.

_____ Parent/Guardian Signature

_____ Date

MEDICAL INFORMATION RELEASE AUTHORIZATION - FORM D

Please read the following statement closely. This form is mandatory for each athlete in our athletic program.

Medical information concerning your child will be released to medical and school personnel who need that information. If you desire to withhold or restrict the release of medical information regarding your child, you must notify the school athletic director in writing. Your signature on this form acts as the authorization to release this medical information.

_____ Parent/Guardian Signature

_____ Date

GHSA CONCUSSION AWARENESS - FORM E

SCHOOL: _____

DANGERS OF CONCUSSION Concussions at all levels of sports have received a great deal of attention and a state law has been passed to address this issue. Adolescent athletes are particularly vulnerable to the effects of concussion. Once considered little more than a minor “ding” to the head, it is now understood that a concussion has the potential to result in death, or changes in brain function (either short-term or long-term). A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. Continued participation in any sport following a concussion can lead to worsening concussion symptoms, as well as increased risk for further injury to the brain, and even death. Player and parental education in this area is crucial – that is the reason for this document. Refer to it regularly. This form must be signed by a parent or guardian of each student who wishes to participate in GHSA athletics. One copy needs to be returned to the school, and one retained at home.

COMMON SIGNS AND SYMPTOMS OF CONCUSSION

- Headache, dizziness, poor balance, moves clumsily, reduced energy level/tiredness
- Nausea or vomiting
- Blurred vision, sensitivity to light and sounds
- Fogginess of memory, difficulty concentrating, slowed thought processes, confused about surroundings or game assignments
- Unexplained changes in behavior and personality
- Loss of consciousness (NOTE: This does not occur in all concussion episodes.)

BY-LAW 2.68: GHSA CONCUSSION POLICY: In accordance with Georgia law and national playing rules published by the National Federation of State High School Associations, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion shall be immediately removed from the practice or contest and shall not return to play until an appropriate health care professional has determined that no concussion has occurred. (NOTE: An appropriate health care professional may include a licensed physician (MD/DO) or another licensed individual under the supervision of a licensed physician, such as a nurse practitioner, physician assistant, or certified athletic trainer who has received training in concussion evaluation and management. a) No athlete is allowed to return to a game or a practice on the same day that a concussion (a) has been diagnosed, OR (b) cannot be ruled out. b) Any athlete diagnosed with a concussion shall be cleared medically by an appropriate health care professional prior to resuming participation in any future practice or contest. The formulation of a gradual return to play protocol shall be a part of the medical clearance.

By signing this concussion form, I give _____ High School permission to transfer this concussion form to the other sports that my child may play. I am aware of the dangers of a concussion and this signed concussion form will represent myself and my child during the 2022-2023 school year. This form will be stored with the athletic physical form and other accompanying forms required by the

_____ School System. I HAVE READ THIS FORM AND I UNDERSTAND THE FACTS PRESENTED IN IT.

Student Name (Printed) Student Name (Signed) Date

Parent Name (Printed) Parent Name (Signed) Date

Chattahoochee County School System (CCSS) in conjunction with the Georgia High School Association (GHSA) has instituted a heat and humidity policy. The policy is designed to help protect student athletes in times of extreme heat and humidity. The measuring device used is referred to as a Wet Bulb Globe Tester (WBGT). This device takes into account air temperature, relative humidity and direct solar radiation on the body. It uses a complex math formula to calculate the WBGT reading. This reading is then digitally displayed for athletic and medical personnel to see. Both our athletic staff and our athletic trainer will monitor and track the WBGT reading and record it.

The state has set guidelines to the practice lengths and rest periods for the athletes, given certain WBGT readings. Any WBGT reading that exceeds 92 degrees will render immediate stoppage of practice until the reading drops below 92. Understand that a 92 on a WBGT and a 92 on a regular thermometer are not the same.

It is our intention to keep all athletes safe in every aspect of their participation in athletics within CCSS and that every precaution is being taken to do so. Should you have any questions concerning this heat policy, please contact the athletic department of CCMHS.

Heat-related illnesses are some of the most common problems for youth athletes playing in the heat. These conditions can be dangerous, or even fatal. Heat-induced illness is one of the most preventable sports injuries. Parents, athletes and coaches need to understand the physiological factors that increase the risk for heat-related illness and take steps to prevent it.

Heat factor - warning signs:

Noticeable Thirst, Muscle Cramps, Weakness, Decreased Performance, Nausea, Headache, Fatigue, Lightheaded feeling or dizziness, and/or Difficulty paying attention.

More information can be found at www.kendrickfincher.org

I HAVE READ THIS FORM AND I UNDERSTAND THE CAUTIONS PRESENTED IN IT.

Student Signature Date

Parent/Guardian Signature Date

STUDENT CODE OF CONDUCT

I. Introduction

The Chattahoochee County School System has determined that participation in interscholastic/extracurricular activities is a privilege for students enrolled in the School System. A student participating in such activities is considered to be a school leader; and, with leadership comes additional responsibility, so students must adhere to the standards and expectations contained in the School System's Activity Code of Conduct. These students understand and agree to be held to a higher standard of conduct and dress than a student who does not participate in athletics. They acknowledge that this higher standard of conduct will cover their actions at school, on the field and in the community. They promise to refrain from taking part in any activity that might reflect negatively on their school or team.

In addition, they understand that drugs and alcohol are harmful.

They recognize that the use of tobacco and vaping products is a major health risk and is prohibited by school policy; therefore, they agree not to use or possess tobacco or vaping products at any time during the school year.

As such, if a student violates these standards, schools may withdraw the privilege of participating in these activities, regardless of whether the violation occurred at a school-related or non-school-related activity. Schools may also withdraw the privilege of participating in these activities if the student violations occur outside of the scope of the activity's "season"; or, beyond the scope of the school day/year.

II. Student Infractions and Standards of Behavior

Student Infractions: Any student who commits the following infractions may be suspended or permanently dismissed from the team:

- A. Hazing other students: school clubs and student organizations will not use hazing or degradation of individual dignity;
- B. Missing practice, rehearsal or activities (unless excused by the coach or sponsor);
- C. Truancy and/or skipping classes;
- D. Acting in an unsportsmanlike manner when representing the school;
- E. Violating team curfews (as established by the coach or sponsor);
- F. Any behavior which results in discipline by the school administration; including tobacco and vaping and,
- G. Any behavior which, in the opinion of the administration, reflects in a negative manner on the team, activity, athletic program or school.

Standards and Expectations for Behavior: Students participating in interscholastic/extracurricular activities must comply with the following standards and expectations for behavior:

- A. Establishing and promoting a positive self-image for the program, school and School System.
- B. Exhibiting good sportsmanship.
- C. Supporting team/activity rules developed by the activity's coaches or sponsors.
- D. Adhering to the School System's Code of Student Conduct.
- E. Observing all standards and guidelines established by the Georgia High School Association (GHSA) Constitution and by-laws.
- F. Obeying local, State and Federal laws governing behavior and conduct.*

Note: Provisions for dealing with starred () items above are contained in Section V of this document.*

III. Dispositions for Student Infractions and Standards of Behavior

Dispositions for student infractions and violations of standards and expectations of behavior include, but are not limited to, the following:

- A. Additional practice or conditioning time
- B. Conferencing between sponsor/parent or sponsor/student athlete
- C. Loss of position or awards privileges
- D. Suspension and/or removal from team

IV. Suspensions for Student Infractions and Standards of Behavior

Applying Suspensions: Relative to suspensions, progressive discipline processes will be utilized in order to create the expectation that the degree of discipline will be in proportion to the severity of the behavior, as well as consideration given to each student's previous discipline history and other relative factors.

Reporting Suspensions: Parent/guardian will be notified of the student's suspension. A suspension report will be filed with the Superintendent or designee.

Player assigned to Out-of-School Suspension: No player may practice or participate in an athletic contest if currently serving an out of school suspension (OSS). The player may resume practice or participate in an athletic contest on their first full day of regular school attendance.

V. Dealing with Student Arrests

Reporting of Misdemeanor or Felony Arrests: A student (or his/her parent/guardian) is responsible for informing a school official, which may include the Principal, Athletic Director or his/her Head Coach or sponsor, of misconduct which results in a misdemeanor or felony arrest. This report must occur within five calendar days of the arrest or the student faces disciplinary action up to, and including, partial or permanent suspension.

Confirming Student Arrests: Student arrests that are verified through a reliable source (school administrator, teacher, coach/sponsor, staff member, parent of involved student, law enforcement, etc.) will be appropriately investigated by the school administration or designee.

Investigations arising from student arrests will be reviewed by a panel comprised of staff from the offending student's school, to include, but not be limited to the following: a school administrator, the school's athletic director, the coach/sponsor of the student, one additional coach/sponsor (as selected by the Principal), and one teacher (as selected by the Principal). It will be the role of this panel to review all information available as a result of the investigation and recommend potential dispositions for any confirmed infraction to the Principal for his/her consideration—it will ultimately be the responsibility of the Principal to administer discipline. The student may present a written response to the alleged infractions being presented to the panel, but the student will not be present at the panel hearing. The student's parent/guardian will be notified in writing of the panel's decisions.

The school reserves the right to suspend and/or permanently dismiss a student from all extracurricular/interscholastic programs for the remainder of their school career for misconduct, which could result in the arrest or conviction of select misdemeanor or felony crimes.

Addressing Felony Arrests and/or Convictions: Felony arrests constitute an immediate suspension from activities. Relative to that arrest, any subsequent felony conviction of a student may result in a permanent dismissal from activities.

Addressing Misdemeanor Arrests and/or Convictions: Misdemeanor arrests and/or convictions that will cause suspensions from activities may include, but are not limited to, the following areas:

- A. Disruption of school or school events

- B. Threats of violence or acts of violence against school employees or students
- C. Sexual Offenses
- D. Weapons Offenses
- E. Alcohol or Drug Offenses

VI. Duration of Code of Conduct

The Student Activity Code of Conduct will be in effect year round.

Student Signature Date

Parent/Guardian Signature Date

FIELD TRIP WAIVER OF RESPONSIBILITY - FORM H

Whereas, I (We) recognize that the trip is a voluntary educational opportunity. I (We) the parent(s) of legal guardian does grant him/her permission to travel with the chosen group of students under the supervision of the school board-approved chaperones of the school-board approved trip. I (We) agree not to hold responsible the chaperones, Chattahoochee County Schools, or its officers for accidents, injuries, or illness of our child during this trip.

Student Signature Date

Parent/Guardian Date

SUDDEN CARDIAC ARREST AWARENESS FORM - FORM I

Georgia High School Association Student/Parent Sudden Cardiac Arrest Awareness Form

1: Learn the Early Warning Signs

If you or your child has had one or more of these signs, see your primary care physician:

- Fainting suddenly and without warning, especially during exercise or in response to loud sounds like doorbells, alarm clocks or ringing phones
- Unusual chest pain or shortness of breath during exercise
- Family members who had sudden, unexplained and unexpected death before age 50
- Family members who have been diagnosed with a condition that can cause sudden cardiac death, such as hypertrophic cardiomyopathy (HCM) or Long QT syndrome
- A seizure suddenly and without warning, especially during exercise or in response to loud sounds like doorbells, alarm clocks or ringing phones

2: Learn to Recognize Sudden Cardiac Arrest

If you see someone collapse, assume he has experienced sudden cardiac arrest and respond quickly. This victim will be unresponsive, gasping or not breathing normally, and may have some jerking (Seizure like activity). Send for help and start CPR. You cannot hurt him.

3: Learn Hands-Only CPR

Effective CPR saves lives by circulating blood to the brain and other vital organs until rescue teams arrive. It is one of the most important life skills you can learn – and it's easier than ever.

- Call 911 (or ask bystanders to call 911 and get an AED)
 - Push hard and fast in the center of the chest. Kneel at the victim's side, place your hands on the lower half of the breastbone, one on top of the other, elbows straight and locked. Push down 2 inches, then up 2 inches, at a rate of 100 times/minute, to the beat of the song "Stayin' Alive."
 - If an Automated External Defibrillator (AED) is available, open it and follow the voice prompts. It will lead you step-by-step through the process, and will never shock a victim that does not need a shock.

By signing this sudden cardiac arrest form, I give High School permission to transfer this sudden cardiac arrest form to the other sports that my child may play. I am aware of the dangers of sudden cardiac arrest and this signed sudden cardiac arrest form will represent myself and my child during the 2020-2021 school year. This form will be stored with the athletic physical form and other accompanying forms required by the Gilmer County School System.

I HAVE READ THIS FORM AND I UNDERSTAND THE FACTS PRESENTED IN IT.

Student Name (Printed) _____ Student Signature _____

Parent Name (Printed) _____ Parent Signature _____

Date _____ Date _____

GHSA PHYSICAL FORM

Use this link to download and print the GHSA Physical Form. This form is required for all athletes.

https://www.ghsa.net/sites/default/files/documents/forms/GHSA-PPE-4_2018rev1.pdf

Use this link to download and print the GHSA Physical Form in Spanish. This form is required for all athletes.

[https://www.ghsa.net/sites/default/files/documents/forms/2010_GHSA_Physical_Form_Spanish_fillable.p
df](https://www.ghsa.net/sites/default/files/documents/forms/2010_GHSA_Physical_Form_Spanish_fillable.pdf)