

# MARCH 2024

Cairo-durham

chartwells  
serving up happy & healthy HS/MS

## LUNCH



Cairo-Durham School District is an equal opportunity provider and employer. Any question please contact Dan Sickles (food service director) 518-622-8543x58900



All meals are served with fresh fruit and **2 vegetable options daily**  
Fat free chocolate or 1% white NYS milk daily.  
**WG Pizza and WG chicken patty and buffalo chicken wraps daily.**  
**WG= Whole grain**

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



**Daily sandwiches and salads**  
PorkHam and cheese  
Turkey and cheese  
PB&J  
Popcorn chicken salad  
Veggie salad w/egg  
WG dinner rolls

WG chicken tenders **4**  
Curly fries  
Cucumbers  
Garbanzo bean salad  
Applesauce cup

Beef WG nachos **5**  
Salsa and sour cream  
Black beans  
Pineapple cup

WG cheese filled breadsticks w/sauce **6**  
Broccoli  
Bananas

WG Chicken corn dog **7**  
Tater tots  
Orange glazed carrots  
Strawberry cup

WG Cheese or pepperoni(pork) pizza **1**  
Spinach salad w/balsamic dressing  
oranges

Cheeseburger on WG roll **11**  
Fries and green beans  
Baby carrots  
Apples

Beef WG tacos **12**  
Salsa and sour cream  
Lettuce  
Black beans  
Pineapple cup

Philly chicken cheese steak **13**  
Tater tots  
Green beans  
Pears

WG Cheese or pepperoni(pork) pizza **14**  
Spinach salad w/balsamic dressing  
oranges

WG Cheese or pepperoni(pork) pizza **8**  
Spinach salad w/balsamic dressing  
oranges

**Conference day** **15**  
**School Closed**

WG Breaded chicken drumstick **18**  
WG Mac and cheese  
Green beans  
Strawberry cup

WG Chicken nachos **19**  
Salsa and sour cream  
Black beans  
Baby carrots  
Oranges

WG French toast **20**  
Turkey sausage  
Hash brown  
Applesauce

WG Mozzarella sticks **21**  
w/sauce  
Corn  
Pineapple cup

WG Cheese or pepperoni(pork) pizza **22**  
Spinach salad w/balsamic dressing  
oranges

WG pasta with beef meatballs **25**  
Garlic bread  
Broccoli  
bananas

General tso`s chicken **26**  
Brown rice  
Peas  
oranges

WG Breaded chicken drumstick **27**  
WG Mac and cheese  
Green beans  
Strawberry cup

WG Cheese or pepperoni(pork) pizza **28**  
Spinach salad w/balsamic dressing  
oranges

**Good Friday** **29**  
**School Closed**