



Cairo-Durham School District is an equal opportunity provider and employer. Any question please contact Dan Sickles (food service director) 518-622-8543x58900



All meals are served with fresh fruit and **2 side vegetable options daily**
Fat free chocolate or 1% white NYS milk daily.
WG Pizza and WG chicken patty served daily
WG= Whole grain

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Monday- Ham and cheese
Tuesday- PB&J
Wed - Turkey and cheese
Thursday- Tuna salad
Friday - Muffin fun lunch
(muffin, yogurt, string ch)

WG Chicken tenders **4**
Fries
Spinach side salad
Veggie salad w/egg +WG roll
Pineapple cup

WG Cheese quesadilla **5**
Black beans, rice and corn and Oranges
Veggie salad w/egg+ WG dinner roll

Cheeseburger WG roll **6**
Fries
Baby carrots and apples
Veggie salad w/egg and WG dinner roll

General Tso's chicken , rice **7**
Peas and carrots
Veggie salad w/egg+ WG dinner roll
Bananas and celery

WG Cheese or pepperoni(pork) pizza **1**
Steamed broccoli
WG Popcorn chicken salad w/WG roll
Peach cup

Cheese or pepperoni(pork) pizza **8**
Steamed broccoli
Veggie Salad w/egg +WG diner roll
Peach cup

WG cheese filled breadstick w/dip sauce **11**
Garbanzo bean salad
Chicken Caesar Salad w/WG diner roll
Cucumber and grapes

Macho turkey nachos w/salsa and seasoned black beans and corn **12**
Chicken Caesar Salad w/WG diner roll
Baby carrots and apple

WGPasta w/beef meatballs **13**
Broccoli
WG Dinner roll
Chicken Caesar Salad w/WG diner roll
Bananas and peppers

WG Cheese or pepperoni(pork) pizza **14**
Green beans
Chicken Caesar Salad w/WG diner roll
Peach cup

Conference Day **15**
School Closed

WG macaroni and cheese **18**
Garlicky Green beans
Cucumbers and celery
Turkey and cheese Chef salad w/WG roll
Apple slices

WG French toast **19**
Hash brown and Turkey Sausage
Turkey and cheese Chef salad w/WG roll
Oranges

WG Grilled cheese **20**
Tater tots
Green beans and pears
Turkey and cheese Chef salad + WG roll
Grapes

WG Popcorn chicken **21**
Mashed potato
Cheese
Turkey and cheese Chef salad w/WG roll
Strawberry cup

Cheese or pepperoni(pork) pizza **22**
Steamed broccoli
Turkey and cheese Chef Salad w/WG diner roll
Peach cup

WG chicken corn dog **25**
WG Macaroni and cheese
Green beans
WG Popcorn chicken salad w/WG roll
Bananas

Macho turkey nachos w/salsa and seasoned black beans and corn **26**
WG Popcorn Chicken salad w/WG dinner roll
Applesauce

Cheeseburger **27**
Tater tots
Cucumbers
Popcorn chicken salad w/WG roll
Oranges

Cheese or pepperoni(pork) pizza **28**
Steamed broccoli
WG popcorn chicken
Salad w/WG diner roll
Peach cup

Good Friday **29**
School Closed