

MARCH 2024

Cairo-Durham



HS/MS

BREAKFAST



Cairo-Durham School District is an equal opportunity provider and employer. Any question please contact Dan Sickles (food service director) 518-622-8543x58900



All breakfast served with assorted fruit, 100% juice and Fat free Chocolate or 1% white NYS milk. WG=Whole grain
Egg sandwiches, assorted cereals and cereal bars served daily.
String cheese, cream cheese, butter and jelly and graham crackers

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Egg sandwiches, assorted cereals, cereal bars
Mozzarella string cheese, cream cheese, butter and jelly and graham crackers, available daily.



Toasted WG bagel 1
WG chocolate muffin
Turkey bacon
Yogurt and fruit parfait

Toasted WG bagel 4
WG breakfast pizza w/turkey sausage

Toasted WG bagel 5
WG Blueberry bash waffles
WG blueberry muffin

Toasted WG bagel 6
Turkey bacon, egg and cheese WG roll

Toasted WG Bagel 7
Pancake and sausage on a stick (jiffy) w/syrup

Toasted WG bagel 8
WG chocolate muffin
Turkey bacon
Yogurt and fruit parfait

Toasted WG bagel 11
WG breakfast pizza w/turkey sausage

Toasted WG bagel 12
French toast sticks
Sausage links

Toasted WG bagel 13
Sausage(pork) egg and cheese on WG bun

Toasted WG Bagel 14
Scrambled eggs+ WG toast

Conference Day 15
School Closed

Toasted WG bagel 18
WG breakfast pizza w/turkey sausage

Toasted WG bagel 19
Egg and cheese WG wrap

Toasted WG bagel 20
Apple frudel WG Pastry
Sausage link

Toasted WG bagel 21
WG Blueberry bash waffles
WG blueberry muffin

Toasted WG bagel 22
WG chocolate muffin
Turkey bacon
Yogurt and fruit parfait

Toasted WG bagel 25
WG breakfast pizza w/turkey sausage

Toasted WG bagel 26
Turkey bacon, egg and cheese WG roll

Toasted WG bagel 27
WG Cinnamon bun Pastry
Sausage link

Toasted WG bagel 28
WG chocolate muffin
Turkey bacon
Yogurt and fruit parfait

Good Friday 29
School Closed