

## DECEMBER 2023

## Fresh Fruit & Vegetable Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
27	28	29	30	1	Fresh Fruit & Vegetable Grant is awarded to elementary school students who may not have access to Fresh Fruit & Vegetables. Our goal is to provide students with fresh fruit and vegetables during the school day as an additional snack to promote healthy eating and education to our students.  Fresh fruits and vegetables provide our bodies with the nourishment and vitamins that provide us with energy and brain power.  Menu is subject to change due to vendor supplies
4	5 Kiwi	6	<b>7</b> Avocado	8	
11	12 Carrot & Snap Peas Ranch Cup	13	14 Broccoli w/ Ranch Cups	15	
18	19 Mango bites	20	21	22	
25	26	27	28	29	