

FEBRUARY 2024



Daily Options:
Assorted Milk

ACE'S CORNER

Menu subject to change without notice.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<div>1</div> <div> 1. French Toast Sticks & Sausage Patties 2. Popcorn Chicken Salad with Pretzel Rod Celery Sticks Corn Fruit Juice Cinn. Apples </div>	<div>2</div> <div> National Tator Tot Day 1. Tator Tot Beef Nachos 2. Cheese Pizza Spinach Salad Apple Baby Carrot Fruit Juice </div>
<div>5</div> <div> 1. Mini Corn Dogs 2. Popcorn Chicken with Pretzel Rod Smile Fries Mixed Fruit Fresh Broccoli Fruit Juice </div>	<div>6</div> <div> 1. Turkey Baboom Sub 2. Chicken Patty Sandwich Refried Beans Craisins Red Peppers Apple Juice </div>	<div>7</div> <div> 1. Popcorn Chicken Potato Bowl with Pretzel Rod 2. Grilled Cheese Mashed Potatoes Peaches Celery Sticks Grape Juice </div>	<div>8</div> <div> 1. BBQ Chicken & Cheddar Flatbread 2. Cheeseburger Baked Beans Applesauce Cucumber Slices Fruit Juice </div>	<div>9</div> <div> 1. Cheese Pizza 2. Fish Sticks w/ Pretzel Rod Rainbow Blend Veg. Apple Baby Carrots Fruit Juice </div>
<div>12</div> <div> 1. Chicken Nuggets w/ Pretzel Rod 2. Chicken & Cheese Salad with Pretzel Rod 1. LTO – Thai Shrimp Noodle Bowl Smile Fries Mixed Fruit Cucumber Slices Fruit Juice </div>	<div>13</div> <div> 1. Soft Baked Pretzel & Cheese 2. Make-Your-Own Pepperoni Pizza Bagel 1. LTO – Thai Shrimp Noodle Bowl Corn Craisins Baby Carrots Apple Juice </div>	<div>14</div> <div> 1. Cheeseburger 2. Turkey & Cheese Sandwich 3. LTO – Thai Shrimp Noodle Bowl Steamed Broccoli Cinn. Peaches Celery Sticks Grape Juice </div>	<div>15</div> <div> 1. Hot Dog on Bun 2. Chicken Ranch Flatbread 3. LTO – Thai Shrimp Noodle Bowl Mashed Potatoes Applesauce Edamame Fruit Juice </div>	<div>16</div> <div> SCHOOL IMPROVEMENT DAY 11:20 DISMISSAL NO LUNCH </div>
<div>19</div> <div> NO SCHOOL </div>	<div>20</div> <div> 1. Chicken Patty Sandwich 2. Cheese Pizzadilla Potato Smiles Craisins Fresh Broccoli Apple Juice </div>	<div>21</div> <div> 1. Meatball Pizza Sub 2. Ham & Cheese Sandwich Baked Beans Diced Peaches Celery Sticks Grape Juice </div>	<div>22</div> <div> National Chili Day 1. Beef Chili Nachos 2. Make-your-own Flatbread Pizza Red Peppers Carrots Applesauce Fruit Juice </div>	<div>23</div> <div> 1. Grilled Cheese 2. Fish Sticks w/ Pretzel Rod Tossed Salad Apple Cucumber Slices Fruit Juice </div>
<div>26</div> <div> 1. Italian Cheese & Garlic Pull Apart 2. Chicken Nuggets with Pretzel Rod Smile Fries Mixed Fruit Red Peppers Fruit Juice </div>	<div>27</div> <div> 1. Cheeseburger 2. Make-Your-Own Pepperoni Pizza Bagel Baby Carrots Craisins Celery Sticks Apple Juice </div>	<div>28</div> <div> 1. Walking Tacos 2. Chicken Patty Sandwich Kickin’ Pintos Diced Peaches Cucumber Slices Grape Juice </div>	<div>29</div> <div> 1. BBQ Riblet 2. Chicken Parmesan Flatbread Rainbow Blend Veg. Applesauce Baby Carrots Fruit Juice </div>	

A NUTRITIOUS BANANZA



The scientific name for banana is *musa sapientum*, which means “fruit of the wise men.” Bananas foster lots of vitamin C, potassium, fiber, and vitamin B6 making them a wise choice. These yellow fruits, botanically classified as berries, are an appealing snack because they are low in calories and have no fat, sodium, or cholesterol. It’s no wonder that the average U.S. person consumes 90 bananas each year. In addition to all the nutritional value, banana plants are also very useful—their large leaves can be used as umbrellas while their fibers are often harvested to make rope and tea bags.



ACE’S JOKE OF THE MONTH

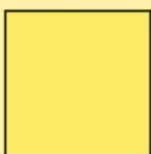
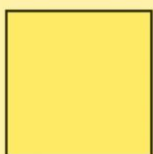
Q. WHAT IS THE EASIEST WAY TO MAKE A BANANA SPLIT?

SEE ANSWER BELOW

ACTIVITY: ESTATE OF BANANAS

Bananas are only farmed in one U.S. State. Use the first letter from the names of the clues below to figure out which one! Use only one letter per box.

SEE ANSWER BELOW



DID YOU KNOW?

HEALING PEEL Thanks to its oil, rubbing the inside of a banana peel on a bug bite (or on poison ivy) will help keep it from itching and getting inflamed.



QUITE THE HANDFUL

A true, harvested “bunch” of bananas—weighing from 66 to 110 pounds—is made up of several tiers of banana clusters called “hands”, while a single banana is called a “finger”.



WE ARE A BUNCH OF “HANDS”!