

Menu

November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Homemade Pizza Three Bean Salad Fruit & Milk	2 NY THURSDAY MENU Mac & Cheese w/Garlic Breadstick Maple Glaze Carrots North Country Apple Slices Assorted NY Milk	3 Grilled Cheese Sandwich Tomato Soup Steamed Corn Fruit & Milk
6 Tacos or Taco Salad Corn Black Bean & Cilantro Salsa Fruit & Milk	7 Buffalo Chicken Wrap Garlic Breadstick North Country Carrot Coins w/ Hummus Dip, Fruit & Milk	8 Homemade Pizza Broccoli Salad Fruit & Milk	9 Staff Development Day No Classes	10 Veteran's Day No School
13 Ham & Cheese Croissant or Turkey & Cheese Croissant French Fries Steamed Broccoli Fruit & Milk	14 Loaded Potato Bowl (Popcorn Chicken, Mashed Potatoes, Cheddar Cheese) Steamed Corn, Biscuit Fruit & Milk	15 THANKSGIVING DINNER Roasted Turkey and Stuffing Mashed Potatoes & Gravy Butternut Squash, Rolls, Cranberry Sauce Ice cream, Fruit, & Milk	16 ELEM. BAG LUNCH NY THURSDAY MENU Hot Dog or Hamburger on Roll Honey Glaze Carrots North Country Apple Slices Assorted NY Milk	17 ELEM. BAG LUNCH Homemade Pizza Three Bean Salad Fruit & Milk
20 Chicken Parm Sandwich Three Bean Salad Fruit & Milk	21 French Toast Sticks Hash Browns Sausage Fruit & Milk	22 Thanksgiving Recess No School	23 Thanksgiving Recess No School	24 Thanksgiving Recess No School
27 Sweet & Sour Meatball Bowl Steamed Rice Roasted Carrots Fruit & Milk	28 Tangerine Chicken Steamed Rice Herb Roasted Broccoli Fruit & Milk	29 Homemade Pizza Iceberg Garden Salad Fruit & Milk	30 Buffalo Chicken Bake Cheese Filled Breadstick Cucumber Slices Fruit & Milk	menu subject to change without notice
<u>Monday's Alternates</u> Yogurt Parfait Chicken tenders W Breadstick Assorted Salads-ES, MS, & HS Assorted Sandwiches-ES Assorted Wraps-MS & HS	<u>Tuesday's Alternates</u> Yogurt Parfait Tacos with Lettuce and Cheese Assorted Salads-ES, MS, & HS Assorted Sandwiches-ES Assorted Wraps-MS & HS	<u>Wednesday's Alternates</u> Yogurt Parfait Hamburger on a Roll Assorted Salads-ES, MS, & HS Assorted Sandwiches-ES Assorted Wraps-MS & HS	<u>Thursday's Alternates</u> Yogurt Parfait Chicken Burger on a Roll Assorted Salads-ES, MS, & HS Assorted Sandwiches-ES Assorted Wraps-MS & HS	<u>Friday's Alternates</u> Yogurt Parfait Baked Haddock Sandwich Assorted Salads-ES, MS, & HS Assorted Sandwiches-ES Assorted Wraps-MS & HS
BREAKFAST Available Daily for Breakfast: Yogurt Parfait, Donut, Cereal, Bagels, Juice, & Milk.				
<u>Monday's Alternates</u> Pancakes or Waffles	<u>Tuesday's Alternates</u> Sausage & Egg Sandwich	<u>Wednesday's Alternates</u> Ham & Cheese on a Croissant	<u>Thursday's Alternates</u> Breakfast Pizza	<u>Friday's Alternates</u> Sausage & Egg Sandwich

This institution is an equal opportunity provider and employer.