| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | $1$ <br> No School |
| 4 Turkey Hotdog on whole Grain Bun Or Grilled Cheese Sandwich on Whole Grain Bread Baby Carrots Fresh Picked Apple | 5 Chicken Quesadilla Or Cheese Quesadilla Seasoned Rice Seasoned Pinto Beans Fresh Picked Banana | 6 Tonys Cheese Pizza or Tonys Specialty Pizza Fresh Sliced Red Peppers Fresh Sliced Oranges | $7$ <br> Baked Mac \& Cheese w/ Fresh Baked Roll Or <br> Crispy Chicken Wrap Romaine Side Salad Fresh picked Apple | 8 <br> Chicken Patty Sandwich on Whole Grain Bun Or Sweet \& Sour Chicken \& Seasoned Rice Fresh Cauliflower 100\% Juice |
| $11$ <br> Honey Battered Chicken Corn Dog Or Sloppy Joes on Whole Grain Bun French Fries Fresh Picked Apple | 12 Soft Shell Beef Taco w/ Cheese Or Walking Taco Seasoned Rice Southwestern Black Beans Fresh Picked Banana | 13 Tony Cheese Pizza Or Tonys Pepperoni pizza Side Spinach Salad Fresh Sliced Oranges | 14 <br> Fettuccine Alfredo w/ Fresh Baked Roll Or <br> Chicken Drumstick w/ Fresh Baked Roll Fresh Cauliflower Fresh Picked Apple | 15 <br> Popcorn Chicken Bites w/ Fresh Baked Roll Or <br> Meatball Sub w/ Cheese on Whole Grain Bun Baby Carrots 100\% Juice |
| 18 <br> Pizza Burger on Whole Grain Bun <br> Or <br> Grilled Cheese Sandwich on Whole Grain Bread Potato Smiles Fresh Picked Apple | 19 <br> Chicken Quesadilla Or <br> Cheese Quesadilla Seasoned Rice Seasoned Pinto Beans Fresh Picked Banana | 20 Cheese Pizza Sticks w/ Dipping Sauce Or Tonys Cheese Pizza Romaine Side Salad Fresh Sliced Oranges | 21 <br> Lasagna Stuffed Roll w/ Whole Grain Garlic Toast or Turkey Hotdog on Whole Grain Bun Fresh Celery Fresh Picked Apple | 22 <br> No Lunch |
| 25 <br> French Toast Slices w/ Powder Sugar Or <br> BBQ Riblet Sandwich on Whole Grain Bun Tater Tots Fresh Picked Apple | 26 <br> Burrito Nacho Or cheese roll up. Seasoned Rice Refried Beans Fresh Picked Banana | 27 <br> Tonys Cheese Pizza Or <br> Tonys Sausage Pizza Fresh Sliced Cucumber Fresh Sliced Oranges | 28 <br> Spaghetti w/ Meat sauce w/ Garlic Toast Or <br> Honey Battered Chicken Corn Dog Baby Carrots 100\% Juice | 29 <br> No School |

## Daily Junior High Lunch Choices:

~ Daily Special 1
~ Daily Special 2
~ Regular/ Spicy
Chicken patty
Sandwich
~ Cheeseburger
~Pizza
~Wow Butter \& Jelly Sandwich

Milk Choices:

1\% White
Or
Fat Free
Chocolate

Daily Choices
~Fresh Veggie
~Steamed
Veggies
~Fresh Fruit


