Independent School District #2397
Le Sueur - Henderson Public Schools

MEDICATION GUIDELINES

The administration of medication to students shall be done only in exceptional circumstances when the students health may be jeopardized without it. Whenever possible, administration of medicine should be done at home. Medications will not be administered at school for convenience sake. If a new medication is started, the first dose should always be taken at home, with the exception of a rescue medication.

1. Administration of **prescription** medication by school personnel may only be done according to the written order of a physician, **and** with written authorization of the parent/ guardian for all students.
    a. Mixed dosages in a single container will not be accepted for administration at school.
    b. Altered forms of medication will not be accepted or administered at school.
    c. Narcotics/medical cannabis will not be administered at school.
    d. Aspirin containing products will not be administered at school.
    e. Only FDA approved treatments will be provided at school.
2. A new medication authorization form is required if the medication dosage or time of administration changes, as well as **at the beginning of each new school year**.
3. A physician's order is requested when a long-term daily medication is stopped.
4. **Students are no longer able to self-carry non-prescription pain relievers or over the counter medications. Select OTCs will be available in the health office for students with signed parent permission on the Annual Health Form.**
    a. All medications (prescription and non-prescription) must be brought to and from the school by a parent/ guardian. Medications will be kept in a locked cabinet in the health office. **Controlled substances may never be carried by a student** (this includes prescription medications for ADHD management, prescription painkillers and cold medications containing pseudoephedrine or ephedrine).
5. **All** medication must be received in the original container.
    a. Non-prescription, or over the counter medications, must be brought to the school in their original containers with the students full name on the packaging/bottle.
    b. Prescription medications must be labeled with the **current** pharmacy label containing:
        a. The student's name
        b. The name and dose of the medication
        c. The time to be administered and any directions
        d. Prescribing physician's name
6. **Asthma Inhalers**- Students with asthma will be allowed to carry and use their inhaler as needed with written consent of the parent/guardian and medical provider (MN Statute 121A.221). Elementary students are encouraged to keep inhalers in the health office to use when needed. Inhalers must be labeled with a current pharmacy label and accompanied by a physician's order and Asthma Action Plan.
7. **Epinephrine Injectors**- Secondary students (grades 6-12) with severe allergies will be allowed to carry and use epinephrine injectors as needed with written consent of the parent/guardian and medical provider. Elementary students' EpiPens will be kept in the health office or other designated area and will be readily available at all times (MN Statute 121A.2005). EpiPens must contain a current pharmacy label and be accompanied by a physician's order and Severe Allergy Care Plan.
8. Special arrangements must be made with the Licensed School Nurse concerning administration of medication to students through gastrostomy tubes, rectal or injectable routes.

May 2023