

2023-2024 District 145 Birthday/Party Treat List (Excludes 1st Grade)

District 145 strives to exceed the federal/state nutritional standards as well as uphold our own student school wellness policy. Our schools are a safe, equitable place for all students, including those with medical diagnoses and/or food allergies, therefore it is our duty to protect all students by providing them with safe treats. These guidelines will be followed in all classrooms in all buildings across the district. Please understand that we will not serve any items that are not on the approved list. Students will never be charged for treats brought in for birthdays or celebrations.

Please call your student's specific school if you have any questions. Thank you for your understanding!

All food will need to be checked into the office BEFORE being taken to the classroom.

If the school receives a product that is not approved, you will be called to come pick it up.

Please pay close attention to accepted brand names, flavors, etc.

Approved edible items listed below:

- Mott's Applesauce Cups: No Mango. All other flavors acceptable. Name brand only.
- GoGo Squeez Applesauce: Only Applesauce. No Mango. All other flavors acceptable. Name brand only.
- Mini Babybel Cheese, Sargento, Sorrento, Kraft, Land O Lakes, and Tilamook string cheese. These brands only.
- Pepperidge Farm Goldfish: Name brand only. All varieties and flavors acceptable including multi-packs.
- Cheez-It crackers: Name brand only. All varieties and flavors acceptable including multi-packs.
- Smartfood Popcorn: Name brand only White Cheddar, Reduced Fat, or Movie Theater Butter. No Kettle.
- Pringles: Name brand only. Original, BBQ, Cheddar & Sour Cream, Pizza, Sour Cream & Onion. Individual cans and/or any snack stacks or snack packs that contain a combination of any of the above are acceptable.
- Frito Lay: Ruffles, Lay's, Lay's Kettle, Cheetos, Doritos, SunChips, Funyuns, Tostitos, Fritos, Miss Vickie's, and Rold Gold. Any flavor, including multi-packs, of those listed are acceptable. Other FritoLay brands not listed are NOT allowed.
- Made Good Granola Minis: Apple Cinnamon, Chocolate Banana, Chocolate Chip, or Strawberry only.
- Teddy Grahams: Name brand only. Any flavor. Large boxes and/or individual multi-packs are acceptable.
- Barnum's Animal Crackers: Name brand only. Boxes and multi-pack acceptable.
- Walmart Great Value: Mini Chippers, Mini Bear Grahams, Iced Oatmeal Mini Cookies, Mini Alphabet Cookies, and Mini Cookie Variety Pack. Must state "School Friendly. Made in a Nut free Facility" on the box.
- Oreos: Name brand only. Original, Double Stuf, Megan Stuf, Golden, Golden Stuf, or Lemon Creme. Regular size or Family package allowed as well as original and mini snack packs.
- Rice Krispies Treats: Original, Homestyle, Strawberry, Birthday Cake, Mini Squares, or Sheets only.
- Lofthouse Frosted Sugar Cookies only: Package must clearly be labeled "made in nut free facility". This brand only. Available at both Russ's Express in Waverly and all Super Saver locations in Lincoln.
- Walmart Frosted Sugar Cookies: Located in the bakery. Must state "made in nut free facility" on package.
- Hershey's Brand: Plain Milk Chocolate Kisses or Plain Milk Chocolate Bars, Twizzlers (any variety), Jolly Rancher (any variety), Jolly Rancher Suckers (any variety), and Jolly Rancher Candy Canes (any variety).
- Mars Wrigley brand: Lifesavers, Skittles, and Starburst. All varieties and flavors acceptable.
- Tootsie brand: Tootsie Rolls, Frooties, Tootsie Pops, Caramel Apple Pops, and Charms Mini Pops.
- Spangler brand: Dum Dum Suckers, Welch's Fruit Snacks, Swedish fish, Jelly Belly, Airheads, and Smarties.
- Candy Canes: Spangler brand only. Includes: Original Peppermint, Cherry, Hawaiian Punch, Lifesavers, Skittles, Starburst, Hot Tamales, Airheads, Dum Dums, Jelly Belly, and Smarties. Multi-packs of those listed also accepted.
- Betty Crocker brand: Fruit by the Foot, Fruit Roll-ups, and Gushers. No mango.
- Other: Sixlets, Ring Pops, Sour Patch Kids
- Capri Sun: Cannot contain mango juice. Name brand only.
- Kool-Aid Jammers: Cannot contain mango juice. Name brand only.
- Frozen Treats: Luigi's Italian Ice (Lemon, Cherry, or Strawberry only), Popsicle brand Original Flavor (Orange, Cherry, and Grape only), Kisko Brand (Any flavor or Giant) or Kids Freezies (Any flavor) or Welch's Juice Ice Bars, Welch's Lemonade Freezies.

Non-edible options include but are not limited to: Pencils, erasers, books, party favors, carabiners, other school supplies, etc.

Holiday Parties: Edible treats will be provided by the school. Only non-edible items will be accepted.