

## 2023-2024 Alternative Birthday/Party Treat List **1st Grade ONLY**

District 145 strives to exceed the federal/state nutritional standards as well as uphold our own student school wellness policy. Our schools are a safe, equitable place for all students, including those with medical diagnoses and/or food allergies, therefore it is our duty to protect all students by providing them with safe treats. These guidelines will be followed in all classrooms in all buildings across the district. Please understand that we will not serve any items that are not on the approved list. Students will never be charged for treats brought in for birthdays or celebrations.

Please call your student's specific school if you have any questions. Thank you for your understanding!

**All food will need to be checked into the office BEFORE being taken to the classroom.**

**If the school receives a product that is not approved, you will be called to come pick it up.**

**Please pay close attention to accepted brand names, flavors, etc.**

*Nothing below can contain or be topped with sprinkles.*

Approved edible items include:

- Mott's Applesauce Cups: No Mango. All other flavors acceptable. Name brand only.
- Mott's Fruit Snacks: Blue Box/Assorted Fruit box only- available at both Sam's and Costco or other grocery stores.
- GoGo Squeez Applesauce: Only Applesauce. No Mango. All other flavors acceptable. Name brand only.
- Mini Babybel Cheese, Sargento, Sorrento, Kraft, Land O Lakes, and Tilamook string cheese. These brands only.
- Pepperidge Farm Goldfish: Name brand only. All varieties and flavors acceptable including multi-packs.
- Cheez-It crackers: Name brand only. All varieties and flavors acceptable including multi-packs.
- Smartfood Popcorn: Name brand only White Cheddar, Reduced Fat, or Movie Theater Butter. No Kettle.
- Pringles: Name brand only. Original or BBQ ONLY. Individual cans and/or any snack stacks or snack packs that contain a combination of any of the above are acceptable.
- Frito Lay: Fritos ONLY
- Made Good Granola Minis: Apple Cinnamon, Chocolate Banana, or Chocolate Chip only.
- Teddy Grahams: Name brand only. Original or cinnamon flavor ONLY. Large boxes and/or individual multi-packs are acceptable.
- Barnum's Animal Crackers: Name brand only. Boxes and multi-pack acceptable.
- Walmart Great Value: Mini Chippers, Mini Bear Grahams, Iced Oatmeal Mini Cookies, Mini Alphabet Cookies, and Mini Cookie Variety Pack. Must state "School Friendly. Made in a Nut free Facility" on the box.
- Oreos: Name brand only. Original, Double Stuf, Megan Stuf, Golden, Golden Stuf, or Lemon Creme. Regular size or Family package allowed as well as original and mini snack packs.
- Tootsie rolls: Chocolate/original only
- Rice Krispie Treats: Original ONLY
- Hershey's Brand: Plain Milk Chocolate Kisses or Plain Milk Chocolate Bars ONLY
- Capri Sun: Cannot contain mango juice. Name brand only.
- Frozen Treats: Luigi's Italian Ice (Lemon ONLY), Popsicle brand popsicles (brand name ONLY)- Must state "Colors made from natural sources".

**Non-edible options include but are not limited to:** Pencils, erasers, books, party favors, carabiners, other school supplies, etc.

**Holiday Parties: Edible treats will be provided by the school. Only non-edible items will be accepted.**