

Guidelines for Student Injuries

Students in Competitive Athletics with non-emergent sports-related athletic injuries should report to an Athletic Trainer for assessment and/or treatment prior to seeing a doctor. Notify coach of injury as soon as possible and if necessary, contact High School Athletic Trainers at:

Lubbock-Cooper High School: 806-993-2321 ext. 21074 or 21098

Lubbock-Cooper Liberty High School: 806-993-2322 ext. 22531

Athletic Trainers will only evaluate school-related sport injuries.

All other students with injuries incurred on school property should seek assessment and/or treatment with the campus Nurse. Athletic Trainers will only assess/treat students participating in athletics.

Once a student has a doctor's note to sit out from athletics/physical education, the same doctor must release the student before returning.

For physical education classes, a parent note will be accepted for the day it is written only.

Both coaches and campus nurses have the discretion to allow students to sit out of athletics/physical education due to illness or injury.

The school provides student accident insurance to students who incur an injury during a school-related, UIL-sanctioned event. This insurance acts as a secondary policy if the student has primary insurance, or as primary if the student is uninsured. In order to qualify for the insurance benefits, the injured athlete must be seen by an Athletic Trainer and a physician within 30 days of the accident and the claim **MUST** be filed within 90 days of the accident.

Optional voluntary student accident insurance is available for purchase. More information can be found on the Lubbock-Cooper website.