

- 2024 -

JANUARY

Kings River Unified School District

Lunch Menu

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch. Nutritional information Available upon request.

The USDA is an equal opportunity provider and employer. Menu Subject To Change Due To A National Supply shortage.

MONDAY

1 Tyson Chicken
Chunks
Diner Roll
Vegetable
Fruit
Milk

8 Tyson Chicken
Chunks
Diner Roll
Vegetable
Fruit
Milk

15 Tyson Chicken
Chunks
Diner Roll
Vegetable
Fruit
Milk

22 Tyson Chicken
Chunks
Diner Roll
Vegetable
Fruit
Milk

29 Tyson Chicken
Chunks
Diner Roll
Vegetable
Fruit
Milk

TUESDAY

2 Tamale
Cookie
Vegetable
Fruit
Milk

9 Cheese Quesadilla
Pretzels
Vegetable
Fruit
Milk

16 Tamale
Cookie
Vegetable
Fruit
Milk

23 Cheese Quesadilla
Pretzels
Vegetable
Fruit
Milk

30 Tamale
Cookie
Vegetable
Fruit
Milk

WEDNESDAY

3 Hamburgers
W/Lettuce &
Pickle
Cheese its
Vegetable, Fruit
Milk

10 Hamburgers
W/Lettuce &
Pickle
Cheese its
Vegetable, Fruit
Milk

17 Hamburgers
W/Lettuce &
Pickle
Cheese its
Vegetable, Fruit
Milk

24 Hamburgers
W/Lettuce &
Pickle
Cheese its
Vegetable, Fruit
Milk

31 Hamburgers
W/Lettuce &
Pickle
Cheese its
Vegetable, Fruit
Milk

THURSDAY

4 Mandarin Orange
Chicken
Rice
Vegetable
Fruit
Milk

11 Tyson Chicken
Sandwich
Chips
Vegetable
Fruit
Milk

18 Mandarin Orange
Chicken
Rice
Vegetable
Fruit
Milk

25 Tyson Chicken
Sandwich
Chips
Vegetable
Fruit
Milk

FRIDAY

5 Cook's Choice

12 Cook's Choice

19 Cook's Choice

26 Cook's Choice