

# Help Your favorite student be "Safe, Strong and Free" ...

Our school district is providing CAP training for our students on how to:

- Prevent abuse and bullying.
- Be assertive without being aggressive.
- Learn self-protection strategies to keep them safe from sexual abuse, abduction and other potentially dangerous situations.

**This training will be more effective if reinforced in the home.**

Learn more about CAP at [www.njcap.org](http://www.njcap.org)



We are asking parents to reinforce what their children are learning in the CAP classroom workshop by attending a CAP parent workshop on:

Date: **March 21<sup>st</sup>, 2024**

Time: **6:30 PM**

Zoom ID: **839-0088-5570**

Passcode: **508697**

[Click here for Zoom](#)

Every year, NJCAP trains 100,000 children and 15,000 adults statewide in these self-protection strategies. If for some reason you do not want your child to attend this workshop on child safety, please sign below and send it back to the school.

I do not give permission for my child to participate in the CAP workshop.

Child's Name \_\_\_\_\_

Parent/Guardian Signature - Date signed. \_\_\_\_\_