











# **POSITIVE PARENTING GROUP DISCUSSIONS**



Parents and caregivers can learn effective solutions for managing children's big emotions through group discussions. Tips and tricks for handling these situations will be provided. Classes start at 6 pm in the Watertown Public Library Community Room.

#### **APRIL 4TH- TANTRUMS**

Dealing with frequent temper tantrums in children is not just a phase, and it can disrupt family life. Controlling them while the child is young can lead to a calmer and more enjoyable family life.

## **APRIL 18TH- MANAGING FIGHTING** AND AGGRESSION (VIRTUAL)

This group focuses on teaching children the skills necessary to cooperate and get along with others, including sharing, communicating, and being gentle. Parents can learn how to teach these skills to their children.

#### **APRIL 25TH- BEDTIME PROBLEMS**

A good night's sleep is essential for children to have enough energy for the next day's activities and for parents to meet their own needs. Toddlers can learn to become more independent in their sleep routine and develop healthy sleep patterns.

## **MAY 9TH- MANAGING FIGHTING AND AGGRESSION**

This group focuses on teaching children the skills necessary to cooperate and get along with others, including sharing, communicating, and being gentle. Parents can learn how to teach these skills to their children.

> **SCAN TO REGISTER FOR DESIRED WORKSHOP**



Registration Required! Call/Text: 262-674-6998 or SCAN the QR Code. "This material and/or activity is not sponsored or endorsed by the WUSD or its personnel"