

LUNCH FEB 2024



Offered Daily:

Assorted Milk

Fruits & Vegetables (refer to side menu)

ACE'S CORNER



Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 1. French Toast Sticks with Sausage Patties 2. Italian Salad with Pretzel Rod	2 National Tator Tot Day 1. Tator Tot Beef Nachos 2. Tossed Salad w/ Cheese & Pretzel Rod
5 1. Hot Dog on a Bun 2. Macaroni & Cheese	6 1. Chicken Patty Sandwich 2. Peanut Butter & Jelly Sandwich	7 1. Popcorn Chicken with Pretzel Rod 2. Make-Your-Own Pepperoni Pizza Bagel	8 1. Sausage Pizza 2. All American Salad with Pretzel Rod	9 1. Grilled Cheese Sandwich 2. Ranch Chicken Salad with Pretzel Rod
12 1. BBQ Riblet Sandwich 2. Chicken Nuggets w/ Pretzel Rod 3. LTO – Thai Shrimp Noodle Bowl	13 1. Soft Pretzel with Cheese Sause 2. Cheeseburger 3. LTO – Thai Shrimp Noodle Bowl	14 1. Penne Alfredo with Chicken And Garlic Texas Toast 2. Ham & Cheese Sandwich 3. LTO – Thai Shrimp Noodle Bowl	15 1. Chicken Nuggets with Pretzel Rod 2. Cheese Quesadilla 3. LTO – Thai Shrimp Noodle Bowl	16 No Lunch 11:30 Dismissal
19 No School	20 1. Cheeseburger 2. Make-Your-Own Pepperoni Pizza Bagel	21 1. Sloppy Joe Melt 2. Chicken Patty Sandwich	22 National Chili Day 1. Beef Chili Nachos 2. Chicken Parmesan Flatbread	23 1. Cheese Pizza 2. Peanut Butter & Jelly Sandwich
26 1. Corn Dog 2. Chicken Nuggets w/ Pretzel Rod	27 1. Max Sticks with Dipping Sauce 2. Italian Salad with Pretzel Rod	28 1. Nacho Cheese Walking Tacos with Cinnamon Churro 2. Chicken Nuggets with Pretzel Rod	29 1. BBQ Riblet Sandwich 2. Ranch Chicken Salad with Pretzel Rod	

A NUTRITIOUS BANANZA



The scientific name for banana is *musa sapientum*, which means “fruit of the wise men.” Bananas foster lots of vitamin C, potassium, fiber, and vitamin B6 making them a wise choice. These yellow fruits, botanically classified as berries, are an appealing snack because they are low in calories and have no fat, sodium, or cholesterol. It’s no wonder that the average U.S. person consumes 90 bananas each year. In addition to all the nutritional value, banana plants are also very useful—their large leaves can be used as umbrellas while their fibers are often harvested to make rope and tea bags.



ACE’S JOKE OF THE MONTH

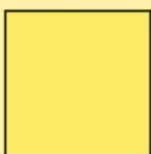
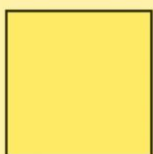
Q. WHAT IS THE EASIEST WAY TO MAKE A BANANA SPLIT?

SEE ANSWER BELOW

ACTIVITY: ESTATE OF BANANAS

Bananas are only farmed in one U.S. State. Use the first letter from the names of the clues below to figure out which one! Use only one letter per box.

SEE ANSWER BELOW



DID YOU KNOW?

HEALING PEEL Thanks to its oil, rubbing the inside of a banana peel on a bug bite (or on poison ivy) will help keep it from itching and getting inflamed.



QUITE THE HANDFUL

A true, harvested “bunch” of bananas—weighing from 66 to 110 pounds—is made up of several tiers of banana clusters called “hands”, while a single banana is called a “finger”.



WE ARE A BUNCH OF “HANDS”!