

DECEMBER LUNCH MENU

Special Event



Offered Daily:
Assorted Milk
Fruits & Vegetables (refer to side menu)

ACE'S CORNER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>12/5 NATIONAL COOKIE DAY 12/11-12/15 LIMITED TIME OFFER – HOT HONEY CHICKEN BISCUIT TOSTADA</p>				<p>1</p> <p>1. Grilled Ham & Cheese Sandwich</p> <p>2. Tossed Salad with Cheese</p>
<p>4</p> <p>1. BBQ Riblet Sandwich</p> <p>2. Make-Your-Own Pepperoni Pizza Bagel</p>	<p>5</p> <p>NATIONAL COOKIE DAY</p> <p>1. Soft Pretzel with Cheese Sause</p> <p>2. Cheeseburger</p> <p>Served with a Cookie</p>	<p>6</p> <p>1. Penne Alfredo with Chicken And Garlic Texas Toast</p> <p>2. Ham & Cheese Sandwich</p>	<p>7</p> <p>1. Chicken Nuggets with Pretzel Rod</p> <p>2. Cheese Quesadilla</p>	<p>8</p> <p>1. Mac n Cheese</p> <p>2. Chicken Patty Sandwich</p>
<p>11</p> <p>1. Popcorn Chicken with Pretzel Rod</p> <p>2. Hot Dog on a Bun</p> <p>3. LTO- Hot Honey Chicken Biscuit Tostada</p>	<p>12</p> <p>1. Cheeseburger</p> <p>2. Make-Your-Own Pepperoni Pizza Bagel</p> <p>3. LTO- Hot Honey Chicken Biscuit Tostada</p>	<p>13</p> <p>1. Sloppy Joe Melt</p> <p>2. Chicken Patty Sandwich</p> <p>3. LTO- Hot Honey Chicken Biscuit Tostada</p>	<p>14</p> <p>1. Eggoji Waffle with Sausage Link</p> <p>2. Chicken Parmesan Flatbread</p> <p>3. LTO- Hot Honey Chicken Biscuit Tostada</p>	<p>15</p> <p>1. Cheese Pizza</p> <p>2. Peanut Butter & Jelly Sandwich</p> <p>3. LTO- Hot Honey Chicken Biscuit Tostada</p>
<p>18</p> <p>1. Corn Dog</p> <p>2. Popcorn Chicken w/ Pretzel Rod</p>	<p>19</p> <p>1. Max Sticks with Dipping Sauce</p> <p>2. Egg Chef Salad</p>	<p>20</p> <p>1. Nacho Cheese Walking Tacos with Cinnamon Churro</p> <p>2. Chicken Nuggets with Pretzel Rod</p>	<p>21</p> <p>No School</p>	<p>22</p> <p>No School</p>
<p>25</p> <p>No School</p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p> <p>No School</p>	<p>29</p> <p>No School</p>

BROCON!

Broccoli, *brassica oleracea*, has been around for over 2,000 years. This green powerhouse veggie hails from the cabbage family. It's name is derived from the Italian word "broccolo", which means "the flowering crest of a cabbage." The broccoli we know and love is a variety known as Calabrese, named after the famed region in Italy. While California is nicknamed the golden state, it could also be called the broccoli state, since it produces 90 percent of our nation's broccoli harvest. On top of being a delicious veggie both cooked and raw, broccoli is very high in Vitamin C and calcium. One cup of chopped broccoli is the Vitamin C equivalent of an orange and the calcium equivalent to a glass of milk. Talk about a truly unbeatable healthy snack! It's no wonder that the average American eats over four pounds of broccoli a year.



DID YOU KNOW?

FLOWER POWER! If left unpicked, the head of a broccoli stalk, called the florets, will blossom into yellow flowers.

GIVE ME A SIGN There is no sign in American Sign Language for broccoli (it has to be spelled out).



ACE'S JOKE OF THE MONTH

Q. WHAT KIND OF VEGETABLES WEAR SOCKS?

SEE ANSWER BELOW

ACTIVITY: THANKS A BUNCH!

Help the broccoli find their way home.

