## Detober 202.3 Cafeteria Menu

| MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2 |  | 3 |  | 4 |  | 5 |  | 6 |  |
| Pancakes with Sausage Or Cereal Fresh Fruit Juice or Milk | Cheeseburger <br> French Fries <br> Green Salad <br> Fresh Fruit | English muffin w/sausage/cheese <br> Or Cereal <br> Fresh Fruit <br> Juice or Milk | Turkey Taco Refried Beans Corn/Peppers Fresh Fruit Milk | French toast sticks with sausage <br> Or Cereal <br> Fresh Fruit <br> Juice or Milk | Turkey Gravy Mashed Potatoes Mixed Veggies Fresh Fruit Milk | Mufin <br> String Cheese Or Cereal Fresh Fruit Milk | Turkey Pot Pie Mixed Veggies Fresh Fruit Milk | Yogurt Parfait <br> Or Cereal <br> Fresh Fruit <br> Juice or Milk | Chicken Patty Veg. Medley French Fries Fresh Fruit Milk |
| 9 |  | 10 |  | 11 |  | 12 |  | 13 |  |
| Pancakes with sausage Or Cereal Fresh Fruit Juice or Milk | Orange Chicken <br> Rice <br> Mixed Veggie Fresh Fruit Milk | English muffin w/sausage/cheese <br> Or Cereal <br> Fresh Fruit <br> Juice or Milk | Tostada Bowl Pinto Beans Corn/Peppers Fresh Fruit Milk | French toast sticks with sausage Or Cereal Fresh Fruit Juice or Milk | Homemade Lunchable Fresh Fruit Milk | Bagel with cream cheese Or Cereal Fresh Fruit Juice or Milk | Asian Chicken Noodle Salad Mixed Veggies Fresh Fruit Milk | Cinnamon Roll <br> Or Sausage Or Cereal Fresh Fruit Juice or Milk | Pizza Sticks <br> Fresh Fruit <br> Green Salad <br> Pasta Salad |
| 16 |  | 17 |  | 18 |  | 19 |  | 20 |  |
| Pancakes with sausage Fresh Fruit Juice or Milk | Chili <br> Cornbread Green Salad Fresh Fruit Milk | English muffin w/sausage/cheese <br> Or Cereal <br> Fresh Fruit Juice or Milk | Chili Verde Corn on the cob Fresh Fruit Milk | French toast sticks with sausage <br> Or Cereal <br> Fresh Fruit <br> Juice or Milk | Deli Sandwich Chips Vegie Medley Fresh fruit Milk | Breakfast Bar With Yogurt Or Cereal Fresh Fruit Juice or Milk | Potato Bar Ranch Beans Green Salad Fresh Fruit Milk | Muffin With Sausage <br> Or Cereal <br> Fresh Fruit <br> Juice or Milk | Chicken Tenders French Fries Broccoli Salad Fresh Fruit Milk |
| 23 |  | 24 |  | 25 |  | 26 |  | 27 |  |
| Pancakes with sausage Or Cereal Fresh Fruit Juice or Milk | Ham <br> Scalloped Potatoes Green Beans Fresh Fruit Milk | English muffin w/sausage/cheese Or Cereal Fresh Fruit Juice or Milk | Enchilada Casserole <br> Rice <br> Green Salad <br> Fresh Fruit <br> Milk | French toast sticks with sausage <br> Or Cereal <br> Fresh Fruit <br> Juice or Milk | Meatballs and Mashed Potatoes Green Beans Fresh Fruit | Pancake on a stick Or Cereal Fresh Fruit Juice or Milk | Spaghetti WW Breadstick Zucchini Fresh Fruit | Breakfast Pizza Or Cereal Fresh Fruit Juice or Milk | Popcorn Chicken <br> Potato Wedges Veggie Slaw Fresh fruit Milk |
| 30 |  | 31 |  |  |  |  |  |  |  |
| Pancakes with sausage Fresh Fruit Juice or Milk | Sloopy Joe <br> Tater Tots <br> Carrots <br> Fresh Fruit <br> Milk | English mummy w/sausage/cheese Or Crunchy Creepies Zombie Fruit Witches Brew | Mummies in a Coffin <br> Slimy Brains Witches Fingers Frankenstein Fruit |  |  |  |  | Adult Break Adult Lun <br> ll meals include | st \$2.15 <br> \$3.50 <br> ilk and water. |
| 30 |  |  |  |  |  |  |  | All meals include milk and water. <br> Menu subject to change! |  |
|  | This institution is an equal oppurtinity provider. |  |  |  |  |  |  |  |  |

