September 2023 Cafeteria Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Breakfast and Lunch are now		Adult Breakfast \$2.15						1	GILL B.
free for all kids!!!		Adult Lunch \$3.50						Muffin w/ Cheese	Chicken Patty
All meals include milk.								Or Cereal	French Fries
Menu subject to change!								Fresh Fruit	Macaroni Salad
								Juice or Milk	Fresh Fruit
4		5			•	7			Milk
4		Ť		6 Smarsh Tasat Smarshatti				Cinnamon Roll Pizza	
NO	HAPPY	English Muffin	Chicken fajita Refried Beans	French Toast Sticks With	Spaghetti	Bagel With Cream Cheese	Corn Dog Baked Beans		Watermelon
SCHOOL		With Sausage/Cheese Or Cereal		Sausage Or Cereal	WW Breadstick Zucchini	Or cereal	French Fries	Or Sausage Or Cereal	Carrot Salad
LABOR		Fresh Fruit	Corn/Peppers Fresh fruit	Fresh Fruit Juice	Fresh Fruit	Fresh fruit		Fresh Fruit	Cheese Stick
DAY			Milk	or Milk	Fresh Fruit		Veggie Medley		Milk
11		Juice or MIlk Milk		13		Juice or milk Milk		Juice or Milk Milk 15	
				French Toast Sticks	Tuna Sandwich	_	Asian Chicken	Breakfast Bar	_
Pancakes w/ sausage Or Cereal	Cheeseburger French fries	English Muffin With Sausage/Cheese	Casserole	With Sausage	Chips	Oatmeal Sausage	Noodle Salad	With yogurt	Popcorn Chicken Potato Wedges
Fresh fruit	Green Salad	Or Cereal	Spanish Rice	Or Cereal	Carrots/Ranch	Or cereal	Mixed Veggies	cereal	2
Juice or milk	Fresh Fruit	Fresh Fruit	Peas	Fresh Fruit	Fresh Fruit	Fresh fruit	Fresh Fruit	Fresh Fruit	Veggie Slaw Fresh fruit
Juice of Hills	Milk	Juice or MIlk	Fresh Fruit	Juice or Milk	Milk	Juice or milk	Milk	Juice or Milk	Milk
18			9	Juice of Milk		Juice of milk 2		Juice of Milk	
Pancakes w/ sausage Meatball Sub		English Muffin	Nachos	French toast sticks	Lasagna	Breakfast Pizza	Quinoa Chili	Yogurt Parfait	Pizza Stick
Or Cereal	Sweet Potato Fries	With Sausage/Cheese	Refried beans	With sausage	Breadstick	Or cereal	Cornbread	Or Cereal	Cheesey Bread
Fresh fruit	Coleslaw	Or Cereal	Salsa	Or cereal	Green Salad	Fresh Fruit	Green Salad	Fresh Fruit	Salad
Juice or milk	Fresh Fruit	Fresh Fruit	Fresh fruit	Fresh fruit	Fresh Fruit	Juice or Milk	Fresh fruit	Juice or Milk	Fresh Fruit
Juice of fillik	milk	Juice or MIlk	Milk	Juice or milk	Milk	Juice of Willik	Milk	Juice of Wilk	Milk
25		26		27		28		29	
Pancakes w/ sausage	Sloppy Joes	English Muffin	Bean/Cheese Burrito		Ham	Breakfast Taquito	Ham/Potato Soup	Mini Waffle	Chicken Tenders
Or Cereal	with french fries	With Sausage/Cheese	Rice	With sausage	Scalloped Potatoes	Or Cereal	Bread Stick	Or Cereal	French Fries
Fresh fruit	Peas	Or Cereal	Corn/Peppers	Or cereal	Green Beans	Juice or Milk	Green Salad	Applesauce	Fresh Fruit
Juice or milk	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Pasta Salad
Julee of Hillia	milk	Juice or MIlk	Milk	Juice or milk	Milk	1105H 11GH	Milk	Juice or Milk	Milk
	min	Julee of Hillik	IVIIIK	ture of mink	WIIIK		WIIIK	turce of wilk	1,1111

This institution is an equal oppurtunity provider.