


September 2023 Cafeteria Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Breakfast and Lunch are now free for all kids!!! All meals include milk. Menu subject to change!		Adult Breakfast \$2.15 Adult Lunch \$3.50						1	
								Muffin w/ Cheese Or Cereal Fresh Fruit Juice or Milk	Chicken Patty French Fries Macaroni Salad Fresh Fruit Milk
4		5		6		7		8	
NO SCHOOL LABOR DAY		English Muffin With Sausage/Cheese Or Cereal Fresh Fruit Juice or Milk	Chicken fajita Refried Beans Corn/Peppers Fresh fruit Milk	French Toast Sticks With Sausage Or Cereal Fresh Fruit Juice or Milk	Spaghetti WW Breadstick Zucchini Fresh Fruit	Bagel With Cream Cheese Or cereal Fresh fruit Juice or milk	Corn Dog Baked Beans French Fries Veggie Medley Milk	Cinnamon Roll Or Sausage Or Cereal Fresh Fruit Juice or Milk	Pizza Watermelon Carrot Salad Cheese Stick Milk
11		12		13		14		15	
Pancakes w/ sausage Or Cereal Fresh fruit Juice or milk	Cheeseburger French fries Green Salad Fresh Fruit Milk	English Muffin With Sausage/Cheese Or Cereal Fresh Fruit Juice or Milk	Enchilada Casserole Spanish Rice Peas Fresh Fruit	French Toast Sticks With Sausage Or Cereal Fresh Fruit Juice or Milk	Tuna Sandwich Chips Carrots/Ranch Fresh Fruit Milk	Oatmeal Sausage Or cereal Fresh fruit Juice or milk	Asian Chicken Noodle Salad Mixed Veggies Fresh Fruit Milk	Breakfast Bar With yogurt cereal Fresh Fruit Juice or Milk	Popcorn Chicken Potato Wedges Veggie Slaw Fresh fruit Milk
18		19		20		21		22	
Pancakes w/ sausage Or Cereal Fresh fruit Juice or milk	Meatball Sub Sweet Potato Fries Coleslaw Fresh Fruit milk	English Muffin With Sausage/Cheese Or Cereal Fresh Fruit Juice or Milk	Nachos Refried beans Salsa Fresh fruit Milk	French toast sticks With sausage Or cereal Fresh fruit Juice or milk	Lasagna Breadstick Green Salad Fresh Fruit Milk	Breakfast Pizza Or cereal Fresh Fruit Juice or Milk	Quinoa Chili Cornbread Green Salad Fresh fruit Milk	Yogurt Parfait Or Cereal Fresh Fruit Juice or Milk	Pizza Stick Cheesey Bread Salad Fresh Fruit Milk
25		26		27		28		29	
Pancakes w/ sausage Or Cereal Fresh fruit Juice or milk	Sloppy Joes with french fries Peas Fresh Fruit milk	English Muffin With Sausage/Cheese Or Cereal Fresh Fruit Juice or Milk	Bean/Cheese Burrito Rice Corn/Peppers Fresh Fruit Milk	French toast sticks With sausage Or cereal Fresh fruit Juice or milk	Ham Scalloped Potatoes Green Beans Fresh Fruit Milk	Breakfast Taquito Or Cereal Juice or Milk Fresh Fruit	Ham/Potato Soup Bread Stick Green Salad Fresh Fruit Milk	Mini Waffle Or Cereal Applesauce Fresh Fruit Juice or Milk	Chicken Tenders French Fries Fresh Fruit Pasta Salad Milk

This institution is an equal opportunity provider.