

OCTOBER LUNCH MENU
 BES & HSMS
 GRADES K—8



ALL MEALS ARE FREE!

Menu Subject to Change

Mon	Tue	Wed	Thu	Fri—See note above
2 MAC & CHEESE GREEN BEANS CARROTS W/ RANCH FRUIT MILK	3 BEAN & CHEESE BURRITO SWEET CORN GARDEN SALSA WG TOSTITOS FRUIT MILK	4 HAMBURGER ON A WG BUN LETTUCE & PICKLE CUP BAKED FRENCH FRIES FRUIT MILK	5 CHICKEN DRUMSTICKS (3-8) CHICKEN NUGGETS (K-2) COWBOY BEANS CELERY W/ RANCH FRUIT MILK	6 CHICKEN ALFREDO GREEN SALAD W/ RANCH SWEET MINI PEPPERS WG CHOCOLATE BEARS FRUIT MILK
9 CORN DOGS GREEN BEANS FRUITABLE %100 JUICE WG SCOOPY SNACKS FRUIT MILK	10 CHEESE QUESADILLA REFRIED BEANS GARDEN SALSA FRUIT MILK	11 CRISPY CHICKEN SANDWICH ON A WG BUN LETTUCE & PICKLE CUP CARROTS W/ RANCH WG SUN CHIPS FRUIT MILK	12 CHEESEBURGER SLIDERS ON A WG BUN POTATO TRIANGLE CUCUMBER SLICES FRUIT MILK	13 CHEESE PIZZA GREEN SALAD W/ RANCH CELERY WG COOKIE FRUIT MILK
16 CHICKEN TENDERS MASHED POTATOES FRUITABLE %100 JUICE FRUIT MILK	17 BEEF TACOS WG TORTILLAS LETTUCE & TOMATO CUP REFRIED BEANS FRUIT MILK	18 HOT DOG ON A WG BUN BAKED FRENCH FRIES BROCCOLI FRUIT MILK	19 WG MAC & CHEESE CARROTS CELERY W/ RANCH WG GOLDFISH FRUIT MILK	20 NO SCHOOL TEACHER IN-SERVICE DAY
23 TERIYAKI CHICKEN WG BROWN RICE GREEN BEANS FRUITABLE %100 JUICE FRUIT MILK	24 EXTREME NACHOS WG TORTILLA CHIPS REFRIED BEANS GARDEN SALSA FRUIT MILK	25 GRILLED CHICKEN SANDWICH ON A WG BUN LETTUCE & PICKLE CUP POTATO TRIANGLE FRUIT MILK	26 VEGGIE CHILI WG CORN BREAD BROCCOLI W/ RANCH CARROTS FRUIT MILK	27 PEPPERONI PIZZA GREEN SALAD W/ RANCH CUCUMBER SLICES WG COOKIE FRUIT MILK
30 MINI CORN DOGS MASHED POTATOES FRUITABLE %100 JUICE FRUIT MILK	31 CHEESE ENCHILADAS REFRIED BEANS GARDEN SALSA WG TOSTITOS FRUIT MILK			

MENU SUBJECT
TO CHANGE

WG=WHOLE
GRAIN

K-8 Menu

This institution is an equal opportunity provider .