

September 2023
PGHS
GRADES 9-12



MENU IS SUBJECT TO
CHANGE
ALL MEALS ARE FREE

Mon

Tue

Wed

Thu

Fri

		FRUIT, VEGGIE & MILK CHOICES OF- FERED EVERYDAY!!	MENU WEEK 1	1 PB JAMMICH PASTA W/ MEAT SAUCE
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WG = WHOLE
GRAIN

Grades
9-12

This institution is an equal opportunity provider.

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Mon	Tue	Wed	Thu	Fri
11 PB JAMMWICH CHICKEN TENDERS FRUIT, VEGGIE & MILK CHOICES OFFERED EVERYDAY!!	12 PB JAMMWICH CHICKEN FAJITAS MENU WEEK 3	13 PB JAMMWICH HAMBURGER ON A WG BUN	14 PB JAMMWICH GRILLED CHEESE & TOMATO SOUP	15 PB JAMMWICH ITALIAN DUNKERS

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<p>18</p> <p>PB JAMMWICH</p> <p>MINI CORN DOGS</p> <p>FRUIT, VEGGIE & MILK CHOICES OFFERED EVERYDAY!!</p>	<p>19</p> <p>PB JAMMWICH</p> <p>EXTREME NACHOS</p> <p>MENU WEEK 4</p>	<p>20</p> <p>PB JAMMWICH</p> <p>GRILLED CHICKEN ON A WG BUN</p>	<p>21</p> <p>PB JAMMWICH</p> <p>WHITE BEAN CHILI</p>	<p>22</p> <p>NO SCHOOL CALIFORNIA INDIAN DAY</p>

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25

PB JAMMWICH
MAC & CHEESE

**FRUIT, VEGGIE & MILK
CHOICES OFFERED
EVERYDAY!!**

26

PB JAMMWICH
CARNITAS TACOS

MENU WEEK 5

27

PB JAMMWICH
HOT DOG
ON A WG BUN

28

PB JAMMWICH
ORANGE CHICKEN

29

PB JAMMWICH
BAKED ZITI

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