

COVID-19 GUIDANCE AND RESOURCES

GENERAL PUBLIC



COVID-19 EXPOSURE

- Test 3-5 days after exposure.
- Mask for 10 days even if you have no symptoms.
- Monitor yourself for symptoms.

[CDPH What to Do If You Are Exposed to COVID-19](#)



POSITIVE COVID-19 TEST

- Seek treatment if you have symptoms.
- Isolate by staying home 5-10 days after positive test.
- Isolation can end after Day 5 if improvement in symptoms and no fever for 24 hours without the use of fever reducing medications.

[CDPH What to Do If You Test Positive for COVID-19](#)



MASKING

- Mask if you have coughing/sneezing/sore throat/runny nose.
- Mask if you have been exposed or are infected with COVID-19.
- Masks should be well-fitting and provide good filtration.

[CDPH Get the Most out of Masking](#)



BUSINESSES/EMPLOYERS

- Non-medical workplace employers will adhere to CalOSHA Emergency Temporary Standards.
- Employers will initiate Outbreak Response measures if three or more employees test positive within 14 days.

[CalOSHA Requirements](#)

[CDPH Workplace Hub](#)

COVID-19 GUIDANCE AND RESOURCES

SCHOOLS AND DAYCARES



COVID-19 EXPOSURE

- Schools may provide general exposure notification to school community when there is a high level of risk of any infectious disease.
- Students with known exposure to COVID-19 should follow exposure guidelines for general public.

[CDPH COVID-19 Hub](#)



POSITIVE COVID-19 TEST

- Symptomatic students should wear a mask and be tested for COVID-19 immediately.
- Symptomatic students should not return to campus until feeling better and 24 hours have gone by without fever and without the use of fever-reducing medication.
- Students and staff who test positive should follow the general public guidance.

[CDPH School Guidance](#)



MASKING

- No person can be prevented from wearing a mask unless wearing a mask poses a safety hazard.
- Masks are a highly effective and inexpensive tool for mitigating transmission of respiratory diseases.

[CDPH Get the Most out of Masking](#)



OUTBREAK RESPONSE

- As workplaces, schools will adhere to Cal/OSHA COVID-19 prevention and notification regulations.
- Schools may report outbreaks to the Public Health Department.

[CalOSHA Requirements](#)

[CDPH Workplace Hub](#)

COVID-19 GUIDANCE AND RESOURCES

ACUTE CARE FACILITIES



COVID-19 EXPOSURE

- Health care facilities are required to follow All Facilities Letters (AFLs), Cal/OSHA regulations, and CDC and CDPH COVID-19 guidelines for healthcare personnel.

CA AFL 21-08.9

CalOSHA Regulation



MASKING

- Health care facilities are required to follow the Cal/OSHA Aerosol Transmissible Disease standard that requires the use of N95 respirators for worker protection during the care of suspect or confirmed COVID-19 cases.

CA Code §5199. Aerosol Transmissible Diseases



OUTBREAK RESPONSE

- As workplaces, acute care facilities will adhere to Cal/OSHA COVID-19 prevention and notification regulations.
- Acute care facilities will report outbreaks (a disease incident of three or more cases in a week) to the Public Health Department.

CalOSHA Requirements

Title 17, CCR, §2500



REPORTING

- Healthcare providers shall report hospitalization and/or death of a patient due to COVID-19 within one working day and will report weekly all positive COVID-19 patients to the CDC National Healthcare Safety Network (NHSN).

CDC Hospital Reporting

Vital Records Guidance

COVID-19 GUIDANCE AND RESOURCES

SKILLED NURSING FACILITIES (SNF)



STAFF COVID-19 EXPOSURE/ POSITIVE TEST

- Health Care Facilities are required to follow All Facilities Letters (AFLs), Cal/OSHA regulations, and CDC and CDPH COVID-19 guidelines for healthcare personnel.

[CA AFL 21-08.9](#)

[CalOSHA Regulation](#)



RESIDENT COVID-19 EXPOSURE/ POSITIVE TEST

- SNFs should ensure residents identified with confirmed COVID-19 are isolated in a designated COVID-19 isolation area and will comply with mitigation strategies outlined in AFL 12-12 and CDC Infection Control recommendations.

[CA AFL 23-12](#)

[CDC Infection Control](#)



MASKING

- SNFs are required to follow the Cal/OSHA Aerosol Transmissible Disease standard that requires the use of N95 respirators for worker protection during the care of suspect or confirmed COVID-19 cases.

[CA Code §5199. Aerosol Transmissible Diseases](#)



OUTBREAK RESPONSE

- SNFs will report outbreaks (a disease incident of three or more cases in a week) to the Public Health Department.
- As workplaces, SNFs will adhere to Cal/OSHA COVID-19 prevention and notification regulations.

[Title 17, CCR, §2500](#)

[CalOSHA Requirements](#)



REPORTING

- SNFs shall report hospitalization and/or death of a patient due to COVID-19 within one working day and will report weekly all positive COVID-19 patients to the CDC National Healthcare Safety Network (NHSN).

[CMS Reporting Guidance](#)

[Vital Records Guidance](#)