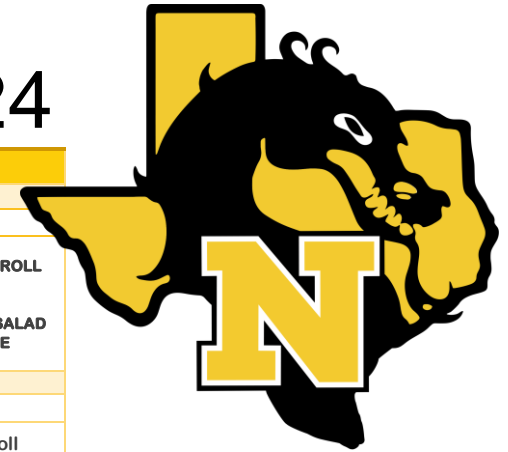




MCAS & 9TH GRADE MENU

April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL	MUFFIN Grilled Chicken and Cheese w/breadstick CHEESEBURGER Marinara Cup /GREEN BEANS Garden Salad FROZEN FRUIT CUP/APPLES	HAM & CHEESE CROISSANT HOT POCKET SPICY CHICKEN SANDWICH Marinara Cup /CORN Garden Salad/COOL TROPICS Apples/Oranges	BREAKFAST PIZZA Popcorn Chicken w/Roll Cheese Burger Oven Fries/Burger Salad GARDEN SALAD Grapes/Oranges	CINNAMON ROLL OVEN FRIED CHICKEN W/ROLL CHEESEBURGER Au gratin POTATOES BAKED BEANS /BURGER SALAD SLICED APPLES/JUICE
8	9	10	11	12
NO SCHOOL	PANCAKE ON A STICK SALISBURY STEAK W/ROLL CKN NUGGETS W/ROLL MASHED POTATOES RANCH BEANS GARDEN SALAD FROZEN FRUIT CUP/APPLES	CINNAMON CRUMBLE Mini Cheese Calzones Cheese Sticks Spicy Ckn Sandwich Marinara Cup /CORN BURGER Salad /COOL TROPICS	BREAKFAST PIZZA HOT WINGS W/BREADSTICK CHEESEBURGER OVEN FIRES BABY CARROTS BURGER SALAD GRAPES/ORANGES	WAFFLES Chicken Strips w/Roll Spicy Ckn Sandwich Ranch Beans/Baby Carrots Burger Salad Sliced Apples/Juice
15	16	17	18	19
MUFFIN PIZZA SPICY CHICKEN SANDWICH RANCH BEANS BABY CARROTS BURGER SALAD Diced Peaches/Juice	FRENCH TOAST STICKS ASIAN FOOD W/ROLL CHEESEBURGER BURGER SALAD BROCCOLI /BABY CARROTS STEAMED RICE FROZEN FRUIT CUP/APPLES	CINNI-MINIS HOT POCKET SPICY CHICKEN SANDWICH Marinara Cup /CORN Garden Salad/COOL TROPICS Apples/Oranges	BREAKFAST PIZZA STUFFED BBQ BAKED POTATO W/ROLL CORN DOG OR BBQ SANDWICH BAKED BEANS GARDEN SALAD BABY CARROTS GRAPES AND ORANGES	FUNNEL CAKE Frito Pie Spicy Ckn Sandwich Pinto Beans/Pickle Spears Burger Salad Sliced Apples/Juice
22	23	24	25	26
KOLACHE Crispitos Meat&Cheese Chalupa Refried Beans/Rice Shred Lettuce/Tomatoes Fruit Cup/Juice	BREAKFAST BURRITO Burrito or Quesadilla Sweet Corn/Salsa Cup Baby Carrots Shred Lettuce/Tomatoes Frozen Fruit Cup/Apples	PANCAKE ON A STICK Street Tacos (pork) Mexican Pizza Seasoned Carrots Garden Salad/salsa cup Apples/Oranges COOL TROPICS	BREAKFAST PIZZA Enchiladas/ Crispy Tacos Garden Salad/Pinto Beans Shredded lettuce&tomatoes Cornbread Grapes/Oranges	STRAWBERRY BAGEL Build your own Burritos --- Beef or Chicken Grilled Peppers/onions Rice/Cornbread Refried Beans Sliced Apples/Juice
29	30	1	2	3
SAUSAGE BISCUIT Burrito or Tamales w/cornbread Fiesta Black Beans Garden Salad/salsa cup Diced Peaches/Juice	FRENCH TOAST STICKS Crispitos or Chalupas Refried Beans/Rice Shred Lettuce/Tomatoes Frozen Fruit Cup/Apples	MUFFIN Colorado Burrito or Quesadilla Sweet Corn/Salsa Cup Baby Carrots/COOL TROPICS Shred Lettuce/Tomatoes Apples/Oranges	CINNAMON CRUMBLE HOT WINGS W/BREADSTICK CHEESEBURGER OVEN FIRES BABY CARROTS BURGER SALAD GRAPES/ORANGES	FRENCH TOAST STICKS Nacho Supreme or Burrito Corn/Salsa Cup Baby Carrots BURGER SALAD Sliced Apples/Juice
<p>A student must take at least three components at a meal and one of those components must be a fruit or vegetable Menu substitutions may occur This institution is an equal opportunity provider</p>				

ALL BREAKFASTS
INCLUDES FRUIT,
JUICE & MILK

ALL LUNCHES
INCLUDE CHOICE OF
MILK

PRICES

STUDENTS:

- Free*

ADULTS/VISITORS:

- Breakfast - \$3.25
- Lunch - \$4.75

