# Centre School - March - Newsletter Timothy Lannan, Principal

## **GENERAL INFORMATION**

We are dedicating the month of March as "*I Love To Read Month*" at Centre School. This coincides nicely with Dr. Seuss' Birthday, which is on March 2nd. To support this great initiative, there will be many activities happening in our classrooms and our library during the month of March. We also encourage families to continue the celebration at home with a special daily reading time. As Dr. Seuss said, "Oh, the places you'll go…."

Please continue to maintain a daily "homework" time (reading and practicing math facts) as spring sports begin, the days lengthen, and family schedules become filled with fun activities. This is the time of year when our primary age students are all working very hard to continue to increase their reading vocabulary, fluency, comprehension, and writing ability and to develop more understanding of math concepts, as well as integrating science and social studies knowledge. As a reminder your child should be reading to you for 10-20 minutes per night. School attendance is so critical to student success so please take this into account when considering time away from school for a family vacation.

### 2024/25 NEW KINDERGARTEN INFORMATION

Information Night for Incoming Kindergarten will be Tuesday, April 9 in the Centre gym. Registration packets will be available that night and you will also sign up for an in-person screening/registration appointment for May. More information on this process is available on the Centre School website. Please help us get the word out to the community by letting your neighbors and friends with pre-school age children know about registering for Kindergarten!

## REPORT CARD CONFERENCES

Trimester two closes March 8th. Report Cards will be available for on-line viewing March 18, at the close of the school day. Spring conferences are scheduled to occur on Wednesday, March 20. For your planning purposes, March 20 is an *Early Release Day* for students to allow for these conferences to occur. Teachers will be contacting you with information for signing up for a conference.

# SCHOOL COUNSELOR NEWS

Has your child told you what zone they are in?

The Zones of Regulation is a district wide program based on a framework created by Leah Kuypers, MA ED., OTR/L. The goals of the program are to teach students to identify their feelings, learn and use effective regulation skills and tools to help self regulate, when and how to use these skills/tools, how to problem solve positive solutions and how to understand how their behaviors influence others' thoughts and feelings

Students are taught to recognize when they are in one of four zones. Each Zone has a color to identify it visually. Students learn through various activities how to use strategies to stay in a zone or to move from one zone to another. The program doesn't project judgment when helping students recognize emotions and levels of alertness.



Blue Zone - sad, sick, tired bored, moving slowly
Green Zone - happy, calm, feeling okay, focused, ready to learn
Yellow Zone - frustrated, worried, silly/wiggly, excited, loss of some control
Red Zone - mad/angry, terrified, yelling/hitting, elated, out of control

Students and teachers use the Zones of Regulation throughout the day at school. We have lots of fun learning about the Zones through discussions, skits and activities.

If you have any questions about the program please feel free to reach out to me.

For me information on the Zones of Regulation visit www.zonesofregulation.com

Samantha Connell School Counselor

#### **MATH NEWS**

Math is all around us! Check out these fun activities you can do at home or in your neighborhood!

Kindergarten: Math in Our World
Grade 1: Math in Our World
Grade 2: Math in Our World

#### NEWS FROM OUR READING SPECIALIST

Spring is right around the corner, which means Parent-Teacher Conferences are too! Parent-Teacher Conferences are a great time to ask your child's teacher about his or her reading and writing development. Reading Rockets has some great tips for a successful Parent-Teacher Conference, which you can find <a href="here.">here.</a>
Also, please do not hesitate to reach out to your child's teacher if you would like our Target Assist Teacher, Martha Dunham, or me to attend your child's conference. We would welcome the opportunity!

Also, Centre School will celebrate "I Love to Read Month" during the months of March and April! Please see the information attached to this email. We have some exciting experiences planned for our amazing young readers!!

Molly Termorshuizen, Reading & Writing Specialist, <a href="mailto:mtermorshuizen@sau90.org">mtermorshuizen@sau90.org</a>

Information & Ideas:

How to Get a Library Card

mCLASS/DIBELS Home Connect

Reading Buddies TV Show!

Literacy Tips and Activities for Caregivers

## **IMPORTANT DATES/INFORMATION**

Please refer to the following list of dates and upcoming events. Especially notice that **Wednesday**, **March 20** is a **NOON DISMISSAL FOR STUDENTS**. This newsletter is published at the end of each month and sent home electronically to parents/guardians. It is also published on the school's website.

# **UPCOMING EVENTS**:

Mar. 4 – School resumes after vacation week

Mar. 6, 13, 27 – Kindergarten Lego Club 3:00-3:50 PM in Centre cafeteria

Mar. 11, 13, 25, 27 – Gr. 2 Music Club 3:00-3:55 PM

Mar.  $8 - 2^{nd}$  Trimester Grades Close

Mar. 8 - Gr. 1 Author Visit

Mar. 12 – EARLY RELEASE DAY (NOON DISMISSAL)

Mar. 12 - Voting Day

Mar. 18 – Report Cards available for viewing online

Mar. 19 – School Board Mtg. 6:00 PM

Mar. 19 – PTA Meeting 5:00 PM @ Hampton Academy

Mar. 20 – EARLY RELEASE DAY (NOON DISMISSAL)

Mar. 20 - Parent/Teacher Conferences 12:15-6:15 PM