March 1, 2024

Lunch: #1 Mac & Cheese w/ Breaded Shrimp

#2 Salami Sandwich Salad – Italian Chef

Lunch Monday: #1 Sweet & Sour Chicken w/ Fried Rice

#2 Turkey Sandwich

Salad – Turkey

Clubs: StuCo – Room 121 – Mrs. Conley (eat 1st lunch)

Birthdays: Rylee Payne

Activities: HS GBKB Sub-State vs. Hiawatha @ Royal Valley; Depart 4:30pm; Tip-Off 6pm

Pep Bus Departs 5:15pm

Handbook Regulations & Rule Reminders: Driving is both a serious responsibility and privilege. In the interest of safety, students are expected to operate their vehicles in a responsible and orderly fashion. Excessive speed or other reckless or careless acts cannot be tolerated.

If you plan to participate in Baseball, Boys Golf, Softball, or Track, your sports physical must be turned into the office before you go to practice TODAY. Your participation fee and other required forms must be turned in to the office by Friday, March 1st.

Due to a generous donator, any high school student who attends the Lady Tigers Sub-State game in Royal Valley TONIGHT will have their admittance fee paid. So, let's fill the stands with Tiger pride on Friday!

Sign up for the Pep Bus is in the office. Please sign up before 3pm today.

"Fighting Fentanyl...KNOW is the new NO" Bring your parent or guardian at 6pm Tuesday, March 5th, Jefferson West High School for Family Wellness Night. Get a punch card at the door. Visit the vendor booths and stay with your parent or guardian for the presentation. Earn PBIS points after the presentation when you turn in your punch card. Come between 5-6pm for dinner to support the Bebra Exchange.

Any Junior or Senior wanting to submit a design for the After-Prom shirt, the submission deadline is Monday, March 4th.

Looking for volunteer hours? The Chamber needs your help! This Saturday, they need volunteers to help serve pancakes at the Elementary School from 7-11am. The Meriden/Ozawkie Chamber of Commerce will once again have their annual Pancake Feed on Saturday, March 2, 7-11am at Jefferson West Elementary School. This is one of the Chamber's most important fundraisers for Jefferson West Graduate scholarships. Support our local students by attending the Pancake Feed and catching up with our community members! Sign up is in the office.