



October 2023

LAC DU FLAMBEAU BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Oat Chocolate Chip Benefit Bar	3 Mini Cinni	4 Yogurt Cup w/ Giant Cinnamon Goldfish Cracker	5 Cereal	6 Ultimate Breakfast Round
9 NO SCHOOL Professional Day	10 Banana Bread	11 Yogurt Cup w/ Giant Cinnamon Goldfish Cracker	12 Cereal Bar	13 Ultimate Breakfast Round
16 Oat Chocolate Chip Benefit Bar	17 Mini French Toast	18 Yogurt Cup w/ Giant Cinnamon Goldfish Cracker	19 Cereal	20 Ultimate Breakfast Round
23 Banana Chocolate Chunk Benefit bar	24 Blueberry Bash Waffle	25 Yogurt Cup w/ Giant Cinnamon Goldfish Cracker	26 Cereal Bar	27 Ultimate Breakfast Round
30 Oat Chocolate Chip Benefit Bar	31 Mini Cinni			

ALL Meals Include

Juice
Milk
And
Fruit

Breakfast Bar Rotating Menu

Gogurt
String Cheese
Granola Bar
Hard Boiled egg
Scooby snacks
Cereal/cereal bar

Menu Subject to
Change Based on
Product
Availability

Menu Key: **FP** = Fresh Pick • **WG** = Whole Grain