

When To Keep Your Child Home From School

Fever: If your child has a fever of 100.0°F or greater, they need to stay home and rest. A fever of 100.0°F or more signals an illness that is probably going to make a student uncomfortable and unable to function well in class. Your child should stay home until his or her temperature is less than 100.0°F for 24 hours WITHOUT medication.

A fever of 100.0°F or higher will require the child to be picked up from school and remain home for 24 hours.

Runny Nose/Cough: Nasal discharge that is yellow, green, and thick may indicate an infection. In small children, the discharge is more easily spread as they often don't understand that it should be wiped away with tissues. Please keep your young child home if he/she has thick colored nasal discharge. A productive cough with yellow or green mucus may need to be checked by a healthcare provider, especially if the child has a fever as well.

Persistent colored drainage and cough will require the student to be picked up from school.

Vomiting, Diarrhea, or Severe Nausea: All three of these conditions are very uncomfortable and will not allow your child to participate fully in class. These are symptoms that require a student to remain at home until a normal diet is tolerated the night before and the morning of school.

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Infectious Diseases: Illnesses such as impetigo, pink eye, and strep throat require a health care provider's visits and prescription for medication. Contacting the health care provider and using the medicine as directed for the full recommended length of time are necessary. You should never have leftover antibiotics. A student may return to school 24 hours after the first dose of an antibiotic and if he/she is feeling well.

Symptoms that resemble contagious illnesses will require a student to be picked up from school.

Injuries: If a student has an injury that causes continuous discomfort, the student should not attend school until the condition is checked by a healthcare provider or it improves. Injuries that interfere with class participation will need a medical evaluation. If participation in physical education classes is not recommended, a health care provider's excuse is required.

****The best way to prevent the spread of illness is hand washing. Be sure to remind your child to cough and sneeze into their sleeve and wash hands to decrease the spread of the cold/flu virus****

Please keep in mind when a child is required to be picked up from school, the child must be picked up within one hour. This requirement is both for your child's safety and comfort as well as the safety and health of all students and staff.

Thank you for helping to keep our students safe and healthy! Please feel free to reach out at any time to the District Nurse with any questions or concerns.