

## Triennial Assessment Summary of the Local Wellness Policy

**Instructions:** The template below is offered to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template.

**Requirement:** An assessment of your school wellness policy must be conducted at a minimum once every three years per United States Department of Agriculture (USDA) regulations. Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

This assessment will determine:

- Compliance with the wellness policy
- How the wellness policy compares to model wellness policies
- Progress made in attaining the goals of the wellness policy.

**Results:** The final rule requires that LEAs update their wellness policy as appropriate and requires that LEAs must make available to the public:

- The wellness policy, including any updates to and about the policy at minimum on an annual basis.
- The Triennial Assessment results, including the progress that has been made in meeting the goals of the wellness policy.

**Record Keeping:** A copy of the most recent triennial assessment along with supporting documentation must be kept on file with your wellness policy documentation for three years plus the current year. The State agency will examine records during the Administrative Review, including:

- Copy of the current wellness policy
- Documentation on how the policy and assessments are made available to the public
- The most recent assessment of implementation of the policy
- Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate.

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### General Information:

School(s) included in the assessment: Avon School District 4-1

Month and year of current assessment: July 12, 2021

Date of last Local Wellness Policy revision: Reviewed 12/10/2018

Website address for the wellness policy and/or information on how the public can access a copy:  
[https://core-docs.s3.amazonaws.com/documents/asset/uploaded\\_file/1390971/Wellness\\_Policy-Revised.pdf](https://core-docs.s3.amazonaws.com/documents/asset/uploaded_file/1390971/Wellness_Policy-Revised.pdf)

**Wellness Policy Leadership:** LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet? Once

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Tim Leibel	K-12 PE Teacher	Tim.leibel@k12.sd.us

School Wellness Committee Members:

Name	Job Title	Email Address
Angie Ferwerda	Food Service Director	<a href="mailto:Angie.ferwerda@k12.sd.us">Angie.ferwerda@k12.sd.us</a>
Kathy Blaha	K-12 Principal	<a href="mailto:Kathy.blaha@k12.sd.us">Kathy.blaha@k12.sd.us</a>
Branden Baade	Parent, School Board Member	
Tina Cameron	Title I Teacher, Coach	<a href="mailto:Tina.cameron@k12.sd.us">Tina.cameron@k12.sd.us</a>
TBD – Student Council President	Student Council President	

**Comparison to Model School Wellness Policies:** A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus

the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

☒ **SD Model Wellness Policy:** A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.

☐ **WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#) .

☐ **Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy:

The Avon School District policy is similar to the SD model wellness policy. They contain the same language and material required per federal regulations.

## Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
  - Nutrition promotion and education
  - Physical activity
  - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Nutrition is taught as a portion of PE class. Students also are exposed to nutrition components in regular classes.	X			The District will continue to support and emphasize nutrition as a classroom component.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
K-8 students receive PE weekly. 10-12 students have the option to enroll in PE. The PE curriculum is rigorous and taught by a highly qualified PE teacher. Elementary students also receive daily recess. Sports programs are offered for 6-12 grade students. Summer training programs are offered for students in grades 3-12 for movement and physical activity.	X			The District will continue to emphasize the importance of physical movement. The District has longer and more frequent recess times compared to other districts. Support of summer training programs will continue.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The District allows student access to weight room and gyms for student wellness. The District also encourages participation in extracurricular activities.	X			The District will continue to allow and encourage students to use gym and weight room facilities. The District will continue to support extracurricular activities for student wellness.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The school district does not participate in smart snacks. All meals served are in compliance with federal guidelines for nutrition. An unlimited salad bar is available for students with a large offering of fresh fruits and vegetables.	X			The District will continue to offer a robust salad bar. The District will continue to meet nutrition standards set by the federal government. The District will not offer vended foods.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Any food sold on campus must be preapproved by the K-12 principal. This is a very rare occurrence in the Avon School.	X			The District will continue to require rigorous approval for foods available on the school campus.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
N/A – The District does not market or advertise any food or beverage.	X			N/A

Additional information:

Copy of the current wellness policy – Attached to this assessment

The policy and assessments are made available to the public on the school's website. They are also available for hard copies in the school office.

The most recent assessment of implementation of the policy occurred on 7/12/21 at the regular school board meeting. Board members were given the policy in advance to review.

The review and update of the policy occurred in an open meeting which was advertised to the public. Stakeholders had the opportunity to express any input.