

Arkansas Indistar

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Pangburn Elementary
School LEA Number:	7309038

School Year: 2023-2024

Section II: Needs Assessment

School Health Index Assessment

Hint

- ☒ Check box if completing the SHI Assessment online
- ☐ Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	PANG869190
-------------------	------------

Reviewer Comments:

Body Mass Index (BMI)

Hint

Develop a brief narrative of student BMI trends based on the analysis of the data.
2022/2023

KF						
Males	Health Weight	Obese	Overweight	Underweight	2022	78%
	5%	12%	5%			
2023	70%	3%	17%			
Females						
2022	60%	12%	24%	4%		
2023	80%	5%	15%			

2nd Males

2022	47%	47%	6%	
2023	57%	17%	17%	9%

2nd Females

2022	40%	50%	10%	
2023	56%	32%	12%	

4th Males

2022	86%	14%		
2023	32%	40%	24%	4%

4th Females

2022	63%	27%	5%	5%
2023	42%	16%	32%	10%

Additional Health Data (Optional)

Hint

Develop a brief narrative of other health and wellness data. (Optional)

- Provide health food choices for breakfast and snacks 100% of the time.
 - Provide support for students in making healthy lifestyle choices by implementing system to aid in decreasing the average Body Mass Index score for students as evaluated by the annual Body Mass Index screening.
 - Goal of 5% decrease within the next three years, we did not meet our previous goal.
 - Child Nutrition Director will ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed in the cafeteria ala carte section.
 - Twice per year mental health videos are provided to parents concerning mental health.
-

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

These checkboxes are required.

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.
- ☒ The LEA has implemented space in the facility to accommodate breastfeeding mothers **(AR Code §6-18-719)**.
-

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

Goal 1 Measurable Objective

- Provide health food choices for breakfast and snacks 100% of the time.
- Provide support for students in making healthy lifestyle choices by implementing system to aid in decreasing the average Body Mass Index score for students as evaluated by the annual Body Mass Index screening.
- Goal of decreasing the Body Mass Index Score within three years.

Goal 1 Activities

Activity	Person Responsible	Timeline
Child Nutrition Director will ensure menus are rereviewed quarterly by the district wellness committee and healthy food choices are being marketed in the cafeteria ala carte section.	Patty Ratton, Child Nutrition	October 2023 December 2023 February 2024 April 2024
Principal and Superintendent will annually review grade level instruction practices to ensure that grade level appropriate nutrition education is provided	David Rolland, Superintendent Mary Rieck, Principal	2023/2024 School Year
Bottle Filling Stations have been installed in all buildings and students are allowed to have water bottles in all classrooms. Stations will be maintained under health guidelines.	Aaron Russell, Maintenance Director	Annually
Second chance breakfast	Patty Ratton, Child Nutrition	2024 School Year

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Hint

Goal 2 Measurable Objective

- Ensure the minimum level of physical activity and quality physical education are being provided throughout the school year.
- Address the needs of all learners by implementing a comprehensive health curriculum that addresses the needs of the whole child, taking into account the development and physical health needs that impact learning.
- Provide physical and health education that is consistent with standards.
- The school nurse will be present during 80% of 504 student meetings that have a health related issue.

Goal 2 Activities

Activity	Person Responsible	Timeline
Activities offered through the 21st Century program.	Suzanne Louks	2023/2024 School Year

Provide physical and health education that is consistent with standards.	Jenny Reaper, PE Teacher	2023/2024 School Year
Inclusion of determination of physical, social, emotional health issues/concerns.	Mary Rieck, Principal	2023/2024 School Year
Second chance breakfast	Patty Ratton, Child Nutrition	2023/2024 School Year
Nutritional guides will be sent home to parents once a year.	Brandy Gallegly, HSW	January 2024

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

Goal 3 Measurable Objective

Goal 3 Activities

Activity	Person Responsible	Timeline

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

Hint

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
CPR, AED and Stop the Bleed Training	Becky Vanwinkle, Nurse	September 2023
Blue & You Fitness Challenge is promoted annually	Becky Vanwinkle, Nurse	March 2004
Health & PE teachers will meet the required standards to teach the course.	Mary Rieck, Principal	Annually
Hearing testing for staff	Stephanie Baker, HR	January 2024

Reviewer Comments:

Topic 5: Inclusion of Built Environment Strategies

In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:

Hint

The Pangburn School District currently has:

- 4 gymnasiums
- softball field
- baseball field
- walking track
- sidewalks that cover the entire campus, which is the equivalent of 4 blocks
- 5 playgrounds (playgrounds are based on age appropriate structures)

Reviewer Comments:

Reviewer Response:

☐ ADE Reviewed

Reviewer Comments:

Close