

Arkansas Indistar
Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Pangburn High School
School LEA Number:	7309039

School Year: 2023-2024

Section II: Needs Assessment

School Health Index Assessment

Hint

- ☒ Check box if completing the SHI Assessment online
- ☐ Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	PANG869190
-------------------	------------

Reviewer Comments:

Body Mass Index (BMI)

Hint

Develop a brief narrative of student BMI trends based on the analysis of the data.
2022/2023

		<u>Health Weight</u>	<u>Obese</u>	<u>Overweight</u>	<u>Underweight</u>
8th	Males				
	2022	60%	28%	12%	
	2023	67%	25%	8%	
	Females				
	2022	50%	27%	15%	8%

Health and Wellness School Improvement Priority					
	2023	57%	29%	10%	4%
10th	Males				
	2022	84%	8%	8%	
	2023	65%	15%	20%	
	Females				
	2022	54%	35%	7%	4%
	2023	67%	25%	8%	

Additional Health Data (Optional)

Hint

Develop a brief narrative of other health and wellness data. (Optional)

- 1. Provide grade-appropriate nutrition education for all students.
- 2. Provide support for students in making healthy lifestyle choices by implementing system to aid in decreasing the average Body Mass Index score for students as evaluated by the annual Body Mass Index screening.
- 3. Goal of decreasing in the Body Mass Index score by 5% within the next three years

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

These checkboxes are required.

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709).**
- ☒ The LEA has implemented space in the facility to accommodate breastfeeding mothers **(AR Code §6-18-719).**

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

Goal 1 Measurable Objective

- 1. Provide grade-appropriate nutrition education for all students.
- 2. Provide support for students in making healthy lifestyle choices by implementing system to aid in decreasing the average Body Mass Index score for students as evaluated by the annual Body Mass Index screening.
- 3. Goal of decreasing in the Body Mass Index score by 5% within the next three years

Goal 1 Activities

Activity	Person Responsible	Timeline
Child Nutrition Director will ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed in the cafeteria ala carte section.	Pattie Ratton	October 2023 December 2023 February 2024 April 2024
Principal and Superintendent will annually review grade level instruction practices to ensure grade level appropriate nutrition education is provided	David Rolland, Superintendent Terri Kane, Principal	2023/2024 School Year
Bottle Filling Stations have been installed in all buildings an students are allowed to have water bottles in all classrooms. Stations will be maintained under health guidelines.	Aaron Russell, Maintenance Director	Annually
Provide a calm room for students	Terri Kane, High School Principal	2023/2024 School Year

Reviewer Comments:**Topic 2: Coordination and Implementation of Physical Activity and Education for Students**

Hint

Goal 2 Measurable Objective

- Ensure the minimum level of physical activity and quality physical education are being provided throughout the school year.
- Address the needs of all learners by implementing a comprehensive health curriculum that addresses the needs of the whole child, taking into account the development and physical health needs that impact learning.
- Provide physical and health education that is consistent with standards.
- The school nurse will be present during 80% of 504 student meetings that have a health related issue.

Goal 2 Activities

Activity	Person Responsible	Timeline
Activities offered through the 21st Century program.	Suzanne Louks	2023/2024 School Year
Provide physical and health education that is consistent with standards.	Caleb Crisp, PE Teacher	2023/2024 School year
Inclusion of determination of physical, social, emotional health issues/concerns.	Terri Kane, Principal	2023/2024 School Year
Second chance breakfast	Pattie Ratton, Child Nutrition	2023/2024
Send a nutritional guide home with students once a year.	Brandy Gallegly, HSW	January 2024

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students**(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)****Hint****Goal 3 Measurable Objective****Goal 3 Activities**

Activity	Person Responsible	Timeline

Reviewer Comments:**Topic 4: Inclusion of School-wide Health Related Professional Development****Hint****List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):**

Session Title	Trainer/Organization	Session Duration
CPR training	Becy Vanwinkle, Nurse	September 2023
Blue & You Fitness Challenge is promoted annually to engage in a 3 months of fitness competition.	Becky Vanwinkle, Nurse	March 2024
Health & PE teachers will meet the required standards to teach course	David Rolland, Superintendent	Annually
Hearing testing for staff	Stephanie Baker, HR	Winter 2024

Reviewer Comments:**Topic 5: Inclusion of Built Environment Strategies****In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:****Hint**

The Pangburn School District currently has:

- 4 gymnasiums
- softball field
- baseball field
- walking track
- sidewalks that cover the entire campus, which is the equivalent of 4 blocks
- 5 playgrounds (playgrounds are based on age appropriate structures)

Reviewer Comments:

Reviewer Response:

☐ ADE Reviewed

Reviewer Comments:

Close