


KIDsource

EUREKA ENGINEERING

CHECK IT OUT ON PAGE 10



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ASL FOR KIDS
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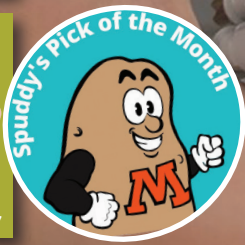
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Artistic Hour

GRADES 1-4

Do you love art in all forms? Do you enjoy a multitude of artistic utensils? Bring forth your creativity in an inviting space to learn about different methods of art. Spread your wings and create!

2:35-4 PM • \$35

YE17C

Ellen Hopkins Elementary
Tues • Oct 10 & 17

YE17D

S.G. Reinertsen Elementary
Thurs • Oct 19 & 26



REGISTER HERE

COOKIES & BOOKS

GRADES 3 & 4

Discover the joy of cookie decorating!
Each session will pair a picture book and
three cookies inspired by the book.

2:35-4:15 PM • \$30

YE13D
Robert Asp
Oct 3



REGISTER HERE



Together, we can live healthier.

Fall Vaccine Events

FLU AND COVID (PFIZER)

Join us for one of our fun,
fall-themed vaccine events.

9:00 am - 1:00 pm



September 23
BACK-TO-SCHOOL

Wear your
school colors.



October 7
TOUCHDOWN

Wear your favorite
sports apparel.



October 14
HAPPY HALLOWEEN

Come in your
costume.



November 4
THANKSGIVING

Pass the turkey, not
the flu (or COVID)!

Essentia Health-52nd Ave Clinic

4110 51st Ave S | Fargo

Walk-in event. No appointment needed.
Available for all ages.

Please make sure to bring your insurance card.



Essentia Health



MIDDLE SCHOOL Masterpieces

Grades 5-8

Join us for step by step instructions on fun canvas masterpieces. All supplies are provided. Bring your friends and simply enjoy art through your own eyes!

4:15-5:15 PM • \$30

YE61A

Horizon East Middle School
Fri • Oct 6 • Gr 7-8

YE61B

Horizon West Middle School
Fri • Nov 3 • Gr 5-6



WHO'S NEXT!



MOORHEAD BASKETBALL ASSOCIATION



2023-24 MBA SIGN UP



**Register Now!
3rd - 8th Grade**



presents

MOORHEAD MAGIC YOUTH WRESTLING

Who: PreK-6th Grade



What: **Youth Wrestling**
www.moorheadwrestling.com

When: Practices will start mid-November
Pre - K will practice once/week
1st - 6th will practice twice/week

Where: **MHS Wrestling Room**

Cost:

PreK-K - FREE
Grades 1-6 → \$50/wrestler; \$100 max/family
(All wrestlers are also required to purchase a USA wrestling card)
Scholarships are available on our website for those with financial needs.

Follow us on Facebook for updates - [Moorhead Magic Youth Wrestling](#)



***SHOU SHU
MARTIAL ARTS***

**KICK-OR-TREAT
4 WEEKS FOR
\$50**

**900 1ST AVE N • MOORHEAD
PH: 218.512.0142**

[HTTPS://SHOUSHUFM.COM/](https://shoushufm.com/)

LIKE US ON 



Kids & Canvas

Grades 1-4

This class is easy to follow, has step-by-step instructions, and provides all materials needed to create this masterpiece.

2:45-3:45 PM • \$30

YE60C

Probstfield Elementary
October 13

YE60D

Robert Asp Elementary
October 27

YE60E

S.G. Reinertsen Elementary
November 17



REGISTER HERE



We have classes for toddler through adults and all levels!
New students welcome. Start your dance journey with us today.

Downtown Fargo
524 7th St N
Fargo, ND 58102
701-234-9440

South Fargo
4631 40th Ave S, Ste 120
Fargo, ND 58104
701-234-9441



GASPERSCHOOLOFDANCE.COM



MARQUART'S MARTIAL ARTS

Join us in Moorhead!

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness, and flexibility
- ✓ Education for the development of the complete individual as a martial artist

Check Us Out!
**NO CONTRACT
REQUIRED!**

Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has more than 36 years of teaching experience and is President of the US Changmookwan TKD Union.

Call 218.233.6941 for more information or visit
WWW.MARQUARTSTKD.COM
2615 12th Avenue S.
Moorhead, MN



TRI-CITY UNITED SOCCER CLUB



ACADEMY

AGES

3 to 14 Years Old (Academy)
18mo to 4 Years (Taters & Tots)

SKILL LEVEL

Beginner → Intermediate

PROGRAM OFFERED

Fall, Winter, Spring, Summer

TRAINING DAYS/NIGHTS

Weeknights or Saturdays
Depending on Season

GAMES

None

COACHES

Staff Coaches

RECREATIONAL

AGES

Pre-K to 8th Grade

SKILL LEVEL

Beginner → Intermediate

PROGRAM OFFERED

Fall, Winter, Spring, Summer

TRAINING NIGHTS

- Fall & Spring (Weekday Evenings)
- Winter & Summer (Prior to Game)

GAMES

Weeknights or Saturdays
Depending on Season

COACHES

Parents or Volunteer Coaches

COMPETITIVE

AGES

Birth Years 2005-2015

SKILL LEVEL

Intermediate → Advanced

PROGRAM OFFERED

Fall, Winter, Spring-Summer

TRAINING NIGHTS

2-3 Times Week

GAMES

- Out of Town Tournaments
- Friendlies
- In-Club Games

COACHES

Nationally Licensed
Staff Coaches



Scan
Here

TRICITYUNITED.ORG



See what's happening at the YMCA!



Fall Youth Programs

Keep your kiddos active, learning, and having a BLAST! Options are available for toddlers through teens - get registered today! ymcacassclay.org/programs

October Session: Oct. 9 - Nov. 4 | November: Nov. 6 - Dec. 1 | December: Dec. 4 - 15

Cheerleading
Swimming Lessons
Sports of all Sorts
Tiny Dancers

Flag Football
Youth Basketball League
Gators Swim Team
Gymnastics

Ninja Skills
Soccer Camp
Rock Climbing
and more!



YMCA Kids Clubs - a club for every kid! No matter what your kiddo's curiosity, we have options for hands-on fun and learning. Discover more and register: ymcacassclay.org/programs

Photography | Cooking | Science/Engineering | Pokémon/Minecraft | Crafting | STEM Camp | Lego/Robotics



PRINCESSES & SUPERHEROES UNITE!

October 27 • 5:00 - 7:00pm • Schlossman YMCA

Dress as your favorite superhero or princess and have tons of fun with crafts, games, scavenger hunt, obstacle course, treats, photobooth, and more! ymcacassclay.org/events

• Members: \$15/family • Non-Members: \$25/family



School Out Days STEM Camp

October 19 | October 20 | November 22

Need something for your kiddos to do when there's no school? This year we have new "STEM Camp" themed school out days where we'll explore all things science. The day will be packed with fun activities to keep kids active. Registration required - please do so at least one week in advance!

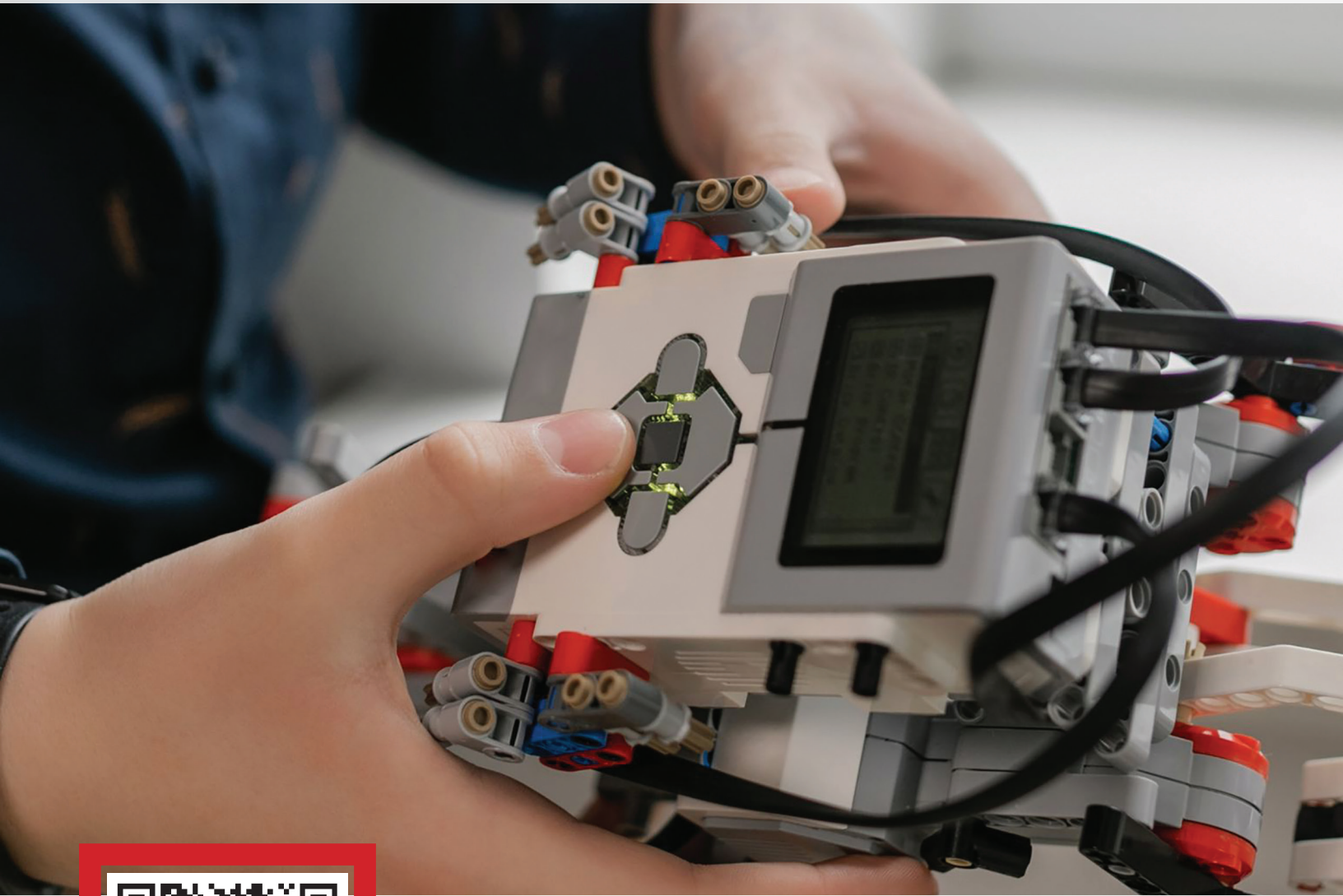
Ages 6-11 • 9:00am - 4:00pm • Schlossman YMCA

Members: \$25/day • Non-Members: \$50/day

EUREKA ENGINEERING

GRADES 3 & 4

Eureka Engineering introduces students to the core skills of robotics and STEM through engaging, hands-on learning opportunities. Join us for exciting and competitive challenges including drag racing, fighting robots and more!



REGISTER HERE

2:45-3:45 PM • \$115

YE40A

Dorothy Dodds Elementary
Mon/Wed • October 2-30

YE40B

Robert Asp Elementary
Mon/Wed • Nov 6- Dec 4



ART PROGRAMS



VAN GOGH SUNFLOWERS

Saturday, October 14
9-10:30 am | Alm Park
Ages 9-13 | \$12

Learn about the artist Van Gogh through the study of his work "Sunflowers" and create a master copy with your own style.



HOT AIR BALLOON

Saturday, October 28
9:30-10 am | Alm Park
Ages 6-8 | \$10

Artists will learn a variety of mark-making texture techniques for their land and how to create a balloon that pops up from their paper.



SHADOW BOX COLLAGE

Saturday, November 18
9-10:30 am | Alm Park
Ages 10-13 | \$12

Artists will create a dimensional shadow box as the base of their work of art and then hunt for images from magazines to collage together.

ART CAMPS

Join us for mornings filled with art, creative exploration, and fun! Participants will dabble in several different art forms including painting, drawing, clay and 3D projects.

Dates	Days	Times	Location	Ages	Fee
Dec. 27-30	Wednesday-	9-10 am	Alm Park	6-8	\$25.00
	Saturday	10:30 am-noon		9-13	

Register by calling 218.299.5340 or visit moorheadparks.activityreg.com.

PUMPKIN PARTY PICK-UP

Tuesday, October 17
Pick up supplies 3:30-5:30 pm
Memorial Park, 111 8th St N

Submit photos of your painted pumpkins to parkandrec@moorheadmn.gov.
Winners announced on Halloween! For more information, visit moorheadparks.com.



MONSTER MASH

- TRUNK OR TREAT -



October 31, 5-7 pm
Moorhead Center Mall
Parking Ramp

Enjoy an evening of trick-or-treating through the Moorhead Center Mall parking ramp. All ghouls, witches and zombies welcome! To get involved and host a vehicle, find the registration form at moorheadparks.com, call 218.299.5078 or email josie.gereszek@moorheadmn.gov!



RC WARS

GRADES 5-8

Build your own Remote Control vehicles to race and battle against other teams in land and air races, obstacle courses and more as you learn mechanical and electrical building skills in an energetic and exciting environment!

4:10-5:40 PM • \$115

YE47

Horizon West Middle School
Mon/Wed • Oct 2-30

YE107

Horizon East Middle School
Mon/Wed • Nov 6-Dec 4

REGISTER HERE



GRADES 5-6



GRADES 7-8

ASL for Kids

GRADE 4

American Sign Language designed for kids to have the opportunity to learn a new language. You will learn conversational ASL and some Deaf culture.

YE10B

Ellen Hopkins Elementary

Tuesdays • Oct 24-Nov 21

2:45-3:45 PM

\$30



REGISTER HERE



TECH TEAM WRESTLING CLUB

2023-2024 SEASON

PRE-K THROUGH 6TH GRADE
BOYS AND GIRLS
ALL SKILL LEVELS WELCOME



COACHED BY GARLINGTON TRAINING CENTER



PARENTS MEETING
THURS NOV. 2ND
6:00-7:00PM

BEGINNER/GROUP 1
TUES: 5:30-6:30PM
THURS: 5:30-6:30PM

ADVANCED/GROUP 2
MON: 6:00-7:30PM
T & TH: 6:45-8:15PM



TECH TEAM TRAINING CENTER
524 7TH AVE NE, WEST FARGO
(BEHIND PRAIRIE SUPPLY)

NOVEMBER 6TH - MARCH 23RD

f TECH TEAM WRESTLING | TECHTEAMWRESTLING.COM
📞 PHONE/TEXT: COACH GRAELIN @ 662-889-1483

Martial Arts



Reach your full potential with our confidence-building martial arts programs! Register for Beginner, Advanced and Black Belt Tae Kwon Do, Self Defense and Jiu Jitsu programming October-February!

Ages 5-Adult
\$75-\$80

Sports Sampler

This program leads youth through a variety of sports and physical education games each week while focusing on teamwork, skill-building and having fun!

Tuesdays and Thursdays
November 2-21
Ages 3-6 | \$40



PARKS AND RECREATION
moorheadparks.com

218.299.5340



You're invited to **GOOD NEWS CLUB**

Free! Sponsored by Child Evangelism Fellowship of ND, Inc.



What is it?

Good News Club® is an exciting, fun-filled weekly club for kids.

- Dynamic Bible Lessons
- Creative Learning Activities
- Inspiring Missionary Stories
- Meaningful Fun Songs
- Life-Changing Scripture Memory



Your child will learn:

- Respect for Authority
- Moral Values
- Character Qualities
- Biblical Principles



Who teaches the club?

Specially trained Christians who are concerned for the spiritual well-being of your child teach the club. All club workers are screened as required by CEF's Child Protection Policy to ensure your child's safety.



Who can attend?

All boys and girls, grades K-5th, regardless of religious background. Parents are also welcome to attend with their child.

Club Info

When: Once a Wk. Time: After school (most clubs 2:40-4:00 PM) Where: Moorhead Elem. Schools
Register/More Info at: www.ceffm.org/club; Email: office@ceffm.org; Call/Text: 701-200-4865

This FREE club is open to all students. Check out our website page to see if a club is at your school. If no club at your school, please let us know your interest.

The United States Constitution requires schools to respect the right of all external organizations to distribute flyers to students at school if the school permits any such organization to distribute flyers. Accordingly, the school cannot discriminate among groups wishing to distribute flyers at school and does not endorse the content of any flyer distributed at school. The school encourages parents to assist their children in making choices appropriate for 13 them. This is not an activity of the school or the school district.

*Helping students read with
confidence & pursue their dreams!*

Helping Students Overcome Dyslexia,
Mathematics and Language
Comprehension Difficulties



Reading
Therapy
Center

2912 15th Street S, Suite C
Moorhead, MN 56560

218.359.0505

ReadingTherapyCenter.com



NEW & EXCITING ELEMENTARY SCIENCE EXPLORATION

GRADES 3 & 4

Join us for a safe interactive hands-on science investigation. Young scientists will be trained by Dr. Graeme and students from Concordia College.

2:45-4:15 PM • \$10



REGISTER HERE

YE57B

S.G. Reinertsen Elementary
October 12

YE57C

Ellen Hopkins Elementary
November 9

YE57D

Robert Asp Elementary
November 16

YE57E

Probstfield Elementary
November 30

YOUTH ART CLASSES



Ann Arbor Miller

INTERMEDIATE POTTERY ON THE WHEEL

(Ages 9-16)

Mondays, September 25-October 16, 4-6 PM

GHOSTLY TERRARIUM (Ages 8-12)

Tuesday, October 3, 4-5:30 PM

PULP PAINTING JACK O' LANTERNS

(Ages 8-12)

Tuesday, October 17, 4-5:30 PM

MATISSE GOLDFISH (Ages 8-12)

Tuesday, October 24, 4-5:30 PM

STEAM: DOODLEBOT (Ages 8-12)

Tuesday, November 7, 4-6 PM

PAINTING: ROSES (Ages 10-14)

Tuesday, November 14, 4-6 PM

VAN GOGH LANDSCAPES (Ages 8-12)

Tuesday, December 5, 4-5:30 PM

WAY MORE CLASSES + REGISTRATION

plainsart.org/create & 701.551.6100

PLAINS ART MUSEUM

Katherine Kilbourne Burgum CENTER FOR CREATIVITY
704 1ST AVE., N, DOWNTOWN FARGO



3509 4th Ave S • 277-1TKD

Red River Traditional TaekwonDo

The Area's Only Traditional Taekwondo School

Grand Master Jim has **45 years** of experience in Taekwondo. Certified 8th Degree Black Belt teaches each and every class.

- 8th Degree Black Belt** in World TaeKwonDo Federation TaeKwonDo
- 8th Degree Black Belt** in Moo Duk Kwan TaeKwonDo
- 7th Degree Black Belt** in Chang Moo Kwan TaeKwonDo
- 5th Degree Master** in HapKiDo (the art of joint locks and ground fighting)
- 4th Degree Master** in KumDo (the Korean sword art)

Grand Master Jim is the only Kukkiwon/World Taekwondo Headquarters trained & certified:

- **International Taekwondo Master License, 1st Class,** Kukkiwon certified (World Taekwondo Headquarters)The only one in ND, SD, MN & MT. This is important because as of 2023 *only* certified **International Masters** can apply for Black Belts certification.
- **Kukkiwon Test Examiner, 1st Class,** the only one in ND, SD, MN & MT. This is important because the Kukkiwon will be setting up **Regional Testing Boards** for Black Belts comprised *only* of **8th Degree Kukkiwon Test Examiners**.
- **International Hanmadang Referee** (International Taekwondo Competition)
- **North Dakota President of the World Taekwondo Masters Union**
- **Founding member of the International Black Belt Federation** and the **Northern Taekwondo Alliance**. Former member of the **ND State Athletic Commission** and a Mixed Martial Arts referee and judge.
- All Instructors are certified Black Belts through the Kukkiwon

go to RRTKD.COM for more information

FREE
2 week trial

277-1TKD • 3509 4th Ave S



Grand Master Jim in Korea with the President of the Kukkiwon