

Melstone Monthly Staff

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Inside This Issue

Page 2: Fairlife: Healthier School Option

Page 3:

Basketball scores girls

BPA Valentine Sales

Page 4:

Basketball scores boys

Spirit Week

Page 5:

Blowing up the science room

Page 6:

Senior Survey

Page 7:

Christmas Concert

Page 8:

Recipe

Sweetheart Dance

Page 9:

Favorite Christmas Activity

Page 10:

Playground equipment

Riddle

Page 11:

4-H Happenings

Page 12:

Honor Roll

Page 13:

BPA Results

Page 14:

Game Page

Page 15:

Calendar



Valentine's Day

By Michael Bergin

Valentine's Day occurs every February 14. Across the United States and other places worldwide, candy, flowers, and gifts are exchanged between loved ones, all in the name of St. Valentine. But who is this mysterious saint, and where did these traditions come from?

One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men. After realizing the decree's injustice, Valentine defies Claudius and secretly performs marriages for young lovers. When Valentine's actions were discovered, Claudius ordered that he be put to death.

Another idea for the start of Valentine's Day: Given their similarities, it has been suggested that the holiday originates in the Roman festival of Lupercalia, held in mid-February. The festival, which celebrated the coming of spring, included fertility rites and the pairing of women with men by lottery. This holiday could have sparked the idea of love for what is now Valentine's Day.

By the middle of the 18th century, it was common for friends and lovers of all social classes to exchange small tokens of affection or handwritten notes. By 1900, printed cards began to replace written letters due to improvements in printing technology. Ready-made cards made it easy for people to express their emotions when directly expressing one's feelings was discouraged. Cheaper postage rates also contributed to an increase in the popularity of sending Valentine's Day greetings. Americans began exchanging hand-made valentines in the early 1700s. In the 1840s, Esther A. Howland began selling the first mass-produced valentines in America.

Cupid is often portrayed on Valentine's Day cards, launching arrows of love at unsuspecting lovers. But the Roman God Cupid has roots in Greek mythology as the Greek god of love. Accounts of his birth vary; some say he is the son of Nyx and Erebus, others of Aphrodite and Ares; others suggest he is the son of Iris and Zephyrus or even Aphrodite and Zeus.

According to the Greek poets, Eros was a handsome immortal who played with the emotions of Gods and men, using golden arrows to incite love and leaden ones to sow aversion. It wasn't until the Hellenistic period that he began to be portrayed as the mischievous, chubby child he'd become on Valentine's Day cards.

"Fairlife Milk: Navigating Labeling Suspicions for a Healthier School Option"

By: James Bergin and Belle Collins

Fairlife milk's labeling has caused suspicion to the users of Fairlife. Does Fairlife milk have more protein and less sugar content than regular milk? Is this brand safe for consumption in local schools?

Fairlife milk was designed as a groundbreaking transformation of regular milk. Through precision ultra-filtration, it cuts lactose by nearly 50% while doubling its protein content, setting it apart from traditional counterparts. This technological advancement not only boosts nutrition but also makes it lactose-free, catering to health-conscious consumers seeking a higher protein, lower sugar option.

Originating from regular milk with an initial composition of about 87.7% water, 4.9% lactose, 3.4% fat, 3.3% protein, and 0.7% minerals. Furthermore, by employing precise filtration, Fairlife milk retains essential protein components like casein and while efficiently eliminating lactose and smaller particles. This meticulous alteration results in an emergence of UF milk boasting a significantly elevated protein level, almost twice that of regular milk, and a remarkable decrease in sugar content.

The hallmark of Fairlife lies in this technological innovation within the dairy industry, delivering a product that not only enhances nutritional value but also becomes lactose-free, catering to individuals with lactose sensitivities and those seeking reduced sugar intake that could be in our schools. These provisions to the Fairlife milk does prove to be a healthier choice for individuals and should be a provided option in our schools.

Although the Fairlife milk labeling can seem misleading, evidence proves it is technically accurate. Fairlifes ultra-filtration system makes it a healthier and more protein effective option for students. In conclusion, I think Fairlife milk labeling is accurate and deserves to be provided in schools.

DJ Cattle LLC



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Barry DeJaegher

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Matt McCleary

561-0768

A Team with No Seniors

By: Savannah DeJaegher

High school basketball has started up again this year. The girls basketball team has 13 girls going out and none of them are seniors. We have two juniors, five sophomores, two freshmen, and four eighth graders. Our team is young for how much talent we have. The girls that went out were Avery Eike, Yazmine Smith, Belle Collins Savannah DeJaegher, Morgan Schiffer, Emma Myhre, Ava McClintock, Maggie Eike, Abby Boyd, Emma Collins, Hattie Myhre, Macy Meredith, and Cheyelynn Hall.

Date	Opponent	Score
12/1	Plentywood	30-42
12/2	North Country	27-46
12/7	DGSG	49-42
12/8	Roy/Winifred	24-44
12/15	Bridger	65-21
12/16	Broadus	54-37
12/22	Forsyth	71-27
1/5	Bridger	60-10
1/6	Broadus	71-40
1/19	N. Cheyenne	69-11
1/20	Harlowton	55-14

Riddle of the month:
Once spoken, instantly
broken. What am I?
December's Answer:
A Stamp

Blackstar Guns

Ordering – Firearms & Optics

Reloaded ammo

Staff: opinionated, surly, & uneducated

Gunsmithing: NO!

Inventory: Sparse

Hours: Sporadic

Best prices in Melstone, if you can beat our prices good for you!

Vic @ 561-7194



BY: TREY

Valentine's Day Prices

Flower Arrangements

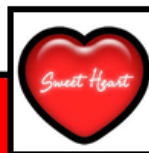
Dozen Red Roses.....	\$70.00
Large Mixed Bouquet	\$50.00
Medium Mixed Bouquet.....	\$35.00
Small Mixed Bouquet.....	\$20.00
Mini Bouquet	\$10.00

All arrangements will be made by the BPA Chapter!!

Miscellaneous Items

Large Stuffed Animal w/ 2 Balloons	\$12.00
Medium Stuffed Animal w/ 2 Balloons	\$8.00
Small Stuffed Animal w/ 2 Balloons.....	\$6.00
Large Chocolates	\$6.00
Mini Stuffed Animal w/ Sucker	\$4.00
Single Wrapped Carnation	\$4.00
Small Chocolates	\$2.50
Cotton Candy	\$2.50
Fanta Gram w/ Balloon	\$2.00
Sucker Gram	\$1.00
Cookie Gram	\$1.00

- Order flowers by Monday, February 5th
- Floral arrangements delivered Monday, February 12th
- Other items are limited—first come, first served
- School deliveries made on Valentine's Day!
- **Items must be paid for to be delivered!**



Please Contact
Mrs. Wacker @ 320-0167 or
tamaira.wacker@melstone.net

- Thanks For Supporting BPA!

SPIRIT WEEK

February 12-15

MONDAY, Feb. 12:

- **Senior Citizen Day** (Dress like you're 100 because it's our 100th Day of School)
Or
- **Anything But a Backpack Day** (Leave those backpacks at home. Bring anything else)

TUESDAY, Feb. 13

- **Cowboys vs. Hippies** (your choice)

WEDNESDAY, Feb. 14

- **Show Your Love Day** (dress in red, white, pink and hearts galore)

THURSDAY, Feb. 15

- **Blue & Gold Day** (We Love Our Broncs)

Who Wins?

- Best individual each day
- Class with the best participation % for the week gets a pizza party.



BOYS BASKETBALL SCORES

December 1 @Miles City	Melstone vs Plentywood	L	52-57
December 2 @Miles City	Melstone vs North Country	W	51-46
December 7 @Lewistown	Melstone vs DGS	W	60-47
December 8 @Lewistown	Melstone vs Winnett	W	50-38
December 15 @ Bridger	Melstone vs Bridger	W	51-35
December 16 @Melstone	Melstone vs Broadus	W	59-42
December 22 @ Melstone	Melstone vs Forsyth	W	63-54
January 5 @Melstone	Melstone vs Bridger	W	53-31
January 6 @Broadus	Melstone vs Broadus	L	48-40
January 19 @ Melstone	Melstone vs Northern Cheyenne	W	91-43
January 20 @ Harlowton	Melstone vs Harlowton	L	42-47
January 23 @ Custer	Melstone vs Custer	W	56-54
January 25 @ Melstone	Melstone vs Broadview	W	86-43
January 26 @ Forsyth	Melstone vs Forsyth	W	54-34

Blowing up the Science Room

By: Ryker Roskelley

We aren't literally blowing up the science room but are collecting and growing bacteria cultures. The Sophomore class and the Junior class both collected samples throughout the school. After they collected the samples the Freshman class made an agar like gelatin to place and let the bacteria grow. The classes have been waiting patiently for the bacteria to start showing up; it takes around 4-5 days for it all to start growing. After the bacteria is visible we put it under a microscope to ID the bacteria's shape. In conclusion, science is still fun and entertaining. In addition, Trey Meredith doesn't understand half of Mrs. Kamerman's jokes but when he does, it's REALLY funny!

Thank you for the delicious beef donations. The school staff and students greatly appreciate the home grown beef. School lunches taste better with real meat.

**NEED A SUMMER
JOB?**

**WANT TO BE A
LIFE GUARD?**

**Contact Jeralee
McCleary**

1-406-561-0767

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COOLING**

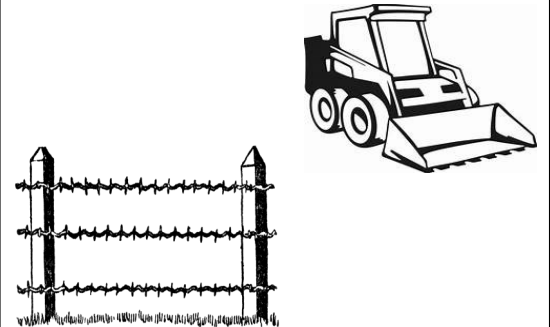


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Yearbooks



Year 21-22 \$25

Year 22-23 \$45

Years 20 or earlier \$15



For this month's senior/staff survey our senior Delaney Kamerman and her favorite staff member, Tamaira Wacker. Their answers are marked with a "D" for Delaney and "W" for Wacker

If you had a time machine, where would you go?

D: 1970



W: back to all my best and worst days

What is your favorite Holiday

D: Halloween or Valentines Day

W: Christmas

If the sky could rain food, what food would you like for it to rain down?

D: Pickles

W: Chocolate

What is one thing that makes you feel happy?

D: Good guitar solos/Rifts

W: A hug from my kids



If you had to pick a theme song to describe you, what would it be?

D: Jump—Ven Halen

W: Till You Can't—Cody Johnson

What is the best thing that ever happened to you?

D: Tickets to a Journey concert

W: Becoming a Mom



If you found a genie in a bottle, what would be your three wishes?

D: Big house, Pet Cougar, Good at Guitar

W: World Peace, Cures for all Diseases, To be Physically/Mentally who I was at 25

What do you think is the best job in the world?

D: One that you love

W: Being a Mother



If you could be any age for the rest of your life, what age would you be?

D: 18

W: 35

What is your favorite dessert?

D: Strawberry Rhubarb Pie

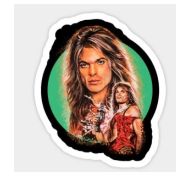
W: Cheesecake



If you could meet a famous person, who would it be?

D: David Lee Roth

W: Donald Trump



What was the worst thing you have ever eaten?

D: Canned Goat Milk

W: Tuna Noodle Casserole



If you could invent something to make life easier, what would you invent?

D: Something that makes me good at guitar

W: A robot chef

What is your favorite song to sing in the car?

D: Cherry Pie—Warrant

W: How Great Thou Art

Christmas Concert



Sweetheart Dance



CHEESECAKE

\$2.00

PIZZA

\$1.00

COOKIES/CUPCAKES

\$1.00

BEVERAGES

\$1.00

Sweetheart Dance



SATURDAY, FEBRUARY 3RD

9:00 PM - 11:30 PM

OR IMMEDIATELY FOLLOWING THE GAMES

MELSTONE COMMUNITY CENTER



*Prizes For
Best Dressed*

*Pizza, Drinks,
Desserts*

Photo Booth

COUPLES ~ \$12

SINGLES ~ \$7

K - 11TH ~ \$5

ALL AGES WELCOME!!

Sponsored By BPA!!

Cream Cheese Pound



Ingredients: 1 $\frac{1}{2}$ cups butter, softened, 1 (8 ounce) package cream cheese, softened, 3 cups sugar, 6 large eggs, 1 tablespoon vanilla extract, 3 cups all-purpose flour, $\frac{1}{8}$ teaspoon salt

Steps:

1. Preheat oven to 300°F.
2. Use an electric mixer to mix both butter and cream cheese until creamy.
3. Gradually add sugar and beat for 5 minutes, then add eggs one at a time, allowing each to incorporate before adding more. Stir in vanilla.
4. Sift flour and salt and add gradually to the mixer, beating until well blended.
5. Pour batter into a well greased and floured bundt pan or tube cake pan.
6. Place 2 cups water in an ovenproof container on the rack in the oven next to the cake.
7. Bake cake at 300 for an hour and 45 minutes, or until a toothpick can be removed cleanly.
8. Place pan on a wire rack and cool for 15 minutes, then remove the cake from the pan and complete cooling on the wire rack.

We asked each person what was your favorite Christmas Vacation Activity?

By: Trey Meredith, Bryce DeJaegher, and Ryker Roskelley

Colt Kincheloe- Getting to go to Dillion

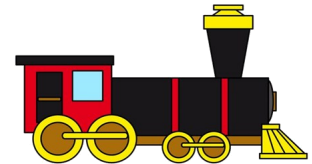
Case Stayer- Opening presents

Price Seamster- Went to Arizona



Mason Hall-Opening Presents

Jentz Myhre-Going on a train trip to Wisconsin



Harrison Murnin- Getting a bb-gun



Ryar Larson- Decorating the tree

Kyle McCleary- Seeing his cousin, Westin, and going skiing

Hennessy Murnin- Staying up late for Santa

Mrs. Eike- Playing Spoons



Mrs. Rindal- Playing a cutthroat game of Phase Ten.

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Sat 7am-1pm

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New Playground Equipment

Thank you to all who helped set up the new playground equipment: the new double slide and mini spinner. It will be fun for the elementary to play on and enjoy.

Riding High in Vegas

Three time world qualifier for the NFR, Sage Newman, went into the NFR second in the world. Sage won round 3, with an 89 point ride, tied round 8, with a 87.5 point ride, and round 10, with a 91 point ride. Sage earned \$117,542 during the NFR this year. His final earnings were \$247,264. Sage had such a great year this year, and now he is onto the next. January 11-13, Sage got second at the Montana Pro Rodeo Circuit. In the first round, he tied for first with 84 points. The second round, he tied for second with 84 points. The third round, he got second with 86 points. He earned \$5,914. He's off to a great year.



Cow Gulch Cattle Co.

Matt Roen

607-9139

Melstone MT

"Everyday may not be good, but there is something good in everyday"



Got Beef?



If you would like to donate beef to the school lunch program the staff and students would very much appreciate the gesture.

Contact Cindy Adams at
(406) 331-0602

4-H Happenings

By: Savannah DeJaegher

4-H Ambassadors

This year they brought back 4-H ambassadors. Three members applied for 4-H ambassadors positions. Savannah DeJaegher, James and Michael Bergin applied and got ambassador spots. As ambassadors, we have responsibilities. As a new 4-H Ambassador, we will attend the Ambassador orientation sessions and the Leadership Academy monthly workshops, training for exploring and developing leadership skills while serving our county 4-H program, in new ways.

Caroling

On December 17th, the 4-H kids went caroling around town. Kristy and Carly Myhre brought in the teams of horses. After we got done caroling we had our Christmas party at the Community Center.



Custom Feeding



Custom Calving



Replacement Heifers



Contact Bill Bergin

406-208-8868

Melstone Mercantile



406-358-2413



Mon-Sat. 7am-6pm Sun. 9am-3pm



2nd Quarter Honor Roll

5th Grade

Karlee McCleary 3.71

6th Grade

Pistol Grebe 4.0

Ellie Myhre 3.84

7th Grade

Aunika McClintock 3.46

Brooke Seamster 3.39

8th Grade

Emma Collins 4.0

Cheylynn Hall 3.86

Hattie Myhre 3.86

Macy Meredith 3.62

9th Grade

Maggie Eike 3.90

Abby Boyd 3.86

Keegan Rindal 3.42

10th Grade

Belle Collins 3.95

James Bergin 3.81

Savannah DeJaegher 3.81

Ava McClintock 3.76

Emma Myhre 3.76

Morgan Schiffer 3.81

Kyra Hall 3.57

Nolan Kamerman 3.40

11th Grade

Avery Eike 3.95

Niklas Muffler 3.75

Francesco Frigenti 3.74

Yazmine Smith 3.72

Trey Meredith 3.57

Jade LaRue 3.38

12th Grade

Michael Bergin 4.0

Luke Spencer 3.87

Delaney Kamerman 3.77

Bryce DeJaegher 3.67

Gavin Smith 3.60

Gage Smith 3.47

Best of Luck to Girls and Boys
Basketball



Go Broncs!

From Cates and Seamsters

BPA Success at Regon Six and Sets the Stage for Exciting Events

Melstone BPA is on a winning streak after acing Region Six, securing all 20 members a spot at the state conference on March 10-12. Adding to the excitement, delicious pizza kits are set to arrive in February. On another note, be aware that prices for Valentine gifts have gone up—details on page 6. And while you're at it, consider grabbing a little something for your pals, friends, family, and whoever else comes to mind. Circle February 3 on your calendar for the Community Sweetheart Dance! There's good food, drinks, and cool prizes up for grabs. Flip over to page 7 for all the specifics. It's a chance for the whole community to come together and have a blast.

Regional BPA Results 2024

Avery Eike	1st Administrative Support Team 1st Parli Pro Team #1 1st Advanced Office Systems 3rd Advanced Word Processing	Trey Meredith	1st Parli Pro Team #1 5th Advanced Word Processing
Yasmine Smith	1st Administrative Support Team 1st Parli Pro Team #1 2nd Advanced Word Processing 4th Advanced Office Systems	Kyra Hall	2nd Parli Pro Team #2 4th Intermediate Word Processing 5th Legal Office Procedures 9th Advanced Office Systems
Jade LaRue	1st Fundamental Desktop Publishing 4th Health Administration 10th Legal Office Procedures	Ryker Roskelley	2nd Parli Pro Team #2 2nd Basic Office Systems 7th Fundamental Word Processing
Morgan Schiffer	1st Administrative Support Team 1st Parli Pro Team #1 1st Health Administration 9th Intermediate Word Processing	Ava McClintock	2nd Intermediate Word Processing 8th Advanced Office Systems 9th Legal Office Procedures
Maggie Eike	1st Administrative Support Team 1st Basic Office Systems 1st Fundamental Word Processing 8th Health Administration	James Bergin	2nd Parli Pro Team #2 7th Intermediate Word Processing 10th Banking & Finance
Michael Bergin	1st Advanced Word Processing 1st Parli Pro Concepts 2nd Parli Pro Team #2 2nd Legal Office Procedures 7th Advanced Office Systems 6th Financial Math & Analysis	Emma Myhre	3rd Advanced Office Systems 8th Intermediate Word Processing 8th Banking & Finance
Belle Collins	1st Parli Pro Team #1 1st Intermediate Word Processing 2nd Advanced Office Systems 3rd Legal Office Procedures	Gavin Smith	4th Advanced Word Processing 8th Legal Office Procedures 10th Advance Office Systems
Cisco Frigenti	1st JAVA Programming 3rd Basic Office Systems 3rd Fundamental Word Processing	Hayden Keller	2nd Parli Pro Team #2 5th Health Administration
Niklas Muffler	1st Parli Pro Team #1 4th Fundamental Word Processing 8th Basic Office Systems	Gabrielle Coolen	5th Fundamental Word Processing 10th Basic Office Systems
		Delaney Kamerman	2nd Fundamental Accounting
		Nolan Kamerman	2nd Parli Pro Team #2
		Gage Smith	6th Legal Office Procedures



Christmas Word Scramble

EHESPRHD	_____	LDUHRPO	_____
LNGEA	_____	YRSFTO	_____
ENSRTOANM	_____	ECIOKO	_____
RSMHCIATS	_____	VLESE	_____
NADYC ANEC	_____	STMEOELTI	_____
TRAS	_____	IEDERENR	_____
LACRO	_____	TASAN	_____
NTUESTCH	_____	LOLYJ	_____
WSNO NMA	_____	UPNDGDI	_____
AMGRNE	_____	GERBNIDREGA	_____
SNTCIGOK	_____	DYLIAOH	_____
SJUSE	_____	FTGIS	_____
GSHLIE	_____	CFEURTIK	_____
HRAWTE	_____	ETRE	_____



EST 1916

GREBE

RANCH

MELSTONE, MT

Go Get 'Em Broncs

Box Tops

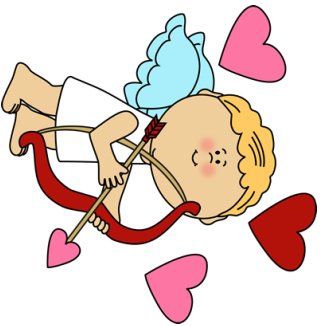
BY: Ryker Roskelley

Download the box top app
and scan your
receipts

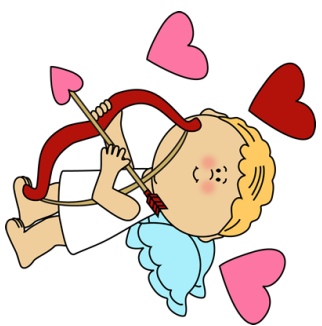
Questions?

tafolla@midrivers.com





FEBRUARY



Sun

Mon

Tue

Wed

Thu

Fri

Sat

				1	2 Bball @ Broadview/Lavina	3 Bball @ Home vs Custer/Hysham Sweetheart Dance
4	5 No School Mechanics Contest	6	7	8	9 Bball vs Northern Cheyenne @ Busby - No JV -	10 Bball @ Home vs Harlowton Senior Night Labor Auction
11	12 100th Day of School Send off Dinner 6:30	13 Spirit Week	14 Valentine's Day	15 Basketball Districts @ Lockwood	16	17
18	19	20	21	22	23 School Day	24
25 4-H All Events Day	26	27	28 Basketball Divisionals @ Miles City	29		