		REDHAWKS ATHLETICS				
	Time	Weekly Practice Sc		chedule		
Date		Location	Level	Bus Times		School Driving
Monday 9-18						
4:15pm-6:15pm	Football	Lake	HS	Leave Froid @ 3:45pm	Leave Lake @ After Pep	Froid-Early
	Football	Lake	JH	Leave Froid @ 3:45pm	Leave Lake @ After Pep	Froid -Late
	Volleyball	Lake	JH	Leave Froid @ 3:45pm	Leave Lake @ After Pep	
	Volleyball	Lake	HS	Leave Froid @ 3:45pm	Leave Lake @ After Pep	
Tuesday 9-19						
4:15pm-6:15pm	Football	Lake	HS	Leave Froid @ 3:45pm	Leave Lake @ 6:20pm	Froid-Early
	Football	Lake	JH	Leave Froid @ 3:45pm	Leave Lake @ 6:20pm	Froid-Late
	Volleyball	3pm +20+20		Lake Suv Leaves @ 2:10 PM		
	@ Froid (Home)	JH, JV, V				
	vs. R/L					
Wednesday 9-20						
4:15pm-6:15pm	Football	Lake	HS	Leave Froid @ 3:45pm	Leave Lake @ 6:20pm	Froid-Early
	Volleyball	Froid	HS	Leave Lake @ 4:05pm	Leave Froid @ 6:35pm	Lake-Late
Thursday 9-21						
4:15pm-6:15pm	Football	Lake	HS	Leave Froid @ 3:45pm	Leave Lake @ 6:20pm	Froid-Early
	Football	Lake	JH	Leave Froid @ 3:45pm	Leave Lake @ 6:20pm	Froid-Late
	Volleyball	4:30 pm +20		Lake Bus Leaves Lake @ 1:30pm		
	@ Lustre	JH, V		Lake Bus Leaves Froid @ 1:45 pm		
	Away	vs. Lustre				
Friday 9-22						
	Football	JH 10:30am		Froid Bus Leave Froid @ ??? Parade time		
	vs. R/L	Varisty 1pm				
	@ Lake					
Football	Aaron Webster	Aaron Webster awebster@medic				
Volleyball	Kayla Johnson		kjohnson@fro	idschool.com		