



# Conscious Discipline<sup>®</sup>

October 21, 2023

10 am - 4 pm

Yellowhawk Tribal  
Health Center

## What is Conscious Discipline?

Conscious Discipline is a proven, comprehensive approach that empowers you with skills that create a safe, connected, problem-solving environment for families.

***For parents & caregivers***



## Conscious Discipline is

an evidence-based, trauma-informed approach.

**Lunch provided. This event is for parents/caregivers. Transportation available & child care provided on site.**

*This program is recognized by the Substance Abuse and Mental Health Administration's (SAMHSA's) National Registry of Evidence-based Programs and Practices (NREPP).*

**Registration preferred by October 14.  
Contact Cindy Cecil at 541.240.8684.**



**YELLOWHAWK**  
TRIBAL HEALTH CENTER